

**COMMISSIONING INTEGRATED LIFESTYLE SERVICES**

**To:** Health Committee

**Meeting Date:** May 23<sup>rd</sup> 2019

**From:** Director of Public Health

**Electoral division(s):** All

**Forward Plan ref:** n/a                      **Key decision:** No

**Purpose:** To secure the support of the Health Committee for undertaking a competitive tender for Integrated Lifestyle Services across Cambridgeshire County Council and Peterborough City Council as a shared service established through one contract.

**Recommendation:** The Health Committee is asked to support and approve the following.

- a) The undertaking of a competitive tender for Integrated Lifestyle Services as a shared service contracted to work across Cambridgeshire County Council and Peterborough City Council areas.
- b) The establishment of a legal agreement between Cambridgeshire County Council and Peterborough City Council that assigns Cambridgeshire County Council as the lead commissioner.
- c) Delegate sign off for the agreement to the Director of Public Health in consultation with the Chair and Vice Chair of the Committee.

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## **1. BACKGROUND**

- 1.1 In 2015 Cambridgeshire County Council awarded the contract for Integrated Lifestyle Services to Sports and Leisure Management Ltd. (SLM) to be provided through its Public Health division Everyone Health.
- 1.2 The Integrated Lifestyle Service includes a number of services that support individuals and communities to adopt healthier lifestyle behaviours. It supports improvements in the following Public Health Outcomes Framework indicators.
  - Smoking prevalence
  - Excess weight in adults
  - Excess weight in children
  - Physical inactivity in adults and children
  - Diabetes
  - NHS Health Checks
- 1.3 The Service brings together a number of services that focus upon promoting the adoption of healthy lifestyle behaviours and the prevention of associated poor health outcomes at universal and individual levels. It is provided across the county but in areas in health inequalities there is a higher level of service delivery. These include the following:
  - Health Trainers – provide support for up to year for individuals to make changes to their health behaviours.
  - Specialist Stop Smoking Services
  - The three tiers of Adult Weight Management Services.
  - Children's Weight Management Services.
  - Community based physical activity and healthy eating interventions
  - Outreach Health Checks
  - Motivational behaviour change interventions training
  - National Child Measurement Programme
- 1.4 During the course of the contract services have been developed and "specialist" health trainers have been introduced in the Service. These focus on providing falls prevention, substance misuse and mental health promotion and training.
- 1.5 Tier three weight management services are specialised and treat patients with complex conditions. Everyone Health sub-contracts this service to Cambridge University Hospital (CUH). More recently since October 2018 it sub-contracted some of its Tier 2 service weight management for less complex services activity to Slimming World and Weight Watchers (now known as WW)

- 1.6 The rationale for integrating the different services is that it has enabled the development of pathways between the different types of provision. Consequently service users are able to move easily to different services as very often they have multiple needs or may require over time a less intensive service.

## **2. MAIN ISSUES**

- 2.1 The CCC contract with SLM Ltd. /Everyone Health ends on the 31<sup>st</sup> March 2020, any extension is not an available option.
- 2.2 Currently PCC commissions a comparable Integrated Lifestyle Service from the company Solutions 4 Health. It provides a similar range of services but it does not include specialist mental health or substance misuse health trainers. It did until 2019/20 subcontract its tier 3 adult weight management services to CUH. This contract also ends on 31<sup>st</sup> March 2020.
- 2.3 It is proposed to undertake a joint procurement between CCC and PCC for a shared service to be delivered across Cambridgeshire and Peterborough with CCC as the lead commissioner. A legal agreement between the two local authorities will capture this and provide the appropriate assurances.
- 2.4 The rationale for establishing a shared contract with a lead commissioning organisation is that it affords the potential of a more cost-effective service model.
- 2.5 The procurement will include consideration of number of factors.
- Integrated Lifestyle Services support a number of key strategic drivers in the system, these include STP priorities and the focus upon integrated place based approaches. These will need to be explored to identify how the model could be developed and strengthened.
  - Public Health has been commissioning integrated lifestyle services for ten years which has led to a range of service developments and learning that will need to be reflected in any new service specification
  - The CCC and PCC areas are very different in terms of needs and patient profiles, which demands a wider range of consultation events to ensure that the new service can address these needs and manage demand effectively.
  - The provider landscape for lifestyle service delivery is changing and robust market testing will be required.
- 2.6 The contract value exceeds £500,000 and therefore the contract award is a key decision. A separate paper will be brought back to Committee to approve the appropriate delegations.

