

## **ADULTS COMMITTEE: MINUTES**

**Date:** Thursday 24th May 2018

**Time:** 2.00pm to 3.55pm

**Present:** Councillors A Bailey (Chairwoman), A Costello, D Connor (substituting for Cllr D Wells), S Crawford, K Cuffley, J French, N Harrison, M Howell (Vice-Chairman) and G Wilson

**Apologies:** Councillor D Wells

### **84. NOTIFICATION OF CHAIRMAN AND VICE-CHAIRMAN**

The Committee noted the appointment of Councillor Anna Bailey and Councillor Mark Howell as respectively Chairman and Vice-Chairman of the Adults Committee for the municipal year 2018-19.

### **85. DECLARATIONS OF INTEREST**

There were no declarations of interest.

### **86. MINUTES – 20 APRIL 2018 AND ACTION LOG**

The minutes of the meeting held on 20 April 2018 were agreed as a correct record and signed by the Chairwoman.

The Action Log was noted. In relation to individual entries, members were advised that:

- Minute 64 Action 1 – the map of support services was expected to be ready in June
- Minute 64 Action 2 – there was a large number of additions to be made to the contracts register; it would be shared later in May once this work was complete
- Minute 64 Action 3 – this could be removed as superseded by Minute 77
- Minute 77 – this action could be shown as completed.

Councillor Wilson thanked officers for the note circulated to members in response to his comments at the last two meetings on the costs of the recent consultation on changes to the Fairer Contributions Policy.

### **87. PETITIONS**

No petitions were received

### **88. FINANCE AND PERFORMANCE REPORT – OUTTURN 2017-18**

The Committee considered the 2017-18 Outturn Finance and Performance report for People and Communities, with particular reference to finance and performance for Adults Services. Members noted that the final position was an overspend of £326k, slightly improved on the forecast position at the Committee's meeting in March.

In response to an expression of some concern at the implications for 2018-19 of the savings which had not been achieved in 2017-18, members were advised that savings which it had not been possible to deliver were addressed through the 2018-19 Business Plan; in many cases, the issue was one of the phasing of expenditure.

The Chairman expressed the Committee's recognition of the huge achievement in 2017-18 of £16.8m savings across People and Communities without cutting front-line services, and thanked all involved for their hard work.

It was resolved unanimously

1. to review and comment on the report
2. to recommend to General Purposes Committee that the remaining earmarked reserve within Adults Services be re-approved for 2018/19 (section 3 of the report before Committee)

## **89. ADULTS POSITIVE CHALLENGE PROGRAMME**

The Committee received a report updating members on the work on the Adults Positive Challenge Programme, following the update to Committee in January 2018. Members noted that the report set out the work streams that could be implemented immediately, and that the savings target round the older people's budget was £1m in the current financial year; the full business case was a substantial document, which could be supplied to members on request. The Chairman thanked officers for the huge amount of work they had done in a very short space of time.

Discussing the report, members

- expressed support for this exciting piece of work
- asked whether the Adults Committee or the General Purposes Committee would be receiving information on the more detailed proposals, and how the costs would be split between Cambridgeshire and Peterborough.

Officers advised that the costs would be set out for members, with information on what was being charged to each authority. The Outline Business Case had identified a number of areas of opportunity; it would be necessary to combine the consultants' view with the views of officers, then the detail of each area of work would be brought to the Committee before taking the whole proposal to General Purposes Committee

- noted that the cost of the 'Fast Forward' phase of the programme was likely to be around £240k, and that a detailed proposal and Transformation Fund bid would be brought to Adults Committee and General Purposes Committee.

It was resolved unanimously to

- a) comment on and endorse the new mission for adult social care as described in 2.2.1 of the report before Committee

- b) comment on and endorse the work to date on the Adults Positive Challenge Programme and the opportunities identified
- c) approve the engagement of iMPower consultancy to support delivery the rapid implementation priorities as set out in section 2.1.2 of the report
- d) endorse the proposal to go forward to General Purposes Committee for further investment from the Transformation Fund to facilitate delivery of the programme
- e) endorse the proposals set out in section 2.2.4 of the report for the scope of the programme, specifically that it be a whole-Council initiative, led by the Adults Committee but supported by all directorates and committees.

**Note:** Because business at this stage of the meeting had proceeded more quickly than anticipated, presenting officers for some agenda items had not yet arrived. With the Committee's consent, the Chairman therefore reordered the agenda to make best use of the time of members and officers present.

## **90. APPOINTMENTS TO OUTSIDE BODIES, PARTNERSHIP LIAISON AND ADVISORY GROUPS, AND INTERNAL ADVISORY GROUPS AND PANELS**

The Committee received a report inviting it to consider appointments to outside bodies, internal advisory groups and panels, and partnership liaison and advisory groups. Members noted that Councillor Wells had indicated he would be willing to continue to serve on the Mental Health Governance Board.

