

**LONG-TERM CONDITIONS JSNA - UPDATE REPORT**

To: Health and Wellbeing Board

Date: 7<sup>th</sup> July 2016

From: Dr Angelique Mavrodaris, Consultant in Public Health Medicine

**1.0 PURPOSE**

1.1 This report provides an update on the dissemination, utilisation and application of the Cambridgeshire Joint Strategic Needs Assessment (JSNA) on Long Term Conditions (LTCs) across the Lifecourse.

**2.0 BACKGROUND**

2.1 The LTCs JSNA was completed in July 2015, with a focus on people with adult-onset LTCs at high risk of poor health outcomes. This higher risk group was identified as a group where preventative interventions held the greatest potential to improve outcomes and reduce burdens on health and social care services.

2.2 A JSNA working group with colleagues from across Cambridgeshire County Council and Cambridgeshire & Peterborough Clinical Commissioning Group (CCG) considered evidence and input including key epidemiological data, high-quality evidence and national guidance, patient and citizen views, complemented by ongoing consultation with stakeholders to produce this work.

2.3 The JSNA provided background, evidence and methods to identify those whose needs are such that they are vulnerable to poorer outcomes and requiring additional support from health or social care (specifically admission to hospital or care facility) as well as data describing this population at a local level and key epidemiological data and service utilisation data for specific long term conditions. A review of the evidence base was also presented which highlighted national guidance and recommendations and effective interventions in response to identified needs of the population with LTCs at risk of poorer outcomes.

2.4 As prioritised by stakeholders and supported by the literature; relevant cross-cutting themes were examined in greater detail to aid identification of a higher risk LTC population: multi-morbidity, limitation, pain, health inequalities, mental health and emotional wellbeing. A range of models of care were examined to identify solutions that could be applied to the local Cambridgeshire high risk LTC population.

2.5 A stakeholder engagement plan for the JSNA identified multiple stakeholders who were engaged throughout the process, in shaping the scope, gathering and providing local views, and examining the findings. The relationships built during the JSNA process were maintained and extended to support further application of this work.

2.6 The LTCs JSNA was endorsed by the Health and Wellbeing Board in July 2015. The Board requested that a delivery plan be developed to enable monitoring of how the JSNA document is being used and that presentation and dissemination of the JSNA to other groups (including CCG Governing Body and Local Health Partnerships) was conducted.

### **3.0 SUPPORTING PARAGRAPHS**

3.1 A delivery plan as well as a communications plan for the JSNA were produced and progress has been monitored (see Appendix A).

3.2 The JSNA report was formally presented and actions for application discussed at - CCG Clinical and Management Executive Team, CCG Governing body, County Council Older People's Services & Mental Health Management Team, Local Health and Health and Wellbeing Partnerships, Local Commissioning Group Boards and Integrated Care Boards. Where the report was not presented, materials were circulated and communicated.

3.3 Effective dissemination has resulted in the JSNA providing the foundation for transformation work across the CCG (CCG Prevention Plan, Sustainability and Transformation Programme) and Better Care Fund Programmes (Healthy Ageing and Prevention) and informed the development of specific interventions across clinical working groups and the wider health and care system.

3.4 In addition, the Public Health Team have actively sought to promote and ensure the use of JSNA findings to support the design of new service models and response to needs where relevant, across the health and care system. In particular a detailed appreciation of the evidence on the scale and implications of multimorbidity in the population has been applied within local Public Health advice.

3.5 The complete report as well as supplementary data, slide sets and summaries are accessible on Cambridgeshire Insight to further facilitate utilisation.

3.6 A plain language summary has been produced and co-design of dissemination and action will be undertaken with the East of England Citizens Senate.

3.7 The Public Health Team needs to emphasise however, that while the Team has engaged in effective dissemination and communication of the work there are currently developments across the health and care system that have not implemented and built on from this work. As a joint strategic piece of work, opportunities exist to ensure the JSNA findings are embedded across the system within relevant workstreams and these need to be explored and maximised.

### **4.0 ALIGNMENT WITH THE CAMBRIDGESHIRE HEALTH AND WELLBEING STRATEGY**

4.1 The JSNA is relevant to priorities 2 and 3 of the Health and Wellbeing Strategy 2012-17:

Priority 2: Support older people to be independent, safe and well

Priority 3: Encourage healthy lifestyles and behaviours in all actions and activities while respecting people's personal choices

## 5.0 IMPLICATIONS

- 5.1. The JSNA has to date supported the development of integrated systems of care and the commissioning of specific service models across health and social care in response to local need and emerging approaches to LTCs.
- 5.2. The process and production of the JSNA proved timely as engagement with stakeholders during the process facilitated adoption of JSNA findings in new structures and service design models across Cambridgeshire and continues to provide a base and foundation for work across several local priority areas.

## 6.0 RECOMMENDATION/DECISION REQUIRED

- 6.1 The Health and Wellbeing Board is asked to note the information provided in this update and to further advise and advocate on how this work can be developed so the JSNA is not only widely disseminated but also implemented and utilised most effectively.

Source Documents	Location
JSNA report and slides	<a href="http://www.cambridgeshireinsight.org.uk/JSNA/LTCs-across-the-lifecourse-2015">http://www.cambridgeshireinsight.org.uk/JSNA/LTCs-across-the-lifecourse-2015</a>