

Annual Public Health Report 2015-2016

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This report is based on ward level data. Labelled maps for current ward boundaries and for those pre May 2015 can be found at the back of this document.





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This Annual Public Health Report aims to be both interesting and readable for as many people as possible. So you'll find lots of information about health in Cambridgeshire in pictograms and maps rather than traditional text and tables. There are also some inspiring examples of what local communities are doing already, to improve the health of people who live here.

Foreward from Dr Liz Robin

My first Annual Public Health Report for Cambridgeshire County Council (2013/14) took a broad overview of population health across Cambridgeshire, mainly at county-wide or district-wide level. My second report (2014/15) focussed on recent trends – which public health outcomes were getting better or worse over time in the county. These reports are available on www. cambridgeshireinsight.org.uk/health/aphr

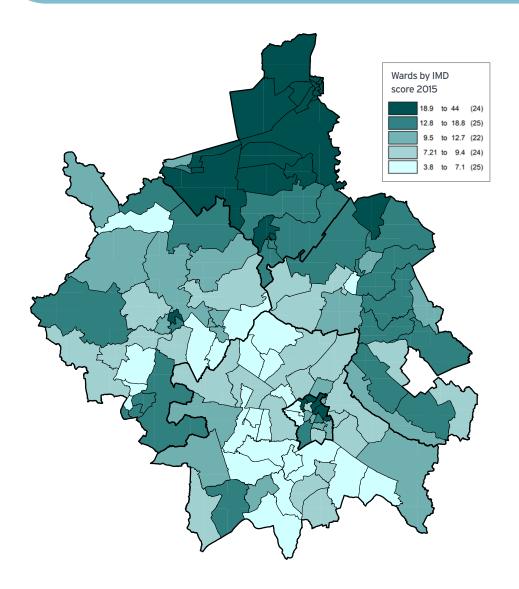
Many of the factors that affect people's health start at a very local level based on the opportunities and lifestyles in the communities where we live. This report looks at health issues at a local level - providing 'health maps' of the county broken down into individual electoral wards. It also provides brief case studies of what can be done at community level to support healthy lifestyles and wellbeing. As a public health team we want to enter into a conversation over the coming year with all three tiers of local government and with the voluntary and community sector, understanding how we can work with communities to improve health, building on activities and assets which already exist at local level.

The information and case studies within the report provide a starting point for this conversation, which we look forward to continuing over the coming year.

Dr Liz Robin Director of Public Health liz.robin@cambridgeshire.gov.uk

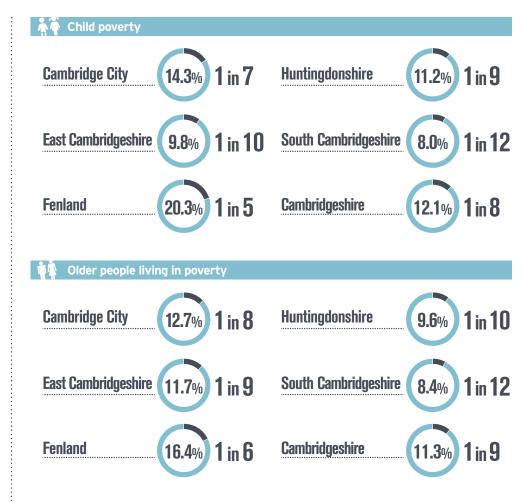
I would like to thank Helen Whyman and Elizabeth Wakefield from the Council's Public Health Intelligence team for their work on this report

Socio-economic deprivation



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The Index of Multiple Deprivation (IMD) is summary score to indicate the levels of relative deprivation in small areas. Higher scores suggest a greater level of relative deprivation and lower scores lower levels of relative deprivation. The scores comprise data relating to income, employment, education, skills and training, health deprivation and disability, crime, barriers to housing and services and living environment.



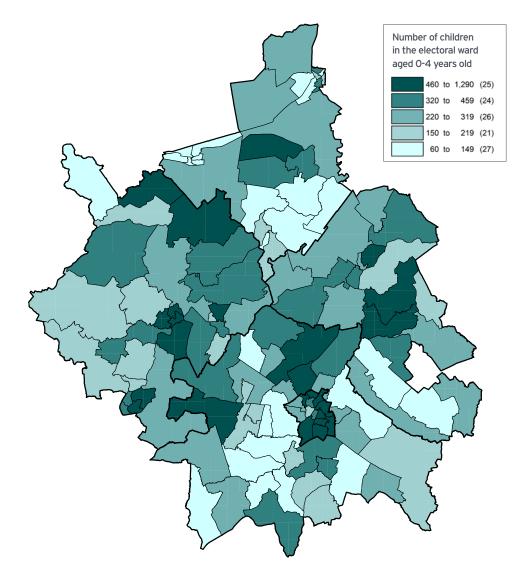
Case study

Healthy Fenland Fund

The Healthy Fenland Fund aims to build community resilience and reduce health inequalities in Fenland through engaging communities in taking steps to improve their health and wellbeing.

Small grants are available to enable the development of local projects and interventions. Community workers have been employed to enable communities to realise their assets and manage their needs, as well as to give guidance on accessing the Fund.





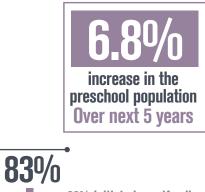
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🔗 What can YOU & YOUR COMMUNITY do? 🗌



7,500 births Ary Birthstein East Cambridgeshire and Fenland **1 in 10** Mothers smoke at time of delivery





83% initiate breastfeeding falls to 56% by 6-8 weeks **560/0**

85% OF 5 YEAR have completed MMR vaccinations

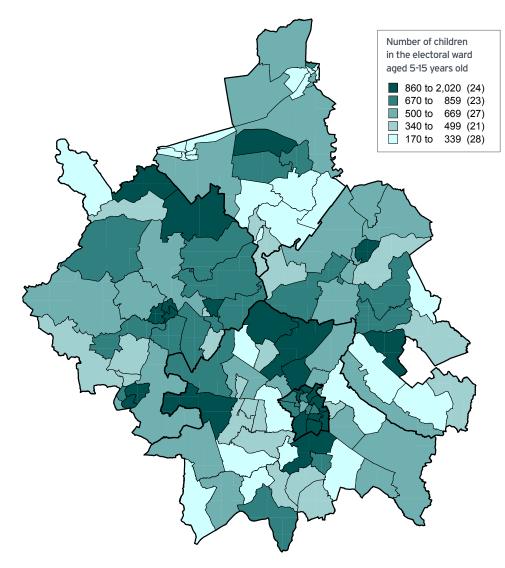
Case study

Breastfeeding Peer Support

Breastfeeding has considerable health benefits for the child and mother. Peer support groups are effective in helping women to start breastfeeding and breastfeed for longer. Peer supporters are volunteers, recruited from the local community who have breastfed themselves and successfully completely accredited training provided by Cambridgeshire's Public Health Team, which gives them the skills to help other women breastfeed.

