

CAMBRIDGESHIRE ANNUAL PUBLIC HEALTH REPORT 2018

To: Health and Wellbeing Board

Meeting Date: 22nd November 2017

From: Dr Liz Robin, Director of Public Health

Recommendations: **The Health and Wellbeing Board is asked to**
a) note and comment on the information outlined in the Annual Public Health Report.

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1. PURPOSE

- 1.1 The purpose of this paper is to present the Annual Public Health Report 2018 to the Health and Wellbeing Board.

2 BACKGROUND

- 2.1 The Health and Social Care Act (2012) includes a requirement for Directors of Public Health to prepare an independent Annual Public Health Report (APHR) on the health of local people.
- 2.2 Last year's Annual Public Health Report (2017) focussed on the wider social and environmental factors affecting health and wellbeing locally, and how these influence the differences in health outcomes we see across Cambridgeshire. It also looked at key lifestyle behaviours which impact on longer term health and wellbeing, and at trends in life expectancy and preventable death in the county.

3. MAIN ISSUES

- 3.1 This year's Annual Public Health Report (APHR) 2018 recognises that there are now many web-based sources of information, which can provide comprehensive and up to date information about the health of Cambridgeshire's population, and it provides weblinks and signposting to these. The APHR 2018 also focusses on the 'best start in life' for babies and young children in Cambridgeshire, and reviews some key factors which affect health and development up to the age of five. For the first time this year, the international Global Burden of Disease study, which has been providing health statistics for governments around the world for the past twenty years, is providing a similar analysis of health and disease for English local authorities. Some of the main findings are presented here. Finally, progress against recommendations from the APHR 2017 is reviewed.
- 3.2 The APHR 2018 proposes that last year's recommendations will take time to implement, and progress against them should continue to be monitored. In addition, two further recommendations are made:
 - The recent Early Years Social Mobility Peer Review for Cambridgeshire and Peterborough provided a range of recommendations to support outcomes for children in their early years and reduce inequalities in school readiness, and these recommendations should be taken forward.
 - The Global Burden of Disease study emphasised the importance of smoking and tobacco as a cause of premature death in Cambridgeshire, but with the exception of Fenland, progress in reducing smoking rates across the county has slowed. A new multi-agency strategy and action plan to address smoking rates in Cambridgeshire should be developed.

4 ALIGNMENT WITH THE CAMBRIDGESHIRE HEALTH AND WELLBEING STRATEGY

- 4.1 The Annual Public Health Report 2018 has a particular focus on two priorities of the Cambridgeshire Health and Wellbeing Strategy:

- Priority1: Ensure a positive start to life for children, young people and their families.
- Priority 3: Encourage healthy lifestyles and behaviours in all actions and activities while respecting people’s personal choices.

5 SOURCES

Source Documents	Location
Annual Public Health Report (2017)	https://cambridgeshireinsight.org.uk/health/localphi/aphr/
The Health Profile for England (2018)	https://www.gov.uk/government/publications/health-profile-for-england-2018
The Global Burden of Disease Study (2018)	https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(18)32207-4/fulltext