

Breakfast and After School Club Provision in Cambridgeshire

Appendix A: Research Evidence

Breakfast Clubs

In 2013, The School Food Plan reported that not eating breakfast is associated with a range of negative consequences for children. These include poorer health, adverse educational and social effects, and lower levels of energy and attentiveness in school. Further evidence shows that hunger affects concentration, and that well-nourished children fare better at school. Moreover, poor eating habits in childhood are likely to lead to continued bad habits in adulthood.

Arguably Breakfast Clubs have important benefits for both children and schools. As well as reducing hunger, breakfast clubs have been seen to improve concentration and behaviour in class and to improve punctuality for some pupils. Additionally, positive impacts on pupils' social skills, the development of wider friendship groups and increased confidence have been noted by schools.

In 2019, The Institute for Fiscal Studies found that supporting schools to run a free of charge, universal breakfast club delivered an average of 2 months' additional progress for pupils in Key Stage 1 with moderate to low security. Activities thought to increase take-up of the breakfast provision included promoting it to parents and encouraging all children to attend while sensitively targeting pupils most likely to benefit. The cost per pupil per year over three years of funding breakfast provision was £11.86, averaged across all pupils in the breakfast club school participating. The total cost was, on average, £4,462.11 per school.

After School Clubs

In 2016, research from the NatCen Social Research evidenced that participation in after school clubs had a range of positive benefits including providing access to enriching new experiences, providing opportunities for children to succeed, fostering self-esteem and confidence, supporting the academic curriculum, improving fitness, providing opportunities to socialise, as well as opportunities for relaxation and enjoyment. Facilitators to the take-up of after school clubs include low cost, ease of access, flexibility, familiarity with the environment, choice and variety of activities and positive relationships with club staff.

References:

- [The School Food Plan](#), July 2013 Henry Dimbleby and John Vincent, DfE
- [Evaluation of Breakfast Clubs in Schools with High Levels of Deprivation Research Report](#), March 2017, ICF Consulting Services Ltd
- [Breakfast Clubs Work Their Magic in Disadvantaged English Schools](#), November 2016, Institute for Fiscal Studies. [Project Update: December 2019](#)
- [Breakfast Clubs Setup and Implementation: Briefing for School Leaders](#), March 2017, ICF Consulting Services Ltd
- [The Value of After School Clubs for Disadvantaged Children](#), 2016, NatCen Social Research and Newcastle University

Breakfast Club Development:

National funding

[Government Breakfast Clubs Programme, 2021-2023](#)

Up to £24 million invested in a new two-year contract with [Family Action](#) to continue support for school breakfast provision until July 2023. All participating schools will receive a 100% subsidy for Breakfast

Club Provision until 31st March 2022. The subsidy will then be reduced to 75%, allowing schools to contribute 25% from other funding streams. All pupils in participating schools are to be offered breakfast supplies at no cost to them or their parents.

Eligibility: 50% or more pupils in bands A-F of the income deprivation affecting children index (IDACI). Priority given to the Department of Education's 12 opportunity areas.

Magic Breakfast programme

The programme provides funding and support schools that want to set up new; or improve an existing breakfast club.

Eligibility: At least 35% of pupils should be recorded as eligible for Pupil Premium

Greggs Foundation

The school is provided with fresh bread from their nearest Greggs shop, and a grant to support start-up and ongoing costs. The average club costs are £2,000 to set up and run for a year.

Eligibility: various criteria including at least 40 per cent of the pupils at the school being eligible to claim free school meals.

Kellogg's Breakfast Club Grants Programme

In partnership with Forever Manchester grants of £1,000 are awarded to school Breakfast Clubs, to help them provide breakfast to those children who need it most.

Eligibility:

35% and above of children eligible for pupil premium funding (for England) and eligible for free school meals (Northern Ireland, Scotland and Wales).

or

schools that are based in an area which is classified as falling in the 10% of most deprived areas according to the Index of Multiple Deprivation. If school has received breakfast club funding from Gregg's or Magic Breakfast within the current academic year, the application will not be considered a priority for support.

Local Funding

South Cambs Community Chest Grants

Available to voluntary and community sector groups, charities and public sector bodies wishing to further improve quality of life in South Cambridgeshire. They are small grants of up to £1,000 for one-off costs relating to a project or activity

South Cambs Growth Fund Grant Scheme – link not available on 20.10.21 (fund possibly withdrawn)

A one-off grant of between £1,000 to a maximum of £50,000 will be awarded to successful applicants.