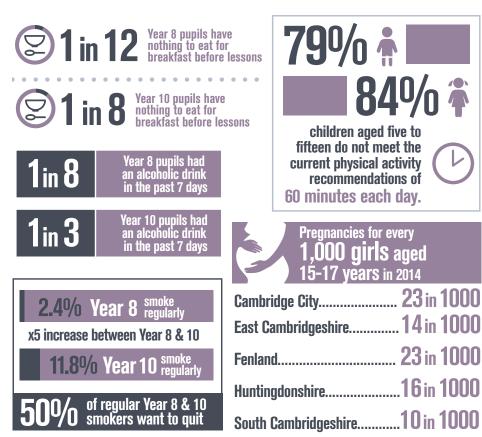
Trained peer supporters go on to recruit new members, which in turn increases social networking opportunities, builds relationships with professionals, increases uptake in further education or training or other voluntary roles.





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What can YOU & YOUR COMMUNITY do?



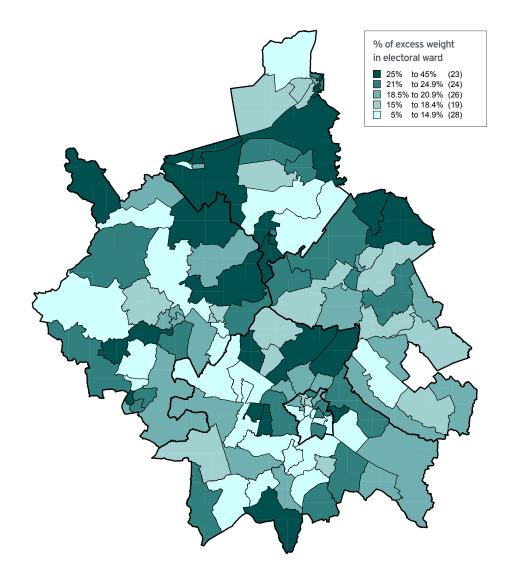
Case study

KickAsh

KickAsh is a school based programme that aims to reduce the prevalence of smoking amongst young people. Year 10 pupils are recruited as mentors to promote no-smoking messages to their peers. They also help design and influence the development of the programme for their school.

KickAsh is currently active in 10 schools in Cambridgeshire with over 150 mentors trained in the last year. The programme focuses on what influences pupil's decision making around smoking and related risk taking behaviours. Benefits include: building confidence, leadership opportunities, feeling valued, working with wider communities and working with professionals.

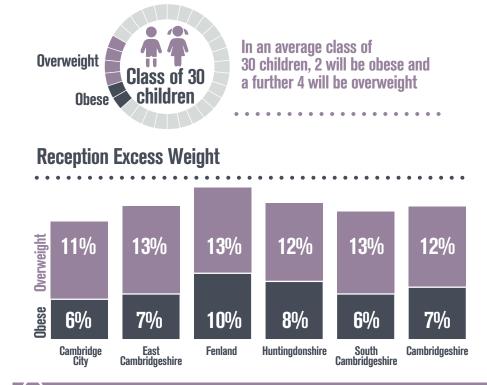
Childhood excess weight - Reception (age 4-5)



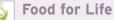
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What can YOU & YOUR COMMUNITY do?





Case study



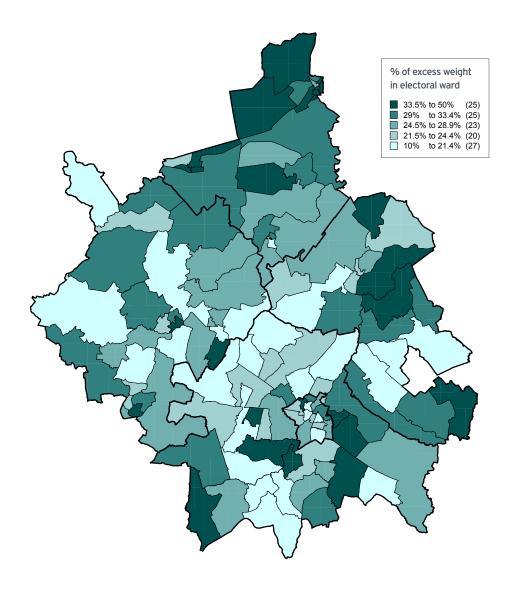
The Soil Association Food for Life (FFL) works with schools in

Soil Association Cambridgeshire to tackle health inequalities. FFL supports schools to make positive, sustainable changes around school meals and food education. FFL engages pupils and parents, teachers, caterers and the wider community and contributes to their health and wellbeing. Pupils learn where their food comes from, how it is grown and cooked and the importance of well-sourced ingredients. FFL schools benefit from a positive food culture across the whole school community.

FFL encourages schools to support their local community. This spring it is promoting school gardening activities to engage with grandparents, carers and local residents to help get their gardens ready for growing. It also supports schools to support other local community events throughout the year.

FFL have also begun working with some nurseries across the county to encourage the health and wellbeing of younger children as well as school aged children.

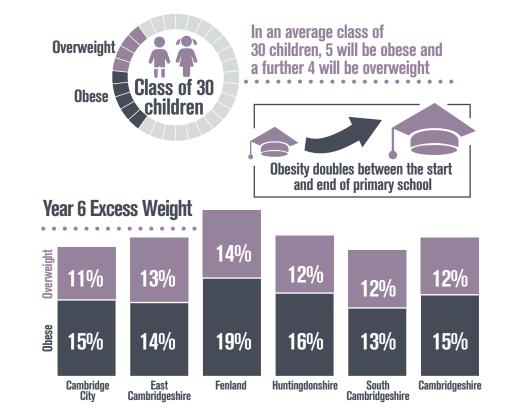
Childhood excess weight - Year 6 (age 10-11)



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What can YOU & YOUR COMMUNITY do?





