Cambridgeshire and Peterborough Strength and Difficulties Questionnaire (SDQ) Pathway

14 weeks prior to RHA due date SW to send Health Assessment Questionnaire (HAQ) referral to CiC Health Team

4 – 6 weeks prior to RHA due date the CiC Health Team:

Email Carer SDQ and SDQ leaflet to carer, with request for completion and return within 5 working days
Email the Self SDQ (aged 11-16 years only) to SW with a request for them to support the young person to complete this at their next meeting

Carer completes SDQ and returns SDQ to CiC Health Team

Carer SDQ completed:
CiC Health Team score the SDQ and record on SystmOne (Sy1) (Health IT system).
Send score and completed SDQ to SW

If score is 17 or above, where appropriate due to concern/need, CiC Health Team to discuss with SW re possible need for onward referral (universal or specialist)

Self SDQ completed:
CiC Health Team score the SDQ and record on Sy1
If young person declines, record on Sy1
Send score and completed SDQ to SW.

If SDQ scores available at RHA:
CiC Health Team Clinician discusses SDQ with carer and young person and uses to inform holistic assessment.

Scores are recorded in the Health Action Plan (HAP)

If SDQ not available at RHA and when HAP completed:
Clinician to include SDQ completion as an HAP action for SW to follow up with carer and for SW / carer to provide CiC Health Team with completed SDQ within 5 days.

Carer SDQ not completed:
Carer given SDQ at RHA or SDQ resent via email with request for completion and return within 5 working days.

SW ensures carer completes SDQ

SW to provide CiC Health Team with completed SDQ or ensure the carer provides the SDQ within 5 days.

Young person aged 11 – 16 years (inclusive)

At planned social care review meeting:

SW discusses SDQ purpose, Self SDQ and benefits of completing SDQ with young person.

SW supports young person to complete their SDQ

SW sends completed SDQ to CiC Health Team for scoring. If young person declines to complete, SW records this on Liquid Logic (LL) (Social Care IT system) and notifies CiC Health Team.

Social Care uploads SDQ and score to LL.

SW to review SDQ and score in relation to needs of CiC and feed this into the CCR and PEP.

Self SDQ: SW discusses score and outcomes with young person.

If SDQ Score 17 or above

SW notifies Designated Teacher at child/young person's school/college

Education setting to complete the Teacher SDQ and return to the SW within 5 working days

SW to return to CiC Health Team: cpm-tr.PeterboroughCIC@nhs.net / CCS-TR.HuntsLAC@nhs.net

CiC Health Team score Teacher SDQ and share score with SW

SW shares SDQ score with Designated Teacher in child/young person's school/college

Education setting to consider SDQ score and include a SMART outcome within the PEP to support need as appropriate.

SW to triage/review all available scores and completed SDQs and includes this in the CCR and care planning.

SW to make onward referrals or discuss with CiC Health if advice required.

Where there is a concern, SW to review this as part of wider care planning to ensure child's needs are being addressed.

SDQs to be reviewed within supervision linked to the above and CCR decisions

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