

<b>SITUATION</b> <b>What is the problem?</b>	<b>TARGET</b> <b>Who is the intervention for?</b>	<b>INTERVENTION</b> <b>What is the intervention?</b> <b>What are the inputs?</b>	<b>CHANGE MECHANISMS</b> <b>How and why does the intervention work?</b>	<b>OUTCOMES</b> <b>What difference will it make?</b>
<ul style="list-style-type: none"> <li>Fenland has worse than England average health outcomes, lifestyle behaviours and health determinants.</li> <li>There are health inequalities between Fenland and the rest of Cambridgeshire.</li> </ul> <p>Wider community issues:</p> <ul style="list-style-type: none"> <li>Issues relating to social isolation and mental wellbeing.</li> <li>Lack of engagement with public services.</li> <li>Social issues – lack of community confidence/resilience.</li> <li>Language barriers e.g. a higher than average proportion of residents in Wisbech cannot speak English well or at all.</li> <li>Income deprivation and childhood deprivation are significantly worse than the England average.</li> </ul>	<ul style="list-style-type: none"> <li>All residents in the Fenland district of Cambridgeshire.</li> <li>Specifically focusing on those most in need including new and migrant communities, isolated communities/those vulnerable to social exclusion and those with mental health needs.</li> </ul>	<ul style="list-style-type: none"> <li>Community Development Team that support communities to work together to identify their needs and how they can address them through accessing the fund.</li> <li>Community enablers - community members who identify and use their community strengths, physical and social assets and make connections in their communities to develop resilience and strengthen their communities.</li> <li>Community Connectors - an individual or organisation that has extensive community connections and local knowledge.</li> <li>Healthy Fenland Fund - £75,000 available annually to small community projects aimed at improving health and wellbeing.</li> <li>Locally delivered projects address health or wellbeing, including reducing isolation and increasing involvement in</li> </ul>	<p>The local projects:</p> <ul style="list-style-type: none"> <li>Setting up and/or participating in a community project improves the wellbeing of the individual by reducing loneliness and social isolation.</li> <li>Participating in a community project improves the health of the individual e.g. by increasing their physical activity.</li> <li>Community groups coming together improves social cohesion.</li> <li>Local community identify need – interventions are more likely to meet their needs.</li> <li>Peer-led interventions are more likely to be feasible, sustainable, and appropriate.</li> </ul> <p>Community development work:</p> <ul style="list-style-type: none"> <li>Builds self-confidence and self-efficacy in those participating.</li> <li>Ripple effect within the communities.</li> <li>Makes connections within the community - impacts social isolation and cohesion.</li> <li>Community development officers are local people taking the time to listen to the community, build trust and provide appropriate advice and support.</li> </ul> <p>New community groups that have had little experience applying for funding are supported to become ‘grant ready’ and apply to the HFF.</p>	<ol style="list-style-type: none"> <li>Strong and resilient communities in Fenland that are fully engaged in identifying their needs and taking decisions to identify and address their needs.</li> <li>Improvements in the health and wellbeing of communities in Fenland.</li> </ol>