Eligibility: We want to support businesses that have put growth plans on hold as a result of pandemic restrictions, particularly in sectors that weren't supported by the Restart Grant scheme. This includes: Wrap Around Care Providers

Corporate Sponsorship

Private company's may consider funding breakfast or after school club provision as part of their corporate social responsibility ethos.

Cambridge Kids Club

Panash Shah: CKC would be happy to partner with someone to provide capital investment, support & advice as well as infrastructure support if needed.

Other Cambs funding information:

[Funding opportunities in Cambridgeshire - Cambridgeshire County Council](#)

[Find funding - Support Cambridgeshire](#)

Position of Schools Running Breakfast Club Provision

District	School	BC	Onsite?	School Run?
Hunts	Abbots Ripton CofE Primary School	Yes	Yes	No
Hunts	Alconbury CofE Primary School	Yes	Yes	Yes
Fenland	Alderman Jacobs School	Yes	Yes	Yes
Fenland	Alderman Payne Primary School	Yes	Yes	Yes
Fenland	All Saints Interchurch Academy	No	n/a	n/a
SC	Babraham CofE (VC) Primary School	Yes	Yes	No
SC	Bar Hill Community Primary School	Yes	Yes	No
SC	Barnabas Oley CofE Primary School	Yes	Yes	No
SC	Barrington CofE VC Primary School	Yes		Yes
SC	Barton CofE VA Primary School	Yes		No
SC	Bassingbourn Primary School	Yes	Yes	No
Fenland	Beaupre Community Primary School	Yes	Yes	Yes
Fenland	Benwick Primary School	Yes	No	No
City	Bewick Bridge Community Primary School	Yes	Yes	No
EC	Bottisham Community Primary School	Yes		No
SC	Bourn CofE Primary Academy	No		
Hunts	Brampton Village Primary School	Yes	Yes	No
Hunts	Brington CofE Primary School	Yes	No	No
Hunts	Buckden CofE Primary School	Yes	Yes	Yes
EC	Burrough Green CofE Primary School	No		
Fenland	Burrowmoor Primary School	Yes	Yes	Yes
EC	Burwell Village College (Primary)	No	n/a	n/a
Hunts	Bury CofE Primary School	Yes	Yes	Yes
Hunts	Bushmead Primary School	Yes	Yes	Yes
SC	Caldecote Primary School	Yes	Yes	Yes
Fenland	Cavalry Primary School	Yes		
City	Chesterton Primary School	No	n/a	n/a
EC	Cheveley CofE Primary School	Yes	Yes	Yes
Fenland	Clarkson Infants School	Yes	Yes	
Fenland	Coates Primary School	Yes	Yes	Yes
SC	Coton Church of England (Voluntary Controlled) Primary School	Yes	Yes	No
SC	Cottenham Primary School	Yes	No	No
Hunts	Cromwell Academy	Yes	Yes	Yes
Hunts	Crosshall Infant School Academy	Yes	Yes	Yes
Hunts	Crosshall Junior School	Yes	Yes	Yes
EC	Ditton Lodge Primary School	Yes	Yes	Yes
SC	Dry Drayton CofE (C) Primary School	Yes		Yes
SC	Duxford Church of England Community Primary School	Yes	Yes	

Fenland	Elm Road Primary School	Yes	Yes	Yes
SC	Elsworth CofE VA Primary School	Yes	Yes	Yes
EC	Ely St John's Community Primary School	Yes	Yes	No
Hunts	Ermine Street Church Academy	Yes	Yes	Yes
Hunts	Eynesbury CofE C Primary School	Yes	Yes	Yes
Hunts	Farcet CofE (C) Primary School	Yes		Yes
SC	Fawcett Primary School	Yes	Yes	Yes
SC	Fen Ditton Primary School	Yes	Yes	No
SC	Fen Drayton Primary School	No		
Hunts	Folksworth CofE Primary School	Yes	Yes	Yes
EC	Fordham CofE Primary School	Yes	Yes	Yes
Hunts	Fourfields Community Primary School	Yes	Yes	
SC	Foxton Primary School	No		
Fenland	Friday Bridge Community Primary School	Yes	Yes	Yes
SC	Fulbourn Primary School	Yes	Yes	No
Hunts	Godmanchester Community Academy	Yes	Yes	Yes
SC	Great Abington Primary School	Yes	Yes	No
SC	Great and Little Shelford CofE (Aided) Primary School	Yes	Yes	Yes
Hunts	Great Gidding CofE Primary School	Yes	Yes	Yes
Hunts	Great Paxton CofE Primary School	No		
Hunts	Great Staughton Primary Academy	Yes	Yes	Yes
SC	Great Wilbraham CofE Primary School	Yes	Yes	Yes
SC	Guilden Morden CofE Primary Academy	Yes	Yes	Yes
SC	Hardwick and Cambourne Community Primary School - Hardwick	Yes	Yes	No
SC	Hardwick and Cambourne Community Primary School - Cambourne	Yes	Yes	No
SC	Harston and Newton Community Primary School	Yes	Yes	Yes
Hunts	Hartford Infant School	Yes	Yes	
Hunts	Hartford Junior School	No		
SC	Haslingfield Endowed Primary School	Yes	Yes	Yes
SC	Hatton Park Primary School	Yes	Yes	No
SC	Hauxton Primary School	No		
Hunts	Hemingford Grey Primary School	Yes	Yes	Yes
SC	Histon and Impington Brook Primary School	Yes	Yes	No
EC	Holme CofE Primary School	Yes	Yes	Yes
Hunts	Holywell CofE Primary School	Yes	Yes	Yes
Hunts	Houghton Primary School	Yes	Yes	No
Hunts	Huntingdon Primary School	Yes	Yes	Yes
EC	Isle of Ely Primary School	Yes	Yes	Yes
EC	Isleham Church of England Primary School	Yes		Yes
SC	Jeavons Wood Primary School	Yes	Yes	Yes
EC	Kennett Primary School	Yes	Yes	Yes
EC	Kettlefields Primary School	Yes	Yes	Yes

