

HEALTH COMMITTEE WORKING GROUP Q1 UPDATE

To: **HEALTH COMMITTEE**

Meeting Date: **17th October 2019**

From **Head of Public Health Business Programmes**

Electoral division(s): **All**

Forward Plan ref: **Not applicable**

Purpose: **To inform the Committee of the activities and progress of the Committee's working groups since the last update.**

Recommendation: **The Health Committee is asked to:**

- 1) Note the content of the quarterly liaison groups and consider recommendations that may need to be included on the forward agenda plan.**
- 2) Note the forthcoming schedule of meetings**

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1.0 BACKGROUND

- 1.1 The purpose of this report is to inform the Committee of the health scrutiny activities that have been undertaken or planned since the committee last discussed this at the meeting held on 11th July 2019
- 1.2 This report updates the Committee on the liaison meetings with health commissioners and providers. The report covers Quarter 1 (2019-20) liaison meetings with:
- Cambridgeshire & Peterborough Clinical Commissioning Group (CCG) & Cambridgeshire & Peterborough Healthwatch
 - Cambridgeshire & Peterborough Foundation Trust (CPFT)
- 1.3 Liaison group meetings are precursors to formal scrutiny and/ or working groups. The purpose of a liaison group is to determine any organisational issues, consultations, strategy or policy developments that are relevant for the Health Committee to consider under its scrutiny function. It also provides the organisation with forward notice of areas that Health Committee members may want further information on or areas that may become part of a formal scrutiny.

2. MAIN ISSUES

2.1 Liaison Meeting with HealthWatch Cambridgeshire & Peterborough and the Clinical Commissioning Group (CCG)

A meeting was held on 29th August with Jessica Bawden (Director of Corporate Affairs, CCG), Jan Thomas (Accountable Officer CCG) and Sandie Smith (CEO) Healthwatch Cambridgeshire & Peterborough.

The liaison group members in attendance were Councillors Harford, Hudson, Jones and apologies were received from Cllr van de Ven

2.1.1 The group discussed the following items with the CCG

- Monitoring the impact of the CCG savings
- How the CCG is making use of the Healthwatch survey data on the Long Term Plan to inform their decision making
- CCG Community Services review update
- Update on the CCG Engagement plan around the CCGs financial plan.
- Doddington & Ely Out of Hours Service – wider Urgent Care update.
- Long Term Plan 5 year response

2.1.2 An update from Healthwatch was received on the following areas.

- Response to the NHS Long Term Plan entitled “What would you do?”

2.1.3 The next liaison meeting is scheduled Thursday, 28th November 2019

2.2 **Liaison meeting with Cambridgeshire & Peterborough Foundation Trust (CPFT)**

A visit to CPFT's Phoenix Unit (Ida Darwin Hospital grounds) was arranged for the 16th July with Councillors Susan van de Ven and District Councillor Geoff Harvey in attendance. Members were provided a tour by the following staff:

Rob Bode – Modern Matron (The Darwin Centre for Young People, The Phoenix Centre and the Croft Child and Family Centre)

Paul Millard – Clinical Director

Andy Burrows – Media Manager (CPFT)

Phoenix Centre

The centre provides specialist treatment for young people aged between 13-18 with complex eating disorders. The unit offers 12 inpatient beds including a high dependency room and also offers day patient and outreach treatment. The phoenix centre is a regional centre treating patients with eating disorders like anorexia nervosa from across the region. Recovery can take a long time so the goal of treatment at the Phoenix Centre is helping young people to improve the degree to which they can control their illness, rather than be controlled by it. This allows for a more “normal” family, social and educational experience.

The centre focuses on improving motivation for recovering (having things to get better for) and listening and including a young person's own goals as part of the way the team work. In some cases the goals have to be limited in treating the chronic illness and focused on saving life by restoring with an aim to help the young person see that more might be possible later.

The Darwin Centre for Young People

This is the main provider of residential care in the East of England offering a Tier 4 adolescent inpatient unit based in Cambridge, that offers assessment and treatment to young people (13-17 up to 18th Birthday) with severe mental health difficulties on both an inpatient and day patient basis.

The unit has places for 14 young people. During a young person's stay, they will be offered a comprehensive range of assessment and treatments by a multi-disciplinary team composed of psychiatrists, nurses, health care assistants, an occupational therapist, a clinical psychologist, a family therapist, an art therapist, support time recovery workers, a social worker, a dietitian and teaching team. The length of stay and type of admission depends on the young person's individual needs and circumstances; most young people stay for around 8-10 weeks.

The Croft Child and Family Unit

This a unique residential service that provides intensive work with families to quickly achieve beneficial change. During the day young people attend the on-site school within the unit whilst the parents or careers staying with the young person have access to psychological therapies. A programme of family therapy is provided that will included individual sessions as well as family sessions.

- 2.2.1 The next liaison meeting has been provisionally scheduled for Monday November 11th 2019.

2.3 Schedule of Liaison meetings

Organisation	Liaison meeting Date
Clinical Commissioning Group	28 th November
Cambridge & Peterborough Foundation Trust	11 th November (provisional)
North West Anglia Foundation Trust	Awaiting Dates
Cambridge University Hospital	Awaiting Dates

3.0 SIGNIFICANT IMPLICATIONS

3.1 Resource Implications

Working group activities will involve staff resources in both the Council and in the NHS organisations that are subject to scrutiny.

3.2 Statutory, Risk and Legal Implications

These are outlined in a paper on the Health Committee powers and duties, which was considered by the Committee on 29th May 2014

3.3 Equality and Diversity Implications

There are likely to be equality and diversity issues to be considered within the remit of the working groups.

3.4 Engagement and Consultation Implications

There are likely to be engagement and consultation issues to be considered within the remit of the working groups.

3.5 Localism and Local Member Involvement

There may be relevant issues arising from the activities of the working groups.

3.6 Public Health Implications

Working groups will report back on any public health implications identified.

Source Documents	Location
None.	