Councillor Wilson reported that he had been appointed by the Health Committee to serve on the Cambridgeshire and Peterborough NHS Foundation Trust Board of Governors. Councillor Howell requested that the Physical Disability and Sensory Impairment Partnership Board be asked to avoid scheduling meetings on days when Full Council was due to meet.

**Action required**

It was resolved unanimously to:

- (i) review and agree the appointments to the partnership liaison and advisory groups detailed in Appendix A of the report before Committee, namely
  - a) Carers' Partnership Board – Councillor K Cuffley
  - b) Learning Disabilities Partnership Board – Councillor A Costello
  - c) Mental Health Governance Board – Councillor D Wells
  - d) Older People's Partnership Board – Councillor A Bailey
  - e) Physical Disability and Sensory Impairment Partnership Board – Councillor M Howell
- (ii) delegate, on a permanent basis between meetings, the appointment of representatives to any outstanding outside bodies, groups, panels and partnership liaison and advisory groups within the remit of the Adults Committee to the Executive Director: People and Communities, in consultation with the Chairman/ woman of the Adults Committee.

## 91. ADULTS COMMITTEE TRAINING PLAN

The Committee received a report summarising the training outlined during 2017/18 and introducing the draft training plan for the Committee for 2018/19. The Service Director: Older People and Safeguarding assured members that the teams very much welcomed visits from members. Visits both reinforced staff's sense of purpose and provided a development opportunity for them.

Examining the training plan, members

- said that it would be helpful to receive specific invitations to visit front line teams as well as having some workshops. The Service Director undertook to arrange some firm dates (a maximum of half a day) for members to learn more about front line practice, and to arrange a dedicated workshop on Safeguarding and other issues suitable for this format **Action required**
- suggested that, while a safeguarding workshop would be suitable for larger numbers, it would be better to offer the Induction to Adults Services sessions to only two or three people at a time
- agreed that the session on Commissioning Services should be held as a workshop at Shire Hall
- agreed that the overview of the Adults Social Care – support plans – process – performance should be held in workshop or seminar format, and include some front-line staff; the Chairman commented that support plans were of crucial importance
- pointed out the importance of Carers, and suggested that the session on the Council's work in relation to Carers be held on the same day as a meeting of the Carers' Partnership, to give members the opportunity to meet some Carers
- asked that, in general, dates be identified well in advance to help members arrange to attend, including requesting leave from work where necessary. The Service Director undertook to draw up a calendar of training events and circulate it to members. **Action required**

It was resolved

to comment and make suggestions for the Committee's training plan for 2018/19

## 92. AGENDA PLAN

The Committee considered its agenda plan, noting the need to add the Adults Positive Challenge Programme Outline Business Case to the agenda for July.

It was resolved:

to note the Agenda Plan, subject to changes identified at the meeting.

### 93. DEEP DIVE: NEIGHBOURHOOD CARES PILOT

The Committee received a 'deep dive' update report on progress on the Neighbourhood Cares Pilot (NCP) to date, and future plans for the pilot. The report was presented by Louise Tranham, Neighbourhood Cares Manager, accompanied by two members of local Neighbourhood Cares teams, Alison Bourne from the St Ives team and Wendy Lansdown from the Soham team.

Members noted that

- it was very important to recruit the right people to deliver the service; they had to be able to self-manage and to understand the risks and challenges of conversations with residents
- team members came from a wide variety of backgrounds, including community work, social work and nursing, but all were fully committed to the NCP
- the Soham NCP covered the town itself, whereas the St Ives NCP was attached to the Spinney GP practice, which included residents of surrounding villages
- Soham Library was proving to be a more satisfactory location for the pilot than the Broadleas Centre in St Ives, though using a room in the Spinney GP surgery once a week was working well
- conversations with residents were centred on establishing what a person wanted, rather than on having an entitlement to an eligible need
- an external evaluator, York Consulting, was reviewing the NCP; an report on the interim findings would be brought to Committee in November and should be added to the agenda plan

**Action required**

By way of illustration, a further case study was recounted. Mrs B had been referred to the NCP by the Joint Emergency Team (JET) from health, concerned at her unsuitable, dirty living conditions and lack of care for herself. The Neighbourhood Cares Worker (NCW) assessed the situation, and starting from what Mrs B wanted to achieve, worked with other services to help her. For example, the local housing association was willing to undertake a deep clean of the house if Mrs B would put in effort to maintaining improved standards. The NCW continued to visit with diminishing frequency, and Mrs B started looking after herself and coming along to drop-in sessions, looking slightly better dressed and cared-for each time.