Hunts	Kimbolton Primary Academy	Yes	Yes	Yes
Fenland	Kinderley Primary School	No		
City	Kings Hedges Primary School	Yes	Yes	Yes
Fenland	Kingsfield Primary School	Yes	Yes	Yes
EC	Lantern Community Primary School	Yes	Yes	Yes
SC	Linton CofE Infant School	Yes	Yes	Yes
Fenland	Lionel Walden Primary School	Yes	Yes	Yes
Hunts	Little Paxton Primary School	Yes	Yes	No
EC	Little Thetford CofE Primary School	Yes	Yes	Yes
EC	Littleport Community Primary School	Yes	Yes	Yes
Fenland	Manea Community Primary School	No		
Hunts	Mayfield Primary School	Yes	Yes	No
SC	Meadow Primary School	Yes	Yes	Yes
SC	Melbourn Primary School	Yes	Yes	Yes
SC	Meldreth Primary School	Yes	Yes	Yes
EC	Mepal and Witcham Church of England Primary School	Yes	Yes	Yes
SC	Meridian Primary School	Yes		No
Hunts	Middlefield Primary Academy	Yes	Yes	Yes
EC	Millfield Primary School	Yes	Yes	Yes
SC	Milton Church of England Primary School	Yes	No	
City	Milton Road Primary School	Yes	Yes	
SC	Monkfield Park Primary School	Yes	Yes	No
City	Morley Memorial Primary School	Yes	Yes	Yes
Fenland	New Road Primary & Nursery School	Yes	Yes	No
City	Newnham Croft Primary School	No		
SC	Oakington CofE Primary School	Yes	Yes	Yes
Hunts	Offord Primary School	Yes	Yes	No
Fenland	Orchards Church of England Primary School	No		
SC	Over Primary School	Yes	Yes	No
Fenland	Park Lane Primary & Nursery School	Yes	Yes	
City	Park Street CofE Primary School	Yes	Yes	Yes
City	Peckover Primary School	Yes	Yes	
SC	Pendragon Community Primary School	Yes	Yes	No
SC	Petersfield CofE Aided Primary School	Yes	Yes	Yes
Hunts	Priory Junior School	Yes	Yes	Yes
Hunts	Priory Park Infant School & Playgroup	Yes	Yes	No
City	Queen Emma Primary School	Yes	Yes	
Fenland	Ramnoth Junior School	Yes	Yes	Yes
Hunts	Ramsey Junior School	No		
City	Ridgefield Primary School	Yes	Yes	Yes
Hunts	Sawtry Infants' School	Yes	Yes	
Hunts	Sawtry Junior Academy	Yes	Yes	
City	Shirley Community Primary School	Yes	Yes	Yes

