

A PERSON'S STORY

To: Health and Wellbeing Board

Date: 17th September 2015

From: Sarah Hughes, CEO, Mind in Cambridgeshire

1.0 PURPOSE

1.1 To introduce the story being presented to the Health and Wellbeing Board.

2.0 BACKGROUND

2.1 The Cambridgeshire Health and Wellbeing Board have requested that a person's story be presented at the start of each meeting. The story being presented at this meeting will set out an individual's experience of trying to access help when in the midst of a mental health crisis and supports the theme of mental wellbeing.

2.2 The story is an illustration of how people experience health and social care services. A discussion regarding the specifics of this person's experiences is not envisaged; the generalised learning and insight that can be taken from the experience being more pertinent.

3.0 SUPPORTING PARAGRAPHS

3.1 The story being told offers the Board an opportunity to consider the experiences of people with mental health problems and the difficulty in navigating the system in crisis linking to the work currently being undertaken via the Crisis Concordat across services.

3.2 The story will be anonymised.

4.0 ALIGNMENT WITH THE CAMBRIDGESHIRE HEALTH AND WELLBEING STRATEGY

4.1 This story relates to Priority Four of the Health and Wellbeing Board; to create a safe environment and help build strong communities wellbeing and mental health.

5.0 IMPLICATIONS

5.1 There are no direct implications arising from this report.

6.0 RECOMMENDATION/DECISION REQUIRED

6.1 The Person's Story is being told as context for the remainder of the meeting.

Source Documents	Location
Health and Wellbeing Strategy	http://www.cambridgeshire.gov.uk/info/20004/health_and_keeping_well/548/cambridgeshire_health_and_wellbeing_board