

MENTAL HEALTH STRATEGY FRAMEWORK

To: Health and Wellbeing Board

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From: Martin Stefan, Deputy Medical Director, Cambridgeshire and Peterborough NHS Foundation Trust.
Clinical Lead (Community), Cambridgeshire & Peterborough Health & Care System Transformation Programme.

1.0 PURPOSE

1.1 This report brings to the attention of the Health and Wellbeing Board (HWB) the Sustainability and Transformation Plan (STP) Mental Health Strategy Document “Working together for Mental Health in Cambridgeshire and Peterborough – a framework for the next five years”. This brings together a number of existing Mental Health Strategies, and places them in the context of the Five Year Forward View for Mental Health. It has been discussed and endorsed by the STP Clinical Advisory Group, the Health and Care Executive, the Cambridgeshire and Peterborough Clinical Executive Board and the Peterborough Health and Wellbeing Board.

2.0 BACKGROUND

- 2.1 The need for a coherent joint strategic document for Mental Health has been identified by local health and social care partners including the Health and Wellbeing Boards and was one of the key deliverables of the Proactive Care and Prevention Working Group of the STP. There is a clear requirement nationally for STP plans to address the Mental Health needs of their communities. This has been supported by a number of national developments including the publication of the recommendations of the National Taskforce for Mental Health (“The Five Year Forward View for Mental Health”).
- 2.2 The document incorporates key strategic aims in the commissioning of Mental Health Services including the development of an integrated primary care mental health service (PRISM); Increasing Access to Psychological Therapies (IAPT) expansion and psychological input for Long Term Conditions, and the development of the First Response Service. There is a strong emphasis throughout on sustainable commissioning, prevention and health promotion.

3.0 SUPPORTING PARAGRAPHS

3.1 The strategy document has been produced by a small working group with representation from the CCG, CPFT and Public Health. It does not create new strategic priorities, but focuses instead on drawing together work which has been carried out by many people and organisations over the past few years, including a large number of discussions with service

users, carers and representatives of partner organisations, as well as existing mental health strategies; and places this in the context of the Five Year Forward View for Mental Health.

The full report is appended as Appendix 1 to this paper. It sets out a strategic approach under three headings which align with those described in the schematic developed by the Proactive Care and Prevention Clinical Working Group for integrated person-centred care:

- Prevention: promoting mental health and preventing mental illness.
- Community based care: developing an integrated approach to community based person centred care, focused on intervening early.
- Specialist care: timely acute, crisis and inpatient care when it's needed. Paying particular attention to admission and discharge processes, the management of interfaces between services and social services support.

4.0 ALIGNMENT WITH THE CAMBRIDGESHIRE HEALTH AND WELLBEING STRATEGY

4.1 This work supports the delivery of a number of the priorities highlighted in the Health and Wellbeing Strategy, and in particular Priority 4.

5.0 IMPLICATIONS

5.1 The changes set out in the Five Year Forward View for Mental Health are being resourced through an anticipated £1bn additional national investment for mental health by 2020/21. We expect to receive a proportion of this investment locally. We estimate that Cambridgeshire's share of this additional investment should equate to approximately £12.8m by 2020/21 (based on the funding formula in use in June 2016) but it is important to note that our high level costing work suggests that this level of additional investment is unlikely to be sufficient by itself to achieve full implementation of the Five Year Forward View or all of the priorities set out in this strategy. Further prioritisation will therefore be required, alongside analysis of detailed and fully costed business cases, coordinated through a new Mental Health Strategy Group.

6.0 RECOMMENDATION/DECISION REQUIRED

6.1 The HWB are asked to note and endorse the STP Mental Health Strategy.

7.0 SOURCE DOCUMENTS

Source Documents	Location
Working together for Mental Health in Cambridgeshire and Peterborough - A framework for the next five years	Annex to this report.