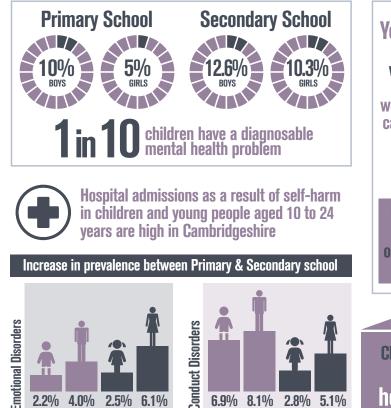
🔘 Case study

change Change4Life

4 Lifee Change4Life is a national campaign that was set up in 2009 to inspire anyone working with families or individuals, including the NHS, local authorities, businesses, charities, schools, families, community leaders, to play a part in improving the nation's health and wellbeing by encouraging everyone to eat well, move more and live longer. The website (www.nhs.uk/change4life/) makes resources available for local supporters, such as communities, to use with their population.

Recently Cambridgeshire supported the Sugar Smart campaign, which encouraged families to cut back on sugar, as children consume three times more sugar than the recommended maximum daily amount. Residents could follow the campaign using local social media channels. Parents were encouraged to download the free Sugar Smart App to see quickly and easily how much sugar products contain. Free Sugar Smart packs for families were distributed across the county to local children centres, libraries and leisure centres. These were also given away to school pupils.

Child and adolescent mental health



2.2%

Half of lifetime mental health problems start before the age of 14 years; 75% by 24 years old

Low to medium self esteem in Year 8 and 10 pupils higher in girls than boys

4.0% 2.5% 6.1%



6.9% 8.1% 2.8% 5.1%



Less than half of pupils feel optimistic about their future

Children in the poorest households are 3 times more likely

to have a mental health problem than those growing up in better-off homes.

Case study

Comberton Village College: A Whole School Approach to Mental Health

Cambridgeshire County Council commission a range of training for those working directly with children and young people locally to develop their knowledge and skills in understanding and responding to emotional wellbeing and mental health needs. The training is delivered by Cambridgeshire and Peterborough Foundation Trust and it includes a tailored package for schools.

One school that has accessed the training on a regular basis is Comberton Village College. Corinne Davidson, Assistant Principal, describes mental health as "the biggest challenge facing schools, especially at 6th form level".

Senior staff are committed to the mental health agenda, and a large percentage of teaching and support staff have participated in the e-learning and face-to-face workshop. From this, a range of work has taken place to further ensure that there is a whole school approach to mental health, this includes:

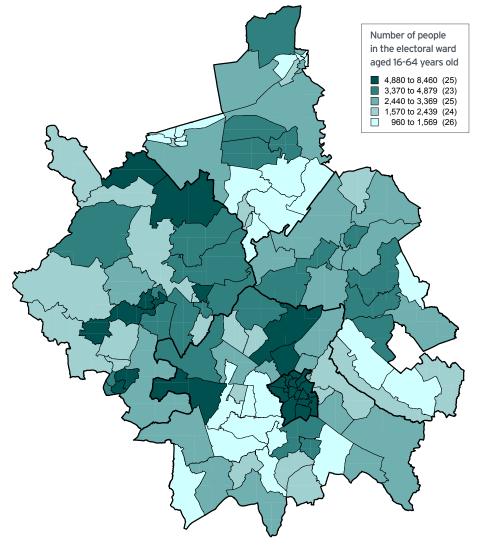
- The Librarian has improved the availability of mental health materials and sign-posting in the library.
- Awareness posters can now be found on the back of toilet doors, flagging up mental health issues and where to get support.
- ٠ There is a mental health page in the pupil's school diaries.
- Termly support assemblies remind students about the care pathways available in the school and how to access them and who to talk to.
- A comprehensive support package of counselling. •
- Mental health issues are on the agenda for certain training days for staff.
- ٠ Increased focus on mental health in the PSHE curriculum and tutor team meetings which are used by heads of year to raise awareness and discuss issues.

This greater visibility promotes more openness about mental health and stimulates conversations which will encourage young people to be more aware of their mental health needs and hopefully seek help earlier.

To find out more about the training visit: www.trainingcamh.net

Children and young people | Annual Public Health Report 2015-2016 | 9

People aged 16-64 years



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Cambridge City 61.4% 48.3% **76.8**% **17.6**% **East Cambridgeshire** 91 **68**% 14.9% **59.4**% **58**% Fenland 91 3 47.7% 73.1% 52.1% 21.2% Huntingdonshire 71 57.7% 67.3%

South Cambridgeshire Image: South Cambridgeshire Image: South Cambridgeshire 64% 63.6% 67.3% Image: South Cambridgeshire 64% 63.6% 67.3% Image: South Cambridgeshire 67.3% Image: South Cambridgeshire 67.3% Image: South Cambridgeshire Image: South Cambridgeshire

overweight or obese, 16+ years, 2012-2014 Physical activity

Percentage of adults achieving at least 150 minutes of physical activity per week, 16+ years, 2014

Smoking Percentage of adults who smoke 18+ years 2014

Alcohol Hospital admissions for alcohol-related conditions (narrow definition), all ages, 2013/14

🔘 Case study

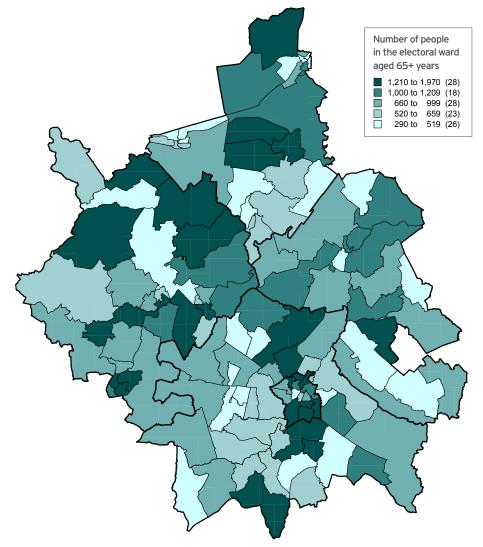
Workplace Health Programme

Workplace health programmes support improvements in employee health and can reduce sickness absence. Locally Business in the Community (BITC) works with private sector workplaces, particularly in the areas of higher deprivation. Volunteer Health Champions are recruited and trained to offer support to employers to improve the health of their workforce by organising initiatives that promote health and wellbeing, as well as signposting to relevant local services.

