

Appx 3

Healthy Fenland Fund Evaluation – Draft PICO

Last updated: 10th March 2017

Key research questions:

1. Has the Healthy Fenland Fund delivered the intended outcomes (see below)?
2. How has the Healthy Fenland Fund achieved its intended outcomes?
3. Is the Healthy Fenland Fund cost-effective?

Intervention:

A Healthy Fenland Fund has been established for communities in Fenland to access small grants to take forward community projects that will help improve their health and well-being. The fund will run over 5 years. There are also community workers who form a small Community Development Team that support communities to work together to identify their needs and how they can address them through accessing the fund.

Key components of the intervention:

1. Community Development Team that support communities to work together to identify their needs and how they can address them through accessing the fund.
2. Healthy Fenland Fund - £75,000 available annually to small community projects aimed at improving health and wellbeing.
3. Locally delivered projects address health or wellbeing, including reducing isolation and increasing involvement in community activities.

Participants:

The HFF is open to all residents in the Fenland district of Cambridgeshire and specifically focuses on those most in need including new and migrant communities, isolated communities/those vulnerable to social exclusion and those with mental health needs.

The participants of the intervention are any individuals who have:

- Received advice/support from the community development team (whether or not they have gone on to apply for funding from the HFF) - this includes the community connectors and enablers;
- Applied for and received funding from the HFF to deliver a local community project;
- Participated in a local community project that has either received advice/support or funding from the HFF.

Comparator:

We have not yet identified a comparator population.

Outcomes:

- A. Strong and resilient communities in Fenland that are fully engaged in identifying their needs and taking decisions to identify and address their needs.

- a. Resilient communities.
- b. Engaged communities.
- c. Increased self-confidence and development of new skills.
- d. Decreased social isolation and loneliness.

B. Improvements in the health and wellbeing of communities in Fenland.

- a. Healthy lifestyle behaviours
- b. Mental health and wellbeing
- c. Physical health

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