Hunts	Somersham Primary School	Yes		
Hunts	Spaldwick Community Primary School	No		
EC	Spring Meadow Infant School	Yes	Yes	Yes
City	St Alban's Catholic Primary School	Yes	Yes	No
EC	St Andrew's CofE Primary School	Yes	Yes	Yes
Hunts	St Anne's CofE Primary School	Yes	Yes	Yes
City	St Laurence Catholic Primary School	Yes	Yes	
City	St Luke's CofE Primary School	No		
Hunts	St Mary's Church of England Primary School S Neots	Yes	Yes	Yes
City	St Matthew's Primary School	Yes	Yes	
City	St Pauls CofE VA Primary School	No	n/a	n/a
City	St Philip's CofE Aided Primary School	Yes	Yes	Yes
SC	Stapleford Community Primary School	Yes	Yes	Yes
Sc	Steeple Morden CofE VC Primary School	Yes	Yes	No
EC	Stretham Community Primary School	Yes	Yes	No
Hunts	Stukeley Meadows Primary School	Yes	Yes	
EC	Sutton CofE VC Primary School	Yes	Yes	
SC	Swavesey Primary School	Yes	Yes	Yes
SC	Teversham CofE VA Primary School	Yes		Yes
SC	The Bellbird Primary School	Yes	Yes	Yes
Fenland	The Elton CofE Primary School of the Foundation of Frances and Jane Proby	Yes	Yes	No
City	The Galfrid School	Yes	Yes	No
City	The Grove Primary School	Yes	Yes	Yes
SC	The Icknield Primary School	Yes	Yes	No
Hunts	The Newton Community Primary School	No	n/a	n/a
SC	The Pathfinder Church of England Primary School	Yes	Yes	Yes
EC	The Rackham Church of England Primary School	Yes	Yes	Yes
Hunts	The Round House Primary Academy	Yes	Yes	Yes
EC	The Shade Primary School	Yes	Yes	Yes
City	The Spinney Primary School	Yes	Yes	Yes
SC	The Vine Inter-Church Primary School	Yes	Yes	Yes
Fenland	Thomas Eaton Primary Academy	Yes	Yes	Yes
Hunts	Thongsley Fields Primary and Nursery School	Yes	Yes	Yes
Hunts	Thorndown Primary School	Yes	Yes	Yes
SC	Thriplow CofE VA Primary School	Yes	Yes	No
Fenland	Townley Primary School	Yes	Yes	Yes
SC	Trumpington Meadows Primary School	Yes	Yes	Yes
City	Trumpington Park Primary School	Yes	Yes	No
Hunts	Upwood Primary Academy	Yes	Yes	No
SC	Waterbeach Community Primary School	Yes	Yes	No
Fenland	Westwood Primary School	Yes	Yes	No
EC	Wilburton CofE Primary School	Yes	Yes	Yes

Hunts	William de Yaxley Church of England Academy	Yes	Yes	No
SC	William Westley Church of England VC Primary School	Yes	Yes	No
SC	Willingham Primary School	Yes	Yes	Yes
Hunts	Winhills Primary Academy	Yes	Yes	Yes
Fenland	Wisbech St Mary CofE Academy	Yes	Yes	Yes
Hunts	Wyton on the Hill Community Primary School	Yes	Yes	Yes
Hunts	Yaxley Infant School	Yes	No	No
	School Not Responded to Survey			
City	Arbury Primary School			
SC	Castle Camps Church of England (Controlled) Primary School			
City	Cherry Hinton Church of England Voluntary Controlled Primary School			
City	Colville Primary School			
Ec	Downham Feoffees Primary Academy			
SC	Earith Primary School			
Hunts	Eastfield Infant and Nursery School			
Fenland	Elm CofE Primary School			
EC	Ely St Mary's CofE Junior School			
SC	Fenstanton and Hilton Primary School			
SC	Fowlmere Primary School			
SC	Gamlingay Village Primary			
SC	Girton Glebe Primary School			
Fenland	Glebelands Primary Academy			
Hunts	Godmanchester Bridge Academy			
Fenland	Gorefield Primary Academy			
Fenland	Guyhirn CofE VC Primary School			
SC	Histon and Impington Junior School			
Fenland	Leverington Primary Academy			
SC	Linton Heights Junior School			
Fenland	Murrow Primary Academy			
City	Orchard Park Community Primary School			
City	Queen Edith Primary School			
Hunts	Ramsey Spinning Infant School			
EC	Robert Arkenstall Primary School			
Hunts	St Helen's Primary School			
Hunts	St John's CofE Primary School			
Fenland	St Peter's CofE Aided Junior School			
Hunts	Stilton Church of England Primary Academy			
SC	Swaffham Bulbeck Church of England Primary School			
SC	Swaffham Prior Church of England Primary School			

Hunts	The Ashbeach Primary School			
EC	The Nene Infant & Nursery School			
EC	The Weatheralls Primary School			
SC	University of Cambridge Primary School			
Hunts	Warboys Primary Academy			
Hunts	Westfield Junior School			
Hunts	Wheatfields Primary School			
Hunts	Wintringham Primary Academy			