Sexual Health Champions

Through DHIVERSE community volunteers are trained as Sexual Health Champions to promote sexual health and HIV prevention, with notable success in Black, Asian and Minority Ethnic groups. Volunteers have recently been recruited from Men who have Sex with Men communities.

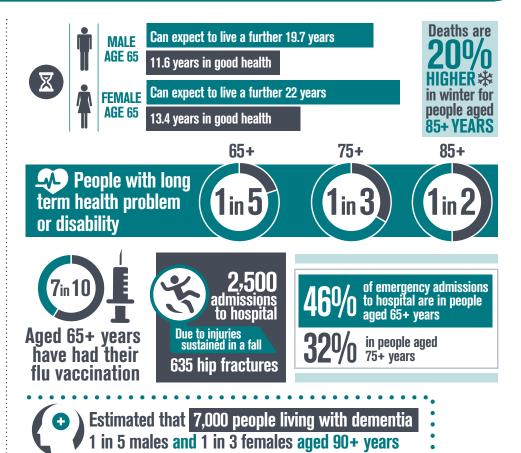
Older people aged 65+ years



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What can YOU & YOUR COMMUNITY do?





Case study



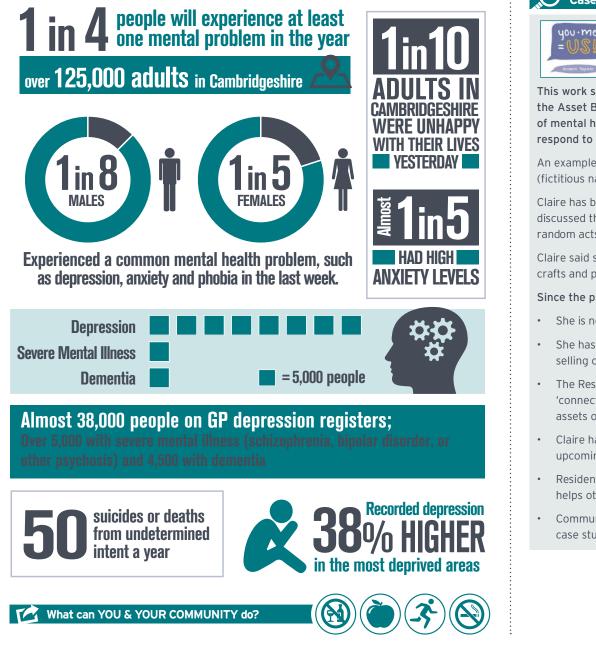
Dementia Friends

Dementia Friends is a national campaign to increase understanding and knowledge of dementia in communities. A Dementia Friend learns

about what it's like to live with dementia and then turns that understanding into action by learning more about dementia and the ways to help. For example by telling friends about Dementia Friends or visiting someone living with dementia. A Dementia Friends Champion is a volunteer who encourages others to make a positive difference to people living with dementia in their community.

Information on training sessions and how to become a volunteer are available **www.dementiafriends.org.uk**





Case study



Resilient Together

Resilient Together is a three-year, Cambridgeshire County Council-funded project focused on Wisbech and the Southern Fringe of Cambridge.

This work started in October 2015 and aims to build resilience at a community level using the Asset Based Community Development Approach. It also aims to increase awareness of mental health issues, tackle stigma and increase capacity of the community to respond to mental-health related issues.

An example of how the project has supported one young woman is the case of Claire (fictitious name to maintain anonymity).

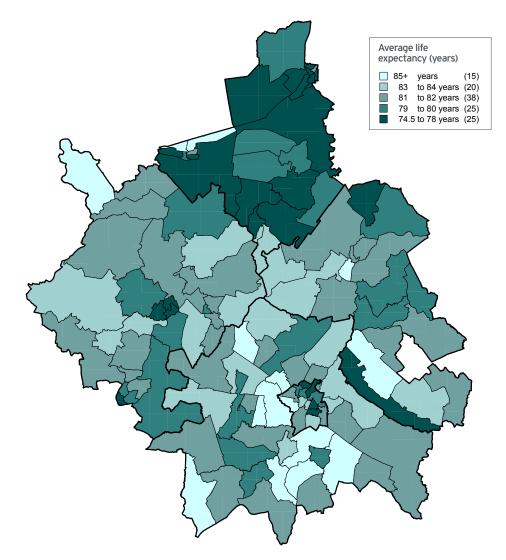
Claire has been in touch with the Resilient Together Team since January 2016, and has discussed the positivity of cultural diversity in Wisbech and how by regularly practising random acts of kindness she has come to build a strong set of local friendships.

Claire said she would like to support residents who want to develop their confidence in crafts and poetry skills.

Since the project's connection with Claire:

- She is now developing a craft workshop for residents to take part in.
- · She has supported a resident feeling anxious with their confidence and they are now selling crafts out in the community and are earning from this.
- The Resilient Together Team are putting her in connection with 5 other local residents-'connectors'. These connectors are interested in building on the existing strengths and assets of the community.
- Claire has put the project into contact with 3 other connectors who will be attending an upcoming meeting.
- Residents have helped Claire with her own personal challenges and she has helped/ helps others with their mental wellbeing and practical skills.
- Community resident connections can support with the 5 ways to wellbeing, e.g. in this case study there is evidence of residents 'learning', 'giving' and connecting'.

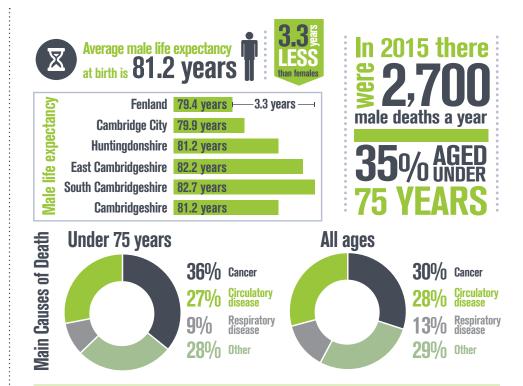




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What can YOU & YOUR COMMUNITY do?





Circulatory disease is a general term that describes a disease of the heart or blood vessels, such as coronary heart disease and stroke. Respiratory disease includes asthma, chronic obstructive pulmonary diseases (COPD) such as emphysema and bronchitis.

