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Improving the transition from care into independence

April 2020 May 2022

Apr 2020

- Question allocated
- Start of literature review

Jun 2020

- Six months plan
- Survey creation begins
- Focus group with YP leaving care

Aug 2020

- Ethical approval sought for survey
- Council tax exemption meeting

Oct 2020

 Meeting with CCC service leaders Jan 2021

First draft handed in

Mar 2021

• Final draft handed in

























May 2020

• First Meeting (Bi-Weekly Check-ins)

Jul 2020

- Met with CCC Homelessness Advisor
- Met with CCC Clinical Coach

Sep 2020

- Interview with YP who left care
- Ethical approval for survey obtained
- •Survey distributed via email

Nov 2020

Met with Clinical Psychologist

Feb 2021

• Feedback obtained

Jan 2022-Ap<mark>r</mark> 2022

- Meetings with senior leaders
- Minor changes made to report



Aims

- 1. Identify barriers that jeopardised the transition into independence.
- 2. Solutions that further outcomes for Cambridgeshire's young people, in line with the County's own strategic priorities, the corporate parenting responsibilities.
- 3. To outline *specific policy interventions* that would address the barriers that these young people face as they enter independence and that would support a successful and resilient transition into independence.

Accommodation

- Accommodation officer / team
- Act as guarantor
- Remove homelessness intentionality
- Secure emergency accommodation

Mental Health

- Mental health professional
- Mental health training for PAs and other staff
- Guide to accessing mental health services



Finances

- Council Tax relief until age 25
- Internal work experience
- Money / budgeting page in Local Offer
- Financial education training for PAs and other staff
- Dedicated Pathway Plan section

Accommodation: Policy Recommendations

- Act as a rent guarantor for YP with care experience
- Have a permanent funded Accommodation Officer/Team
- Focus on improving the current process by:
- a) Extending the **Staying Put** scheme from age 21 to 25
- b) Remove reduction of allowances for carers when YP join the Staying Put scheme
- c) More **frequent visits** and rigorous individual assessments of foster placements
- d) Allowing **priority social housing applications** any time before age 25
- e) Granting access to all housing options and increasing housing allowance costs for YP waiting for asylum



Structure



 On top of their usual responsibilities, these officers have a number of accommodation-related duties:

- · Search for suitable accommodation
- Providing information, advice, and guidance on options
- · Practical support with moving into and furnishing their new home
- · Support during a housing crisis e.g. being at risk of losing a tenancy
- Attending university and finding accommodation for students during the holidays
- Funding the cost of accommodation and the advice on how to fund accommodation
- Housing options for asylum seekers (who may not have access to all the housing options available)
- Advice and help on setting up the Housing Element of Universal Credit or Housing Benefit
- Obtaining a grant from Cambridgeshire Local Assistance scheme to pay for essential basic household furniture and white goods, and food packs during emergencies and times of hardship
- Staying Put scheme
- Moving back to live with family
- Supported lodgings
- Semi-independence
- Social housing
- Private renting
- Obtaining previously looked after YP discounts and savings (when buying personal or household goods)
- Setting up home allowance (leaving care grant)
- Homelessness

Homelessness

- YP with care experience are at higher risk of homelessness than their peers
- Rates of homelessness amongst those with care experience has increased nationally and in Cambridgeshire

Recommendation:

- Work with District and City councils to remove intentional homelessness
- Secure purpose emergency accommodation

Households Owed a Homelessness Duty with Care Experienced YP

	2018-2019	2019-2020	2020-2021
CAMBRIDGE	23	24	38
EAST CAMBRIDGESHIRE	9	13	/
FENLAND	36	27	39
HUNTINGDONSHIRE	5	20	21
SOUTH CAMBRIDGESHIRE	7	10	11
EAST OF ENGLAND	540	710	760
ENGLAND	5720	6960	7100

Source: 'Detailed Local Authority Level Tables: Financial Year 2020–21' [Dataset], GOV.UK [https://www.gov.uk/government/statistical-data-sets/live-tables-on-homelessness] [Accessed May 2022]



Finances

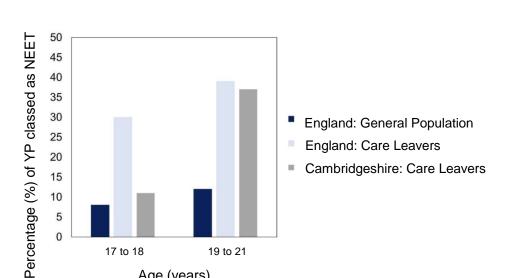


- National Ofsted survey: Money management is a major issue, the most common reason for feeling unsafe upon leaving care is money,
- Self-reliance at a much younger age than their peers

Recommendations:

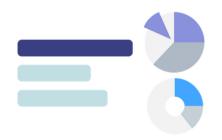
- Council tax support for YP [already implemented, future possibility of bypassing refunds]
- Improve financial education for YP
 - Clear and up-to-date section for money/debt management courses on the CCC website
 - PDF/mobile app clearly laying out available financial benefits
 - Thorough training for support workers

Employability









- **37**% aged 19-21 **NEET** (Cambridgeshire, 2019)
- Lower attainment in school, lack of skills and information, loss of confidence, hiring behaviour

Recommendation:

Age (years)

- **Develop internal opportunities** to improve employability of the council's YP
 - Ring-fenced apprenticeships (standalone or reserved spaces within a wider scheme)
 - Guaranteed interviews for those meeting minimum requirements



Mental Health

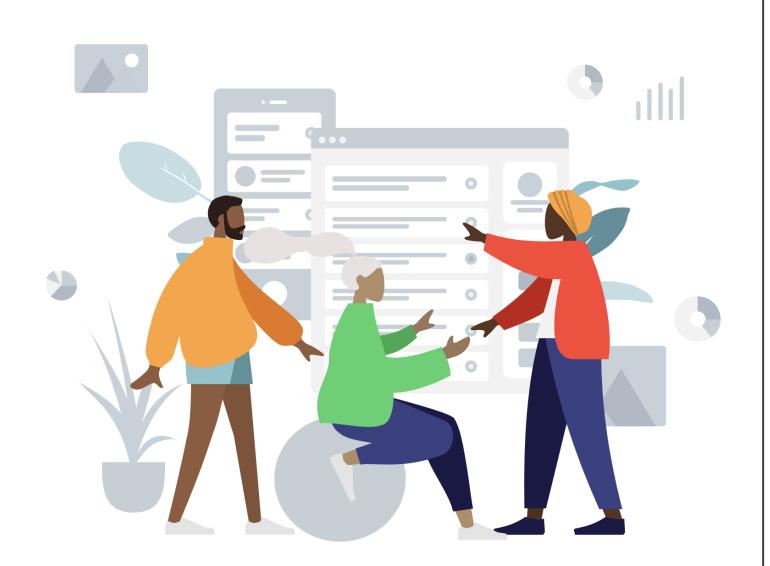
- Over 25% of YP experience a mental health crisis after leaving care
- Barrier to aspirations of stability and security

Recommendations:

- Create a clear guide to mental health resources
- Improve knowledge of mental health care internally
 - Comprehensive training programme
 - Employment of a clinical mental health professional







Thank You