

EMOTIONAL WELLBEING AND MENTAL HEALTH STRATEGY FOR CHILDREN AND YOUNG PEOPLE

To: **Children and Young People Committee**

Meeting Date: **9 December 2015**

From: **Adrian Loades, Executive Director: Children, Families and Adult Services**

Electoral division(s): **All**

Forward Plan ref: **N/A** *Key decision:* **No**

Purpose: **To inform the Committee of the completion of the Emotional Wellbeing and Mental Health Strategy for Children and Young People Strategy with key partners earlier this year. This is a new Strategy and the Committee is asked to approve the Council's commitment to the Strategy and its implementation.**

Recommendation: **The Committee is requested to support this Strategy and its implementation with partners.**

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1.0 BACKGROUND

- 1.1 Supporting the mental health needs of children, young people and their families in Cambridgeshire has been a priority for both the Health and Wellbeing Board and the Children's Trust. Following last year's Children's Trust conference partners committed to a more joined up approach, strategically and operationally, in supporting these needs as demand is growing and resources reduce.
- 1.2 The Strategy is intended to provide a collective vision for Cambridgeshire and Peterborough to support the leadership and direction required to address the emotional and mental health needs of children and young people over the next two years within a context of reduced funding and resources.
- 1.3 The Strategy seeks to maximize the use of available resources, including key partner resources, to improve outcomes for children and young people and their families. The Council's directorates have influenced the Strategy and have representation on the Strategy monitoring body, the Emotional Wellbeing and Mental Health Strategy Board.
- 1.4 The Strategy was consulted on between January and March 2014, with more than 20 responses from a variety of organisations.

Stakeholders involved include:

- Service User forums
- Cambridgeshire & Peterborough Clinical Commissioning Group
- Local Commissioning Groups
- Cambridgeshire County Council including Public Health
- Peterborough City Council and Borderline partners
- Voluntary and Community Sector Organisations
- Health Providers
- Schools and colleges

This feedback has been reflected in the final Strategy which can be found at **appendix 1**.

- 1.5 The Strategy adopts a broad definition of mental health. Good mental health is seen as important in helping to strengthen families, improve educational attainment and enable social engagement and participation.
- 1.6 The Strategy does not directly impact on any Council budget but it is intended that it directs and influences the Council in the decisions it makes when commissioning services and also how services are provided.

2.0 MAIN ISSUES

- 2.1 The Strategy sets the priorities for promoting and improving the emotional wellbeing and mental health for children and young people in Cambridgeshire and Peterborough and requires action from partners commissioning and providing services. The areas for action are listed below.

- Mental health support will be everyone's business, all partners will understand the role they can play and support will be co-ordinated, integrated, evidence based and cost effective.
- Our commissioning of mental health services will be outcome-focussed, maximising the capacity of statutory and voluntary sector organizations.
- There will be clear pathways of care across agencies, with the right level of expertise and a shared professional knowledge
- Services will be available for all levels of need, maximising the opportunities for early intervention and prevention, whilst also providing for those with severe and enduring mental health problems
- We will ensure children and young people's mental health needs are identified early and support is easy to access and prevents problems getting worse
- Standardised principles of practice will be adopted across all organisations

2.2 An implementation plan has been developed by partners and is in place to deliver the Strategy. Progress is monitored by the Emotional Wellbeing and Mental Health Strategy Board whose terms of reference are attached as appendix 2. This Board monitors the implementation of the Strategy Action Plan which is attached at appendix 3.

3.0 ALIGNMENT WITH CORPORATE PRIORITIES

3.1 Developing the local economy for the benefit of all

3.1.1 There are no significant implications for this priority

3.2 Helping people live healthy and independent lives

3.2.1 The report sets out the implications for this priority in section 2.

3.3 Supporting and protecting vulnerable people

3.3.1 The report sets out the implications for this priority in section 2.

4.0 SIGNIFICANT IMPLICATIONS

4.1 Resource Implications

4.1.1 This Strategy sets out an agreement between partners to work collaboratively to ensure best use and effectiveness of resources in the context of reduced funding and limited budgets.

4.2 Statutory, Risk and Legal Implications

4.2.1 There are no significant implications within this category.

4.3 Equality and Diversity Implications

4.3.1 There are no significant implications within this category.

4.4 Engagement and Consultation Implications

4.4.1 There are no significant implications within this category.

4.5 Public Health Implications

4.5.1 This Strategy builds on the Public Health Joint Strategic Needs Assessment and will support improvement of health for particularly vulnerable groups in Cambridgeshire

4.6 Localism and Local Member Involvement

4.6.2 There are no significant implications within this category.

Source Documents	Location
Emotional Wellbeing and Mental Health Strategy for Children and Young People.	Appendix 1.
Emotional Wellbeing and Mental Health Strategy for Children and Young People Board Term of Reference.	Appendix 2
Emotional Wellbeing and Mental Health Strategy for Children and Young People Action Plan	Appendix 3