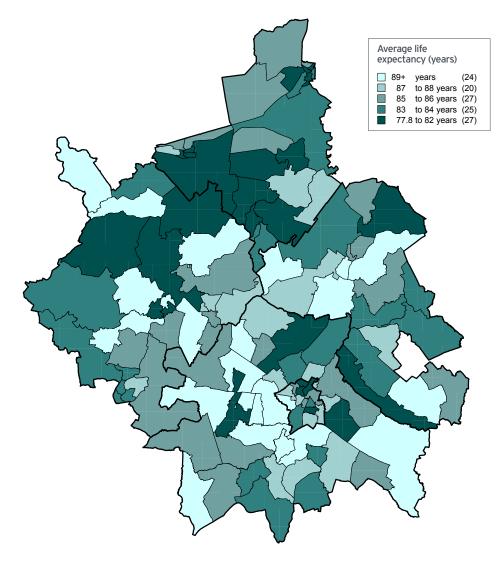
Case study

Gypsies and Travellers

Gypsies and Travellers are the largest ethnic minority group in Cambridgeshire; on average life expectancy for Gypsies and Travellers is about 10-12 years less than nontraveller residents and experience of ill health is five times more likely.

Cambridgeshire's Public Health Travellers Team work with the communities to improve their knowledge and skills in improving health and well-being. The Travellers Literacy Project has enabled learners to be more aware of how to access GP services, how to make health choices and has led to improved mental health, self-esteem and confidence.

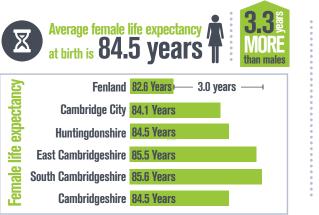
Female life expectancy

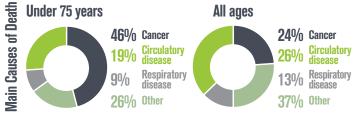


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What can YOU & YOUR COMMUNITY do?









Circulatory disease is a general term that describes a disease of the heart or blood vessels, such as coronary heart disease and stroke. Respiratory disease includes asthma, chronic obstructive pulmonary diseases (COPD) such as emphysema and bronchitis.

Case study

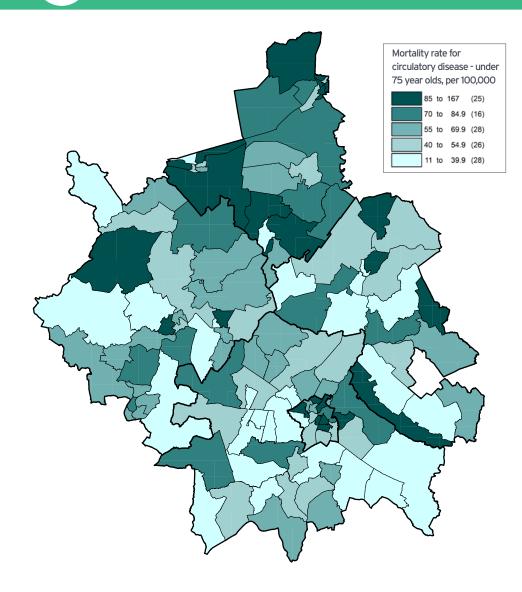
Health Walks

Health Walks are free evidence based interventions that support psychological wellbeing, as well as promoting physical activity. Regular walking has been shown to reduce the risk of chronic illnesses, such as heart disease, type 2 diabetes, asthma, stroke and some cancers. Organised local health walks bring together groups of up to 40 individuals who may have low levels of physical activity and/or be socially isolated.

The Fenland Explorer Project

The Fenland Explorer Project trained volunteers from the community to undertake street based research in Wisbech, March, Chatteris, Whittlesey and the College of West Anglia with the aim of understanding high smoking prevalence in Fenland. The findings are being used for ongoing engagement of communities in smoking prevention and the Stop Smoking Services. The volunteers reported increased knowledge, communication skills and confidence.

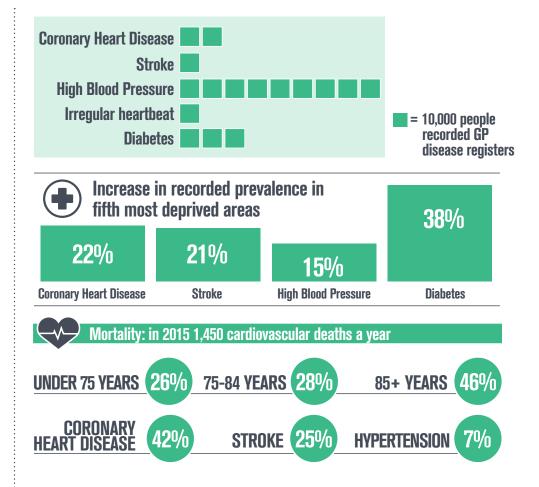
O Circulatory disease and diabetes



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What can YOU & YOUR COMMUNITY do?





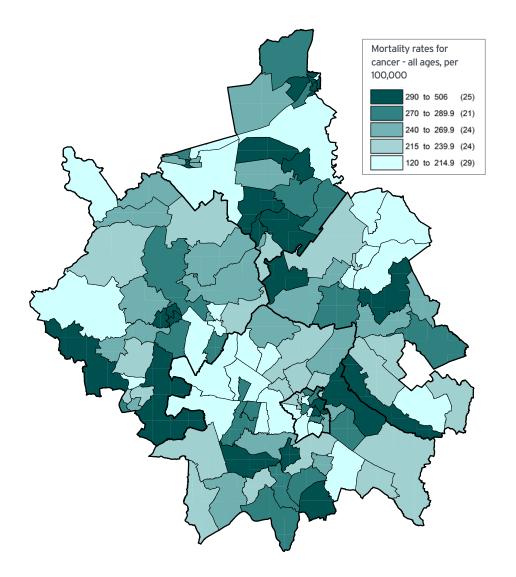
Case study

Health Trainers

Health Trainers offer tailored advice, motivation, skills and practical support to individuals who want to adopt healthier lifestyles. They focus on those in greatest need and in more disadvantaged communities.

The local integrated Lifestyles service includes community engagement workers who develop links with communities and health trainers, with the aim to increase the knowledge and skills needed to take responsibility for their own health. For example, healthy walks or cooking classes for parents.

