

JOINT STRATEGIC NEEDS ASSESSMENT (JSNA) ON LONG TERM CONDITIONS ACROSS THE LIFECOURSE

To: Health and Wellbeing Board

Date: 2nd July 2015

From: Dr Angelique Mavrodaris, Consultant in Public Health Medicine

1.0 PURPOSE

1.1 This report is to introduce the Cambridgeshire JSNA on Long Term Conditions (LTCs) across the Lifecourse. The JSNA report is attached for the Board's consideration.

2.0 BACKGROUND

2.1 The HWB Board requested a JSNA on LTCs across the Lifecourse to be prepared for July 2015.

2.2 Due to the scale of the topic, a scoping paper was approved by the Health and Wellbeing Board in January 2015, detailing a thematic focus on people with adult-onset LTCs at high risk of poor health outcomes. This higher risk group was identified as a group where preventative interventions held the greatest potential to improve outcomes and reduce burdens on health and social care services.

2.3 A JSNA working group with colleagues from across Cambridgeshire County Council and Cambridgeshire & Peterborough Clinical Commissioning Group have considered evidence and input including key epidemiological data, high-quality evidence and national guidance, patient and citizen views, complemented by ongoing consultation with stakeholders to produce this work.

2.4 The preliminary data and evidence was presented to 40 stakeholders at an event on Tuesday 19th May to jointly elucidate key findings. The event concluded with Panel discussion, driven by key Stakeholder Panel members from Cambridgeshire County Council, Cambridgeshire & Peterborough Clinical Commissioning Group, Uniting Care and Hunts Forum (representing local third sector organisations) to agree the application and alignment of this work with current local workstreams across agencies.

2.5 A local views workshop was also held in April to ensure the views of people with LTCs and their carers remained at the centre of the JSNA.

3.0 SUPPORTING PARAGRAPHS

3.1 The JSNA Report (including Executive Summary) is attached as Appendix A.

3.2 The JSNA report is structured as follows:

1. Introduction
2. Long Term Conditions across the Lifecourse
3. Long Term Conditions in the Population: Characteristics of those at high risk of poor health outcomes
4. Long Term Conditions in Cambridgeshire: Describing the population at high risk of poor health outcomes
5. Living With Long Term Conditions: Local views on Improving Care
6. Care Management for the Population with Long Term Conditions: The House of Care model
7. Improving Care Management: Targeting and intervening
8. Improving Care Management: Supporting self-management
9. Key Findings
10. Data Supplement (key epidemiological data and service utilisation data for specific conditions)

3.3 The JSNA provides background, evidence and methods to identify those whose needs are such that they are vulnerable to poorer outcomes and requiring additional support from health or social care (specifically admission to hospital or care facility) as well as data describing this population at a local level. A review of the evidence base is also presented which highlights national guidance and recommendations and effective interventions in response to identified needs of the population with LTCs at risk of poorer outcomes.

3.4 As prioritised by stakeholders and supported by the literature; relevant cross-cutting themes were examined in greater detail to aid identification of a higher risk LTC population: multi-morbidity, limitation, pain, health inequalities, mental health and emotional wellbeing. A range of models of care were examined to identify solutions that could be applied to the local Cambridgeshire high risk LTC population.

3.5 A stakeholder engagement plan for this JSNA identified multiple stakeholders who have been engaged throughout the process, in shaping the scope, gathering and providing local views, and examining the findings. The relationships built during this JSNA process will be maintained and extended to support the further application of this work.

4.0 ALIGNMENT WITH THE CAMBRIDGESHIRE HEALTH AND WELLBEING STRATEGY

4.1 The JSNA is relevant to priorities 2 and 3 of the Health and Wellbeing Strategy 2012-17:

Priority 2: Support older people to be independent, safe and well

Priority 3: Encourage healthy lifestyles and behaviours in all actions and activities while respecting people's personal choices

5.0 IMPLICATIONS

5.1. The approach to LTCs within this JSNA is in alignment with emerging approaches to LTCs and models of care which move away from single disease models. This approach is in keeping and responds to demographic change and current pressures on health and social care resources. The JSNA describes a population at risk of poorer outcomes and therefore need for more intensive health and care resources. The JSNA presents a description of

those at higher risk and, in response, interventions and models of care that may be adapted to meet the needs of this group at a local level.

- 5.2. This JSNA provides important evidence and information to support the development of integrated systems of care, the commissioning of specific services across health and social care and to encourage awareness and signposting of available public health improvement programmes and services available across Cambridgeshire.
- 5.3. The process and production of the JSNA is timely as new structures and service design models are currently in effect across the County and for which this piece of work will provide a base and foundation for further work across several local priority areas.
- 5.4. This JSNA highlights opportunities for future work including:
 - Development of approaches responsive to those at high risk of future care
 - Integration of care across levels and agencies and development of a lifecourse approach to LTCs
 - Development of a person-centred approaches to care
 - Reduction of avoidable hospital admissions and admissions to social care
 - Promotion and provision of support to facilitate effective and appropriate self-management.

6.0 RECOMMENDATION/DECISION REQUIRED

- 6.1 The Health and Wellbeing Board is asked to approve the JSNA and to note the findings and the areas which are highlighted for further work.

Source Documents	Location
None	