

**SOCIAL CARE STRATEGY FOR ADULTS WITH MENTAL HEALTH NEEDS**

*To:* **Adults Committee**

*Meeting Date:* **1 September 2015**

*From:* **Adrian Loades, Executive Director: Children, Families and Adults Services**

*Electoral division(s):* **All**

*Forward Plan ref:* **Not applicable**      *Key decision:* **No**

*Purpose:* **The Committee is asked to consider the Final Draft Social Care Strategy for Adults with Mental Health Needs 2015-2018.**

*Recommendation:* **The Committee is being asked to approve the final draft of the Strategy following circulation of earlier drafts and amendments as a result of a six week consultation period which concluded the 24<sup>th</sup> July.**

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## **1.0 BACKGROUND**

- 1.1 There are three linked Council mental health strategies. The three strategies, listed below, support the overarching Health and Wellbeing Strategy, but have an emphasis on different areas of mental health; therefore they vary in the audiences they primarily target and their scope.
- a) The Public Health Mental Health Strategy 2015 - 2018, this was a new strategy.
  - b) The Emotional Wellbeing and Mental Health Strategy for Children and Young People 2014 - 2016.
  - c) The Social Care Strategy for Adults with Mental Health Needs 2015-2018, which the subject of this Committee paper.
- 1.2 A draft of the Social Care Strategy for Adults with Mental Health Needs 2015-2018 and survey questions were placed on the Council's Consultation web page from the 8<sup>th</sup> June to the 24<sup>th</sup> July 2015. Additionally notification of the launch of the consultation with the link to the consultation page was circulated widely using an extensive distribution list. Contributions to the strategy and feedback was also received through 'Let's Talk' an on-line survey hosted by Healthwatch, direct emails, meetings with carers and partners, and a summary of service user's views was obtained on behalf of the Council by the Service User Network (SUN).

It was also shared informally with Adults Committee Spokes on the 16<sup>th</sup> July for early input. The resulting feedback was analysed and final changes made to the draft, and this final draft is now presented to the Committee for approval.

## **2.0 The Social Care Strategy for Adults with Mental Health Needs**

- 2.1 The Strategy covers the age range 18 to 64 years and should be viewed as a contribution to an overarching mental health programme of work, alongside other mental health strategies, which address different issues. Similar to a chapter within a book, which also includes the Public Health Mental Health Strategy, the Cambridgeshire and Peterborough NHS Clinical Commissioning Group (CCG) mental health strategy and the planned Joint Council and partners Dementia Strategy.
- 2.2 The Strategy is a timely development following the finalisation of the Care Act 2014 and its implementation from 1<sup>st</sup> April 2015, the Council's launch last year of the 'Transforming Lives Strategy: a new model of social work and social care', and the signing of the Section 75 Agreement between the Council and Cambridgeshire and Peterborough NHS Foundation Trust (CPFT) also in 2014. The Section 75 Agreement delegates the delivery of the Council's duties for people with mental health needs to CPFT, excluding the authorisation of Approved Mental Health Professionals under Section 114 of the Mental Health Act.
- 2.3 It is intended that the Social Care Strategy for Adults with Mental Health Needs will inform mental health planning, commissioning and delivery from a social care perspective and provide a solid basis from which to work with other partners locally. It is intended in time that there will be a combining of the strategies that address specific issues to produce a single joint commissioning strategy.
- 2.4 The Strategy sets out the framework and rationale for the 15 priority actions for

implementation during 2015 – 2018. These are drawn from understanding the needs of the residents of Cambridgeshire and set within the legal and policy frameworks of the Care Act 2014, Mental Health Act 1983 as amended in 2007 and the Council's Transforming Lives Strategy. It addresses issues that we know are currently challenging, such as supporting carers, pathways for young people moving into adult services, the recruitment of social workers and providing an Approve Mental Health Professional service.

- 2.5 It is expected that the strategy will enable closer and more informed discussions with service users, their families and other partners such as voluntary and community organisations, police, fire service and NHS colleagues about how we can continue to improve people's experiences and outcomes whilst also meeting increasing demand in a continually challenging economic context.

### **3.0 Feedback from the Consultation**

- 3.1 Overall the Strategy received very positive feedback. The areas most frequently cited as good were the priorities, particularly those relating to taking a family approach, the transition of young people into adults services, and the focus on carers. Additionally, there was comment on its utility in enabling closer working with partners.
- 3.2 Areas for improvement related to clarifying terms and information in the document. There were single comments with regards to areas that could be developed further or more explicitly such as more focus on people in prisons, people with drug and alcohol issues, services such as links with primary care mental health services and more emphasis on specialist mental health services.
- 3.3 Changes were made to the Strategy to clarify terms used or add information that had been missed. A full account of the areas raised and the response to these will be available on the Council's website under response to consultations, link [http://www.cambridgeshire.gov.uk/site/custom\\_scripts/cons\\_details.aspx?ref=368](http://www.cambridgeshire.gov.uk/site/custom_scripts/cons_details.aspx?ref=368)

### **4.0 ALIGNMENT WITH CORPORATE PRIORITIES**

#### **4.1 Developing the local economy for the benefit of all**

- 4.1.1 There are no significant implications for this priority.

#### **4.2 Helping people live healthy and independent lives**

- 4.2.1 This Strategy provides the strategic direction for the Council's duties for people with mental health needs to ensure that duties and services provide best opportunity for people to regain their wellbeing and live independently as possible.

#### **4.3 Supporting and protecting vulnerable people**

- 4.3.1 This Strategy sets out the expected standards and direction of travel of services for people who are vulnerable due to their mental health needs.

### **5.0 SIGNIFICANT IMPLICATIONS**

See overleaf

## **5.1 Resource Implications**

- 5.1.1 The Strategy has been informed by current the Children, Families and Adults (CFA) discussion on preparing for 2020 and the financial and demand challenges that this raises. The Strategy shifts the focus to supporting people, families and communities to help themselves and on prevention of escalating social crisis at the earliest stages to prevent demand on more expensive and complex services. It also seeks to collaborate with partners to ensure the most efficient use of resources reducing the potential for duplication and increasing benefits through economies of scale where possible.

## **5.2 Statutory, Risk and Legal Implications**

- 5.2.1 There are no significant implications within this category.

## **5.3 Equality and Diversity Implications**

- 5.3.1 There are no significant implications within this category.

## **5.4 Engagement and Consultation Implications**

- 5.4.1 These have been covered in section 2.6 of this document

## **5.5 Localism and Local Member Involvement**

- 5.5.1 The Strategy includes measures to develop improved community resilience and steps to help people to help themselves.

## **5.6 Public Health Implications**

- 5.6.1 This Strategy builds on the work of the Public Health Mental Health Strategy and includes complimentary priority actions.

<b>Source Documents</b>	<b>Location</b>
Social Care Strategy for Adults with Mental Health Needs 2015-2018	CCC internet website: Consultations or Kim Dodd Head of Mental Health, CCC <a href="mailto:kim.dodd@cambridgeshire.gov.uk">kim.dodd@cambridgeshire.gov.uk</a>
Public Health Mental Health Strategy.	
Response to Social Care Strategy for Adults with mental health needs 2015-2018	