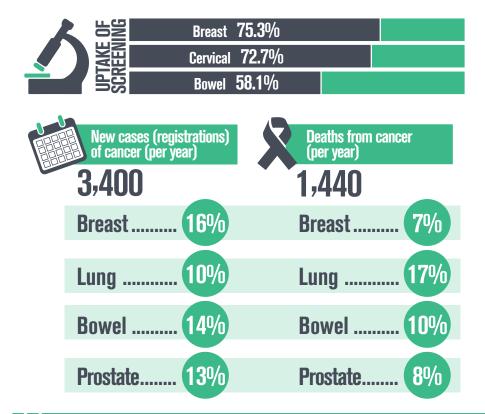




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What can YOU & YOUR COMMUNITY do?





Case study

Healthy Options

Healthier Options is a local initiative to support local food businesses to provide healthier food and drink choices to customers. There are many benefits for both the business and the customer, including supporting better health outcomes.

Businesses are required to make a pledge to improve their menu. This may include reducing salt, fat and sugar content, increasing fruit and vegetables or making healthier choices the default option. Healthier Options Members are promoted via the website, helping customers to know where they can buy a healthier meal.

Healthier Options engages with the local community through its website, twitter and facebook. Some local residents have signed up to become Healthier Options Ambassadors and actively help promote the initiative to local businesses.

Visit www.healthier-options.org.uk for further information.

Health and wellbeing data tools for communities

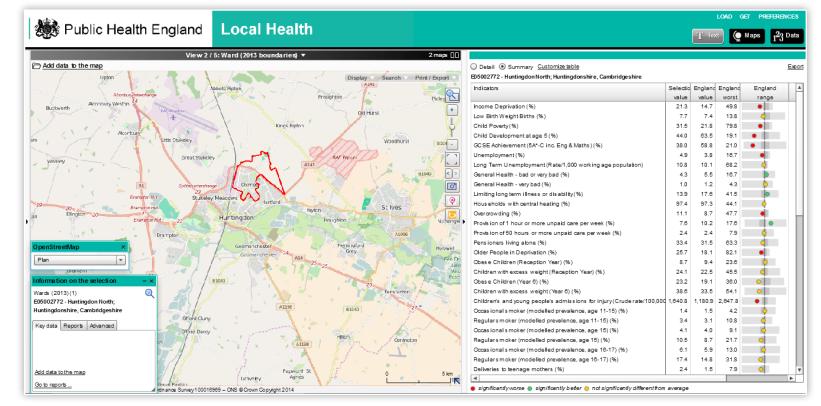
What data tools are available to help communities identify priorities for improving health and wellbeing of their population?

Local Health

Local Health presents data at ward level for a variety of health and health-related measures (www.localheath.org.uk). A summary of the data are shown in spine chart format, with a coloured dot presenting statistical difference to England. In general the red dots present areas to initially focus on, but it is important to note that there could be adverse trends in an area that aren't presenting in the data.

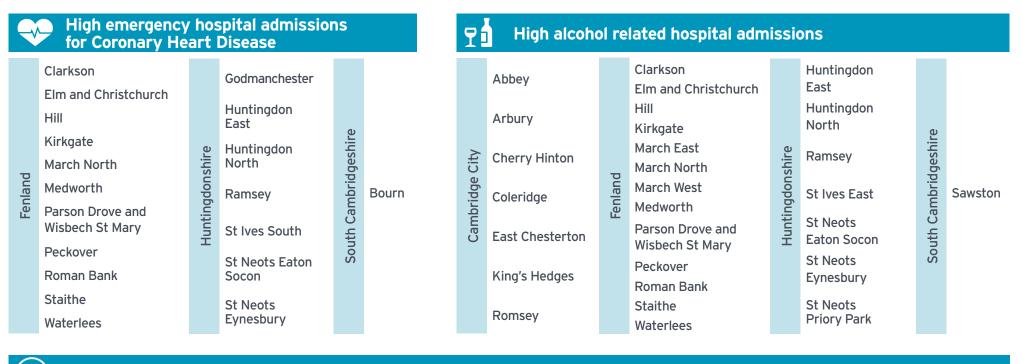
For example, a ward could be experiencing an increasing trend in childhood obesity but the latest data are not showing as different to England, but it is still important to take action.

There are currently 62 Indicators available at ward level, which include; demographics, deprivation, child development, education, employment, health and care indicators, housing, childhood obesity, adult lifestyle estimates, modelled smoking prevalence, hospital admissions, cancer incidence, causes of death and life expectancy. All indicators are presented in a spine chart or available in a downloadable ward report.



Health and wellbeing data tools for communities

Examples of ward level outliers in health-related indicators from Local Health



) High emergency hospital admission for hip fracture in people aged 65 years and over

Cambridge City	King's Hedges	Fenland	Bassenhally Benwick Coates & Eastrea Waterlees	Huntingdonshire	St Neots Eaton Socon	South Cambridgeshire	Histon and Impington
Ū			Waterlees	-		Ŭ	

For further information please contact CCCPublicHealthIntelligenceTeam@cambridgeshire.gov.uk

Cambridgeshire Insight

Locally we have Cambridgeshire Insight, a web based tool that presents local health and wellbeing data at ward and district level. The Public Health Atlas includes maps, comparisons to other wards, rates and trends.

To date the indicators include; population estimates, housing-led population forecasts, deprivation, life expectancy and mortality, general health and long-term illness, lifestyles, sexual health, teenage pregnancy, mental health, fertility and births.

http://atlas.cambridgeshire.gov.uk/Health/atlas/atlas.html





Annex A: Progress on previous opportunities for action

This Annex reports on progress against opportunities for action identified in previous Annual Public Health Reports.

Annual Public Health Report 2015

A focus on promoting the health of school age children, including mental health

We are reviewing how best to promote the health of school age children with partner agencies, with services working in a more integrated way. We are working closely, with health colleagues in particular, around the redesign of children's mental health services, and the need to maximise prevention opportunities. Our Public Mental Health Strategy outlines how we plan to do this.

www.cambridgeshireinsight.org.uk/health/healthtopics/mh

A whole system approach to healthy diet and physical activity - reversing the trend in obesity

A whole system "Healthy Weight Strategy" is currently being developed with a wide group of local partner organisations, and will be launched in 2016. This will call for a range of initiatives that includes policy, practical interventions, community engagement and measures to support individuals and communities to adopt healthier behaviours.

Supporting a positive approach to healthy ageing

A new Long Term Conditions Joint Strategic Needs Assessment (JSNA) describes population needs for adults and older people living with multiple health conditions in Cambridgeshire. It provides important evidence and information to support the commissioning of services across health and social care.