The current funding allocated to CCC and PCC is as follows.

CCC annual value: £2,223,839

PCC annual value: £832,336

- 2.7 The CCC value includes £142,866 funding for the tier 3 weight management services from the Clinical Commissioning Group (CCG) through a Section 256, which is just under 50% of the funding required for the Service.  
Similarly the CCG funds 100% of the PCC tier 3 weight management service, at a value of

£85,000. However this funding is currently being reviewed.  
Any additional external funding will need to be agreed before tendering the Services.

- 2.8 It is proposed that the new contract will have a maximum length of 5 years with potential breaks at the third and fourth years.

### **3. ALIGNMENT WITH CORPORATE PRIORITIES**

#### **3.1 A good quality of life for everyone**

The report above sets out the implications for this priority in **1.2, 1.3, 1.4, 1.5, and 1.6**

#### **3.2 Thriving places for people to live**

The report above sets out the implications for this priority in **1.2, 1.3, 1.4, 1.5, and 1.6**

#### **3.3 The best start for Cambridgeshire's children**

The following bullet points set out details of significant implications identified by officers:

The Integrated Lifestyle Service provides child weight management services and also many of its other interventions adopt an approach that involves all members of the family.

### **4. SIGNIFICANT IMPLICATIONS**

#### **4.1 Resource Implications**

The report above sets out details of significant implications in **2.6 and 2.7**

#### **4.2 Procurement/Contractual/Council Contract Procedure Rules Implications**

The following bullet points set out details of significant implications identified by officers:

- Any implications for procurement/contractual/Council contract procedure rules will be considered with the appropriate officers from these Departments and presented to the Health Committee before proceeding.

#### **4.3 Statutory, Legal and Risk Implications**

The following bullet points set out details of significant implications identified by officers:

- Any legal or risk implications will be considered with the appropriate officers from these Departments and presented to the Health Committee before proceeding.

#### 4.4 Equality and Diversity Implications

The following bullet points set out details of significant implications identified by officers:

- Any equality and diversity implications will be included in the consultation for the new Service. A Community Impact Assessment will be completed.

#### 4.5 Engagement and Communications Implications

The following bullet points set out details of significant implications identified by officers:

- The new procurement will include consultation with service providers and users.

#### 4.6 Localism and Local Member Involvement

The following bullet points set out details of significant implications identified by officers:

- The commissioning of Integrated Lifestyle Services will involve working with individuals and communities to identify how they can best protect and improve their health and wellbeing.

#### 4.7 Public Health Implications

The following bullet points set out details of significant implications identified by officers:

- The re-commission will improve the health of the population through providing support for individuals and communities to adopt healthier lifestyle behaviours to improve their health outcomes.
- The new service will be universal but will need to include targeted actions to address any inequalities and improve the outcomes for the most vulnerable and at risk populations.

Implications	Officer Clearance
<b>Have the resource implications been cleared by Finance?</b>	Yes : 15 May 2019 Name of Financial Officer: Clare Andrews
<b>Have the procurement/contractual/ Council Contract Procedure Rules implications been cleared by the LGSS Head of Procurement?</b>	Yes : 15 May 2019 Name of Officer: Gus de Silva
<b>Has the impact on statutory, legal and risk implications been cleared by LGSS Law?</b>	Yes : 15 May 2019 Name of Legal Officer: Fiona McMillan

<b>Have the equality and diversity implications been cleared by your Service Contact?</b>	Yes Liz Robin
<b>Have any engagement and communication implications been cleared by Communications?</b>	Yes : 15 May 2019 Name of Officer: Matthew Hall
<b>Have any localism and Local Member involvement issues been cleared by your Service Contact?</b>	Yes Liz Robin
<b>Have any Public Health implications been cleared by Public Health</b>	Yes Liz Robin

<b>Source Documents</b>	<b>Location</b>
<i>None</i>	.