

LOCAL TRANSFORMATION PLAN REFRESH FOR CHILDREN AND YOUNG PEOPLE'S EMOTIONAL AND MENTAL HEALTH AND WELLBEING 2017/18

To: **Health and Wellbeing Board**

Meeting Date: **21 September 2017**

From: **Kathryn Goose, Project Manager, Cambridgeshire and Peterborough Clinical Commissioning Group**

Recommendations: **The Health and Wellbeing Board is asked to:**

- a) Note the planned refresh of the Local Transformation Plan**
- b) Provide delegated authority to the Director of Public Health in consultation with the Chairman of the Board to sign off for the plan prior to the publication deadline 31 October 2017**

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PURPOSE

- 1.1 The purpose of this paper is to inform the Cambridgeshire Health and Wellbeing Board of the planned refresh of the Local Transformation Plan (LTP) for children and young people's emotional, mental health and wellbeing. The LTP is required to be signed-off by Health and Wellbeing Boards; therefore this paper is to advise the Cambridgeshire Health and Wellbeing Board of the planned refresh and asked for delegated sign-off in time for the required publication date of 31 October 2017.

2 BACKGROUND

- 2.1 In August 2015 NHS England launched a guidance document for local areas regarding the development of LTP for Children and Young people's mental health and wellbeing. The LTP is a plan which is locally developed and sets out the vision, areas for service transformation and investments to be made for children and young people's emotional and mental health services based on local needs. The LTP includes information of local need, challenges, areas in need of improvement and how developments will increase the number of young people accessing services and improve their outcomes and overall emotional and mental wellbeing. The LTP looks at services across a spectrum of services from universal through to the point a young person may require an inpatient facility. The plan also details the investment to be made and key performance indicators from when the plan commenced in 2015/16 to 2020/21
- 2.2 The first LTP for Cambridgeshire and Peterborough was developed with a range of stakeholders and published in October 2015 and detailed the first year's initiatives. A second refreshed plan was published in October 2016 and provided a more detailed plan for the five years of transformation up until 2020/21. Both of these plans have been developed with a range of stakeholders and signed-off by the Health and Wellbeing Boards of both Cambridgeshire and Peterborough.

3. MAIN ISSUES

- 3.1 The LTP is currently undergoing a third refresh and will be known as the LTP 17/18, as the timeframe it covers is 1 November 2017 to 31 October 2018. There are a range of areas the plan covers including: improved access to information through the 'Keep-your-head' website, ongoing development of parenting support programmes for children with behavioural issues, pathway developments in specialist mental health services including autism spectrum disorder/ attention deficit hyperactivity disorder, eating disorders and crisis services, a focus on developing the workforce to ensure we have skilled sustainable workforce to deliver a range of evidence based services. The LTP details the needs of the population and engagement with children and young people, families and carers and how their views have helped shape the areas of developments and investments.
- 3.2 The LTP is currently being refreshed to ensure the information is accurate and developments are based on population needs including Joint Strategic Needs Assessment (JSNA) and public health information, feedback, learning from existing developments and that it aligns with local commissioning intentions and national drivers for change. This process has commenced and will take some time to have a final draft for comment, which will require a range of stakeholders to sign-off the plan including Health and Wellbeing Boards of

both Cambridgeshire and Peterborough, the Director of Children’s Services, Local Safeguarding Boards, NHS specialist commissioning and parent/carers groups.

- 3.3 The LTP is not currently refreshed to the point of being able to be signed-off as work is required with a range of stakeholders to update the LTP and ensure it is fit for purpose and meets the needs of the local population. Therefore this paper is to inform the Health and Wellbeing Board of the LTP refresh and ask that there is a process for delegated sign-off of the LTP by the Health and Wellbeing Board during October to enable the LTP to be published by the required deadline of 31 October 2017.
- 3.4 The Health and Wellbeing Board will be provided with the opportunity to review the final draft plan for comment prior to the submission and publication date of 31st October.

4 ALIGNMENT WITH THE CAMBRIDGESHIRE HEALTH AND WELLBEING STRATEGY

4.1 The LTP is relevant to priorities (1, 3, 4, 6) of the Health and Wellbeing Strategy:

- Priority 1: Ensure a positive start to life for children, young people and their families.
- Priority 2: Support older people to be independent, safe and well.
- Priority 3: Encourage healthy lifestyles and behaviours in all actions and activities while respecting people’s personal choices.
- Priority 4: Create a safe environment and help to build strong communities, wellbeing and mental health.
- Priority 5: Create a sustainable environment in which communities can flourish.
- Priority 6: Work together effectively.

5 SOURCES

Source Documents	Location
<i>Local Transformation Plans for Children and Young People’s Mental Health and Wellbeing – Guidance and support for local areas</i>	https://www.england.nhs.uk/wp-content/uploads/2015/07/local-transformation-plans-cyp-mh-guidance.pdf
<i>Cambridgeshire and Peterborough Local Transformation Plan for children and young people’s emotional, mental health and wellbeing 16/17</i>	http://www.cambridgeshireandpeterborough.nhs.uk/about-us/who-we-are-and-what-we-do/our-work-and-priorities/emotional-health-and-wellbeing-project/