The JSNA encourages awareness and signposting of available public health improvement programmes and services across Cambridgeshire.

www.cambridgeshireinsight.org.uk/JSNA/LTCs-across-the-lifecourse-2015

A recent Healthy Ageing and Prevention Summit focussed on action to sustain wellbeing in later life. The agreed local priorities were described and endorsed as:

- increasing physical activity and reducing injurious falls
- ensuring holistic approaches and care for older peoples' mental health
- strengthening a place-based approach to healthy ageing
- avoiding admissions for people with multiple conditions and complex needs

These local priorities have all been taken forward within multi-agency working groups, through the Better Care Fund and other major health and social care sector workstreams.

Annual Public Health Report 2014

Targeted work to understand and address high rates of smoking

The latest data available indicates that generally smoking prevalence has improved since 2012 but smoking rates remain higher in Fenland and for manual workers than the average for Cambridgeshire residents. The Cambridgeshire County Council Public Health Team are using intelligence from social marketing research commissioned in 2014/15 that provides an insight into community views on smoking to inform targeted approaches.

This includes campaigns and workplace initiatives focusing upon workplaces that have predominantly manual workers. Cambridgeshire is also working with neighbouring local authorities on tobacco related campaigns and engagement work, including a focus on illicit tobacco sales.

A focus across organisations on inequalities in the early years

Trend data shows that although the percentage of children in poverty in Cambridge has improved over the last few years, in Fenland it has remained static and is now significantly worse than the national average.

Although showing some improvement, the percentage of children receiving free school meals in Cambridgeshire who have achieved a good level of development at the end of reception remains below the national average.

Cambridgeshire Children's and Young People's services already have a strong focus on inequalities in the early years through a range of programmes and targeted activity. The commissioning of health visiting and 'family nurse partnership' services transferred from NHS England to the County Council in October 2015, providing further opportunities for joint working and addressing inequalities in early years health and development.

Working with communities in Fenland on health and lifestyles

The Healthy Fenland Fund has been established that both engages and strengthens communities alongside supporting them to take forward community led initiatives, as described in the case study earlier in this report.

Building a preventive approach to mental health in the county

The latest figures for suicide rates in the county (3 year average, 2012-14) have shown little change and are similar to the national average. Rates of self-harm amongst young people aged 10-24 have been increasing and were higher than the national average in 2013/14 (the latest available data). The Council, working with a wide range of organisations, has produced a Public Mental Health Strategy (2015-17) that focuses on promoting better mental health and preventing mental illness. The strategy has three areas of focus: a life course approach to promoting mental health; developing a wider environment that supports mental health; and addressing the links between physical and mental health.

An action plan has been produced as part of the strategy detailing the work that is being undertaken across these three areas. The strategy forms an important part of wider preventative work that is currently being undertaken by a range of statutory and voluntary sector agencies.

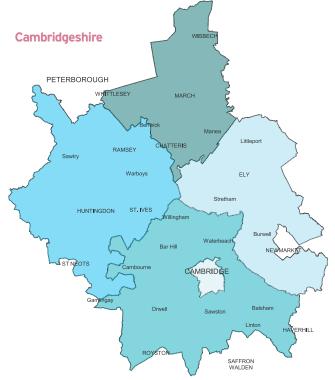
www.cambridgeshireinsight.org.uk/health/healthtopics/mh

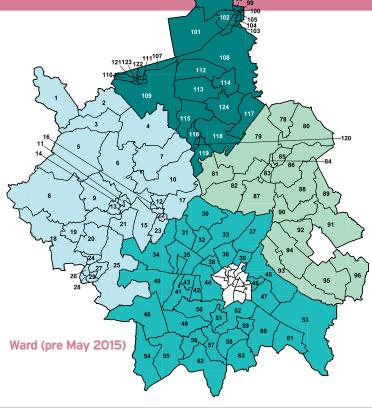
Reviewing reasons for lower coverage of individual vaccination and screening programmes and taking action to address this

As the most recent figures show, adverse trends in coverage of childhood immunisation and cervical screening are continuing to cause concern in Cambridgeshire. Work to improve access has led to a welcome increase in breast screening uptake. For immunisations NHS England, which is the commissioner of childhood immunisation and adult screening programmes has set up a joint task group with the County Council to review why childhood immunisation coverage is falling and to develop solutions.

This follows on from earlier work to make sure that the database used to track childhood immunisation coverage is updated when children move in and out of the County, and that the data we are using is robust. Over the past year a task group convened by NHS England has met to identify issues that are affecting cancer screening uptake and work is in hand to address these issues. Funding is being provided by NHS England for targeted communications work for both immunisation and screening.

Annex B: Ward boundaries (pre May 2015)



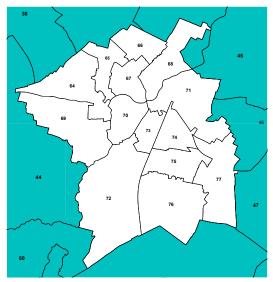


59. Sawston

75. Coleridge

60. The Abingtons

Cambridge City wards



- Elton and 1. Folksworth
- 2. Yaxley and Farcet
- 3. Stilton
- 4. Ramsev
- 5. Sawtry
- 6. Upwood and The Raveleys
- 7. Warboys and Bury
- Ellington 8.
- 9. Alconbury and The Stukeleys
- 10. Somersham
- 11. Huntingdon North
- 12. St Ives East
- 13. Huntingdon West
- 14. Huntingdon East
- 15. The Hemingfords

- 16. St Ives West
- 17. Earith
- 18. Kimbolton and
 - Staughton
- 19. Brampton 20. Buckden
- 21. Godmanchester
- 22. St Ives South 23. Fenstanton
- 24. Little Paxton 25. Gransden and The
- Offords 26. St Neots Eaton Ford 27. St Neots Priory Park

28. St Neots Eaton

29. St Neots Eynesbury

Socon

- 36. Histon and
- - - 43. Hardwick
 - 44. Barton

- 45. The Wilbrahams 46. Teversham
- 47. Fulbourn
- 48. Gamlingay

- 38. Girton
- 39. Milton
- 40. Bourn 41. Caldecote
- 42. Comberton

- 49. Orwell and Barrington
- 50. Haslingfield and The Eversdens
- 51. Harston and Hauxton
- 52. The Shelfords and Stapleford
- 53. Balsham
- 54. The Mordens
- 55. Bassingbourn
- 56. Meldreth
- 57. Fowlmere and Foxton 58. Whittlesford

