

CAMBRIDGESHIRE AND PETERBOROUGH
ALL AGE AUTISM STRATEGY
2021 – 2026



This is our plan for how we want to
make life better for people with autism



We are all working together





Wendi is the Executive Director for People & Communities for Peterborough City Council (PCC) & Cambridgeshire County Council (CCC)

Carol Anderson is the Head Nurse for Cambridgeshire and Peterborough Clinical commissioning Group (CCG)



They hope it will help make Cambridgeshire and Peterborough autism friendly.



They want to thank all the people involved in writing this plan: people with autism, parents and carers, these local partners, and many others



They hope it will help make everyone in Cambridgeshire and Peterborough more aware of what people with autism need from them to have a good life



What is autism?



Autism is something you have for the whole of your life



About 1 in 100 people have autism



Autism affects how you understand other people



Autism affects how you make sense of things



Everyone with autism is different



Some people with autism might find it hard to meet people and make friends



Some people might find it hard to say what they need or how they feel



Some people might find it hard being in loud places or where there are lots of people or bright lights



Some people with autism are very good at understanding numbers and patterns



Some people with autism are very good at thinking creatively and solving problems



Some people with autism are very good at remembering things



This is what we want for people with autism in the future (our vision)



We want people with autism to be accepted and valued as individuals



We want them to be treated with respect and to be listened to



We want them to be understood and included in how services are developed to support them



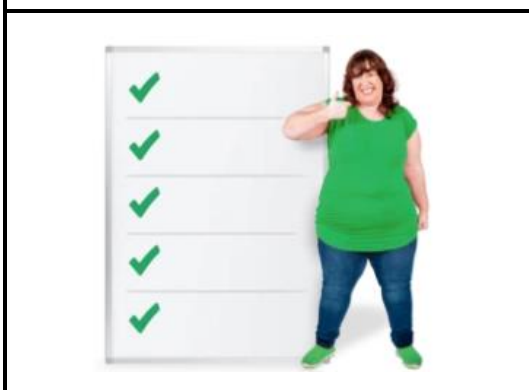
We want people with autism to have the same opportunities as other people to achieve their goals in life



This might mean living independently



It might mean being able to work locally if they wish to



Here are the 5 most important things we need to do to improve services for people with autism



1) People should be supported by people who are trained and understand autism, and how autism affects people



To do this we need to make sure all doctors, health care and social workers, teachers and others know about autism



2) People with autism should be identified as soon as possible



To do this we need to make sure the way to find out if you have autism is clear, and that there is help and support along the way



3) Children and young people with autism need support to help them prepare for adulthood



This will include help with housing and getting and keeping a job



And working with the police to make sure you feel safe where you live and work



4) People with autism need support to get the healthcare they need to live well



We will work with doctors, dentists, hospitals, and others to make sure people feel comfortable visiting them



We will make sure people get the support and information they need about health services



5) Parents and carers should have the help and support they need



To do this we will make sure people know how we can help or show them where to get support



Next steps

Over the next 5 years we will be working with people with autism, their families and carers to make sure this plan happens



Tell us what you think

By email

autismstrategyconsultation@peterborough.gov.uk

Write to

Janet Dullaghan

Questions for the draft All Age Autism Strategy



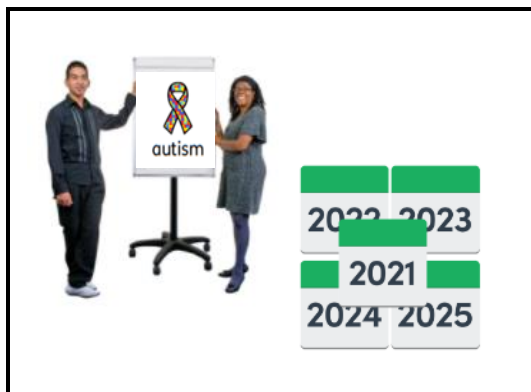
Do you understand why we have made a plan for people with autism?

☐

Yes

☐

No



Is the plan for the next 5 years clear?

☐

Yes

☐

No

☐

Prefer not to say



Can you think of anything that would make the plan better?



You can write your ideas in the next box. Or you can email us – contact details are at the end of this survey.

How the plan could be made better



Do you agree with what we said we want for people with autism?



We want people with autism to be accepted as individuals.

- ☐ Yes
- ☐ No
- ☐ Prefer not to say



We want them to be listened to and treated with respect.

- ☐ Yes
- ☐ No
- ☐ Prefer not to say



We want them to be understood and included in how services are developed.

- ☐ Yes
- ☐ No
- ☐ Prefer not to say



We want them to have the same chances as other people to reach their goals.

- ☐ Yes
- ☐ No
- ☐ Prefer not to say



We want them to be able to live independently if they want to.

- ☐ Yes
- ☐ No
- ☐ Prefer not to say



We want people to be able to work near where they live if they want to.

- ☐ Yes
- ☐ No
- ☐ Prefer not to say



Do you agree with what we said were the 5 most important things to do and how we are going to do them?



1) People with autism should be supported by doctors, social workers and teachers who understand autism.

- ☐ Yes
- ☐ No
- ☐ Prefer not to say



2) People with autism should be identified as soon as possible. The pathway to do this should be clear, with help and support.

- ☐ Yes
- ☐ No
- ☐ Prefer not to say



3) Children with autism should have support to help them prepare for adulthood, including getting a job and a place to live.

- ☐ Yes
- ☐ No
- ☐ Prefer not to say



4) People with autism should have support to get the healthcare they need.



Doctors, dentists and hospitals should have autism training so that people feel comfortable visiting them.

- ☐ Yes
- ☐ No
- ☐ Prefer not to say

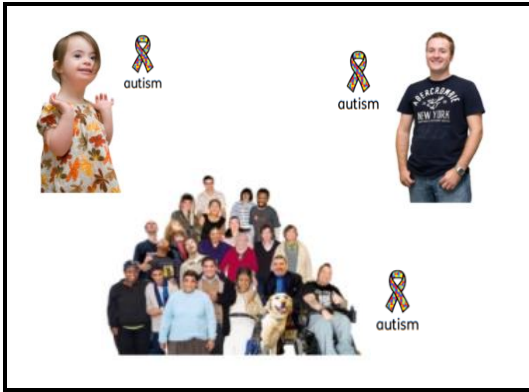


5) Parents and carers should have the help and support they need.



We need to make sure people know how and where to get support.

- ☐ Yes
- ☐ No
- ☐ Prefer not to say



Do you think saying 'Children, adults and people with autism' is OK?

- ☐ Yes
- ☐ No



Or is it better to say 'autistic people'?

- ☐ Yes
- ☐ No

Can you think of any other better words to use when talking about people who have autism?



Please tell us which of these applies to you.



- ☐ Parent or carer
- ☐ Professional
- ☐ Person with lived experience of autism
- ☐ Interested member of the public
- ☐ Prefer not to say



Please tell us how old you are

- ☐ Under 16
- ☐ 16 - 29
- ☐ 30 - 44



- ☐ 45 – 59
- ☐ 60 – 74
- ☐ 75 or over
- ☐ Prefer not to say

Please tell us what group you belong to:

[Add simple list of ethnic groups?]

Please tell us the first part of your postcode



Filling in this form will not tell us who you are or anything else about you.



You can email us if you want to tell us anything about your experience of autism.

autismstrategyconsultation@peterborough.gov.uk

Write to

Janet Dullaghan