

Item 4 - Appendix 1

Overview of Mind of My Own

Mind of My Own is a web based application which can be accessed via a smartphone, tablet, laptop or desktop computer. The program helps children and young people express themselves and communicate with professionals in their lives making sure they are heard. Both One App and Express are effective direct work tools which can be used by a range of professionals from social workers and teachers to support workers.

The **MOMO One App** is a great way for young people to share their thoughts and send them to those who need to hear from them. The app has a number of options called statements which the young person can choose to use, for example preparing for a meeting, share good news or sort a problem. This version of the app provides prompts in terms of what the young person might want to share, for example: preparing for a meeting there are a number of questions, like who do you want to be there, sit next to or talk about, but there is also room for the young person to expand and provide more of a narrative of their views. The app is available to young people to have their own account or they can access it via their workers account when they have a one to one session. The app is able to assist in guiding or structuring a conversation with a young person. The young person can choose who they want to send their statement to.

The **MOMO Express App** is aimed at younger children or those with additional needs and uses expressive pictures, minimal text and affirming sounds. It has some accessibility features that can be tailored to the needs of the child and it can be used to support education, health or social care planning or review process, including education, health and care plans (EHCPs). The Express App is designed to be used with a worker.

Mind of My Own Summary

The Participation team continue to offer team training and one to one support.

Worker Accounts – 412			
Young People (YP) Accounts - 125			
	OCTOBER 2019	NOVEMBER 2019	Up to 19 DECEMBER 2019
Number of statements per month from YP	8	3	4
Number of statements per month via worker	10	9	12
MOMO Express Statements per month	14	31	10
Top three subject matters each month MOMO ONE	My Wellbeing - 56% Foster Care Review – 17% Preparation -17%	My Wellbeing - 33% Worker Visit 33% Foster Carer Review - 25%	38% Worker Visit 31% Foster Carer Review 19% My Well Being
Top three subject matters each month MOMO EXPRESS	About Me – 47% My Life – 18% My Education – 12% My Day – 12% My Health – 12%	About Me – 32% My Life – 19% My Day – 19%	27% My Day 27% About Me 18% My Life