61. Linton 62. Melbourn 63. Duxford 64. Castle 65. Arbury 66. King's Hedges 67. West Chesterton 68. East Chesterton 69. Newnham 70. Market 71. Abbey 72. Trumpington 73. Petersfield 74. Romsey

78. Littleport West 79. Downham Villages 80. Littleport East 81. Sutton 82. Haddenham 83. Ely South 84. Ely West 85. Ely North 86. Ely East 87. Stretham 88. Soham North 89. Isleham 90. Soham South 91. Fordham Villages 92. Burwell

- 76. Queen Edith's 77. Cherry Hinton
- 93. Bottisham 94. The Swaffhams 95. Dullingham Villages 96. Cheveley 97. Roman Bank 98. Waterlees 99. Clarkson 100.Kirkgate 101. Parson Drove and Wisbech St Mary 102.Peckover 103. Medworth 104.Hill 105.Staithe 106.Bassenhally 107. Elm and

Christchurch

119. The Mills 120.Delph 121. Kingsmoor 122.St Marys

108. Benwick, Coates

and Eastrea

109.St Andrews

111. March North

112. March West

113. March East

114. Doddington

115. Slade Lode

116. Manea

117. Birch

118. Wenneye

110. Lattersev

123. Wimblington

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- 33. Cottenham
- 34. Papworth and Elsworth
- 35. Bar Hill
 - Impington

30. Willingham and

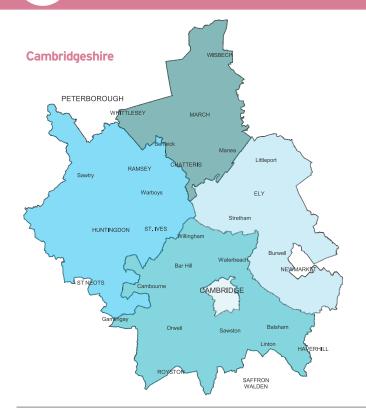
Over

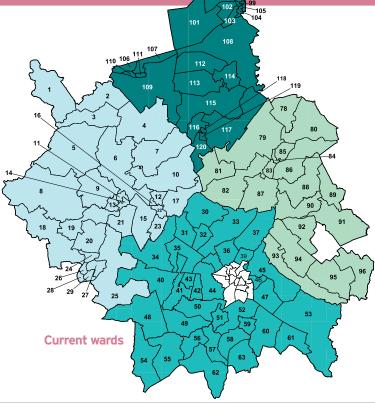
31. Swavesey

32. Longstanton

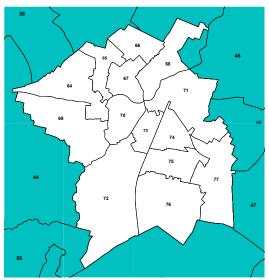
- 37. Waterbeach

Annex B: Ward boundaries (post May 2015)





Cambridge City wards



1.	Elton and	16.
	Folksworth	17.
2.	Yaxley and Farcet	18.
З.	Stilton	
4.	Ramsey	19.
5.	Sawtry	20.
6.	Upwood and The Raveleys	21.
7	,	22.
7.	Warboys and Bury	23.
8.	Ellington	24.
9.	Alconbury and The	
	Stukeleys	25.

- 10. Somersham
- 11. Huntingdon North

26.

27. St Neots Priory

Park

Socon

- 12. St Ives East
- 13. Huntingdon West
- 14. Huntingdon East
- 15. The Hemingfords

St Ives West Earith	29.	St Neots Eynesbur
Kimbolton and Staughton	30.	Willinghai and Over
Brampton	31.	Swavesey
Buckden	32.	Longstan
Godmanchester	33.	Cottenha
St Ives South	34.	Papworth Elsworth
Fenstanton	35.	Bar Hill
Little Paxton	36.	Histon an
Gransden and The		Impingtor
Offords	37.	Waterbea
St Neots Eaton	38.	Girton
Ford	~~	N 411

		Eynesbury
	30.	Willingham and Over
	31.	Swavesey
	32.	Longstanton
	33.	Cottenham
	34.	Papworth and Elsworth
	35.	Bar Hill
ne	36.	Histon and Impington
	37.	Waterbeach
	38.	Girton

and

- ton each
- 39. Milton 40. Bourn
- 41. Caldecote
- 28. St Neots Eaton 42. Comberton

43.	Hardwick	
44.	Barton	

45. The Wilbrahams

46. Teversham

47. Fulb

48. Gan 49. Orw

Bar

- 50. Has The
- 51. Har Hau

52. The Shelfords and Stapleford

- 55. 56. Meldreth

CISHAIII	
ourn	6
nlingay	6
vell and	6
rington	e
lingfield and	e
Eversdens	e
ston and Ixton	6
IXTOLI	6

53. Balsham 54. The Mordens

Bassingbourn	
--------------	--

	Foxton
58.	Whittlesford
59.	Sawston
60.	The Abingtons
61.	Linton
62.	Melbourn
63.	Duxford
64.	Castle
65.	Arbury
66.	King's Hedges
67.	West Chesterton
68.	East Chesterton
69.	Newnham
70.	Market
71.	Abbey

72. Trumpington

57. Fowlmere and

73.	Petersfield
74.	Romsey
75.	Coleridge
76.	Queen Edith's
77.	Cherry Hinton
78.	Littleport West
79.	Downham Villages
80.	Littleport East
81.	Sutton
82.	Haddenham
83.	Ely South
84.	Ely West
85.	Ely North
86.	Ely East
87.	Stretham
88.	Soham North
89.	Isleham

90	. Soh	am South
91.	Ford	lham Villages
92	. Bur	well
93	. Boti	tisham
94	. The	Swaffhams
95	. Dull	ingham Villages
96	. Che	veley
97.	Rom	han Bank
98	. Wat	erlees Village
99	. Clar	kson
100). Kirk	gate
101		son Drove & bech St Mary
102	2. Pec	kover
103	B. Med	lworth
104	4. Octa	avia Hill
105	5. Stai	the

106.	Stonald
107.	Bassenhally
108.	Elm & Christchurch
109.	Benwick,
	Coates & Eastrea
110.	St Andrews
111.	Lattersey
112.	March North
113.	March West
114.	March East
115.	Doddington &
	Wimblington
116.	Slade Lode
117.	Manea
118.	Birch
119.	Wenneye

120. The Mills

106 Stonald

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