Other cases included Annie, who had been referred by her GP. She had a history of calling 999 and going to hospital in a crisis, but instead would call the NCW. After some weeks, she had progressed to being able to say 'it'll wait till next week, I know you're busy with the bank holiday coming up', and she once said 'what I really like about your service, people have been sent who do things for me, but you do things with me'.

The two NCWs said that they enjoyed having the freedom to undertake holistic pieces of work and see what made a difference in people's lives; much of the work of community development was concerned with prevention. The NCP was demonstrating that there was a great deal which people and communities could do for themselves. Only rarely did the NCW get involved in hands-on care; if a long-term care package was required, the NCW would ensure it was what the person needed, with family, friends and volunteers all involved in a person-centred support plan. The aim was to have team members who were based in the localities they served.

In discussion, members

- commented that, without the NCP, Mrs B would have had services imposed and the outcome would have been much less successful
- noted that NCWs had considerable contact with GPs, including informal conversations on days when they were based in the St Ives surgery, and more formal referrals; the teams also worked closely with the Alzheimer's Society, and with the Assistive Technology Telehealthcare team
- noted that NCWs did not classify cases as open or closed; all remained open to future activity
- commented that, though the NCP seemed an excellent idea which would be very welcome elsewhere in the county, it would be necessary to consider the evaluation report with the head, not the heart
- asked whether the Committee would be seeing the evaluation criteria, and whether the evaluation would be considering the benefits to the wider NHS as well as to the County Council. Officers advised that they were working with NHS colleagues to assess the impact of the pilot on their work, and were alert to the possibility that the NCP could reduce NHS costs but increase costs for the Council
- in answer to a question on financing the work, noted that currently the localities held the NCP budget, but plans had been put in place for the Neighbourhood Cares teams to be in charge of their own budgets, with the exception only of such matters as payroll and HR, and safeguarding, which would be dealt with centrally.

The Chairman urged members to attend a Neighbourhood Cares team meeting; the Service Director was asked to add it this to the Training Plan. **Action required**

It was resolved unanimously

to consider the report and provide comments on progress, proposed developments and issues raised by the pilot so far

to endorse the recommendations for the next phase of the pilot as set out in Section 8 of the report before Committee.

#### **94. CAMBRIDGESHIRE AND PETERBOROUGH DEMENTIA STRATEGIC PLAN**

The Committee received a report outlining the strategic plan for improving outcomes, experience, and the cost-effectiveness of services for people living with dementia and their carers as a national and local priority. Members noted that the plan related to the whole health and social care system, and provided an opportunity to bring together previous knowledge and experience. This was the thirteenth of fourteen meetings to which the plan had been presented; the fourteenth would be the Health and Wellbeing Board (HWB), which was due to meet simultaneously with the Peterborough HWB at the end of May.

Members noted that

- dementia had a huge impact on individuals, families and communities, and as the population aged, it was expected that the incidence would double by 2021 from the present 8,000 cases in Cambridgeshire and Peterborough
- dementia often coincided with other conditions and with physical frailty; people often deteriorated only slowly, with ten or so difficult years followed by two or three very difficult years
- the Cambridgeshire capacity for pre- and post-diagnosis support was small; the Council supplied funding of £18k for a dementia information adviser, but the Cambridgeshire and Peterborough Clinical Commissioning Group (CCG) commissioned other memory-related work
- priorities included increasing the dementia diagnosis rate and ensuring that there were suitable specialist acute and community services available; a longer-term goal was likely to be the establishment of a dementia resource centre.

In the course of discussing the report and strategy, members

- enquired whether the unwieldiness of the approval process would hamper implementation of the strategic plan. Members were advised that the challenge had been to ask system leaders to look at the issue together; the Sustainability and Transformation Partnership (STP) had wanted a business case at the start, rather than waiting until the strategy document was complete; if the right community resources were in place, then resources could be released for the acute sector
- commented that it was important to make dementia-friendly communities a reality, but said that it might not necessarily be helpful to label them as something for people with dementia. Members noted that 'dementia-friendly community' was a nationally-recognised term concerned with opening up dementia to the community
- observed that Neighbourhood Cares provided good help for people with mild dementia, and noted that a dementia resource centre would be a focus for more specialist services to assist those with more advanced dementia

- expressed concern at the practicalities of establishing a dementia resource centre for Cambridgeshire, given the rural nature of much of the county and associated transport difficulties; for people with dementia, travelling outside their familiar local area could cause problems. Members noted that work on social isolation had identified transport as a difficulty in bringing people together.

It was resolved unanimously

to approve the Strategic Plan so that the improvement in outcomes, experience and cost effectiveness in dementia care across Cambridgeshire and Peterborough could be delivered.

On behalf of the Committee, the Chairman thanked Ruth Yule, Democratic Services Officer, for her work supporting the Committee and wished her well for her retirement.

Chairman