

Appendix A: Health and Wellbeing Board themed meeting template

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| | <p>Meeting theme:</p> <p>Priority 3 Encourage healthy lifestyles and behaviours in all actions and activities while respecting people's personal choices</p> | |
| | <p>Focus areas:</p> <ul style="list-style-type: none"> ● Encourage individuals and communities to get involved and take more responsibility for their health and wellbeing ● Increase participation in sport and physical activity, and encourage a healthy diet, to reduce the rate of development of long-term conditions, increase the proportion of older people who are active and retain their independence, and increase the proportion of adults and children with a healthy weight. ● Reduce the numbers of people who smoke ● Promote individual and community mental health and wellbeing, prevent mental illness and reduce stigma and discrimination against those with mental health problems. ● Work with local partners to prevent hazardous and harmful alcohol consumption and drug misuse. ● Promote sexual health, reduce teenage pregnancy rates and improve outcomes for teenage parents and their children. | |
| 1. | <p>Overarching partnership delivering against this priority and how this links to the Health and Wellbeing Board</p> | <p>There are a number of partnerships that oversee different healthy lifestyle initiatives. The overarching partnerships are the Health and Well Being Board and The Public Health Reference Group. The five local Health and Well Being Partnerships are linked to the Health and Well being Board by elected members from each of the District and City Authorities.</p> <p>Public Health Reference Group</p> <p>The Cambridgeshire Public Health Reference Group (PHRG) provides whole system leadership and multi-agency co-ordination for public health initiatives in Cambridgeshire. It focussed on improving outcomes for residents and reducing health inequalities. It is co-chaired by the Chief Executive of Fenland District Council and the Director of Public Health.</p> |

District and City Health and Well Being Partnerships

The District and City Councils host and sponsor the local Health and Well Being partnerships.

Remit and Governance

Each Partnership has its own governance structure and Terms of Reference. The key themes being:

- To provide a forum for the wider engagement of parties interested in health and well being, including health inequalities so that they may jointly evolve solutions to protect and improve the health and wellbeing of residents
- To provide leadership and strategic direction to local strategic partner organisations to enable them to contribute to improving health and well-being
- To provide local information, to the Cambridgeshire Health and Wellbeing Board and Districts' Forum, related to health and well-being and advise on the impact of any relevant policy changes, service changes, proposals and/or identified need.
- To consider existing issues or those likely to arise, that may require interventions to protect the health of people determinant of health, improve public health or affect change to services impacting on health/care services.

Membership of the Partnerships

They have representation from a range of partners. The representation mix of members will vary between each partnership which reflects local circumstances.

- **District and City Council Elected Members**
- **District and City Council officers (Leisure, Community,**

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| | | <p>Environmental Health, Housing, Migrant Workers)</p> <ul style="list-style-type: none"> • Cambridgeshire Health and Well-Being Board • Cambridgeshire County Council Adult(Children, Families and Adults – Social Care, Adult Learning, Public Health) • Cambridgeshire and Peterborough Clinical Commissioning Group and Local GP Commissioning Groups • GP Patient Representation Groups • Hinchingsbrooke Health Care NHS Trust • Cambridge University Hospitals Foundation Trust • Older People Services • HealthWatch Cambridgeshire • Community Voluntary Service • Age UK • Housing Associations <p>Alcohol and Drugs Partnership</p> <p>The Drug and Alcohol Action Team (DAAT) is the multi-agency strategic partnership working to implement National and local Drug and Alcohol priorities. The functions of the DAAT sit within the ‘Cambridgeshire Safer Communities Partnership Team’ which is hosted within Cambridgeshire County Council.</p> <p>The DAAT Partnership Board leads on strategic development and oversight of prevention and treatment interventions and related commissioning.</p> |
| 2. | Recent Relevant Joint Strategic Needs Assessments (JSNAs) | <p>Children and Young People 2010 http://www.cambridgeshireinsight.org.uk/currentreports/children-and-young-people</p> <p>Prevention of Ill health in Adults of Working Age JSNA 2011 http://www.cambridgeshireinsight.org.uk/currentreports/jsna-prevention-ill-health-adults-working-age-2</p> |

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| | | <p>Physical and Learning Disability throughout the Life Course http://www.cambridgeshireinsight.org.uk/joint-strategic-needs-assessment/current-jsna-reports/physical-and-learning-disability-through-life</p> <p>Prevention of Ill Health in Older People 2013 http://www.cambridgeshireinsight.org.uk/joint-strategic-needs-assessment/current-jsna-reports/prevention-ill-health-older-people-2013</p> <p>Transport and Health 2014/15 http://www.cambridgeshireinsight.org.uk/JSNA/Transport-and-Health-2014/15</p> <p>Primary Prevention of Ill Health in Older People 2014 http://www.cambridgeshireinsight.org.uk/primary-prevention-ill-health-older-people2014</p> <p>Long Term Conditions Across the Life Course http://www.cambridgeshireinsight.org.uk/JSNA/LTCs-across-the-lifecourse-2015</p> |
| 3 | <p>a) Integrated partnership strategy or strategies in the health and care system delivering on this priority</p> | <p>The Health System Transformation ‘Prevention’ Strategy includes a focus on multi-agency lifestyle and behaviour change interventions which make savings for the NHS, It has potential to be broadened to cover a wider range of health and wellbeing outcomes relevant to all HWB Board partner agencies.</p> <p>A joint medium term obesity prevention strategy is under development by the Public Health Reference Group.</p> <p>Partnership Strategies overseen by the Children and Young People’s Joint Commissioning Unit (includes Cambridgeshire and Peterborough Clinical</p> |

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| | | Commissioning Group, Cambridgeshire County Council and Peterborough City Council) and for older people, the People's Cambridgeshire Executive Partnership Board (CEPB) are also key to delivering priority 3 and these partnership arrangements are addressed through the reporting of Priority 1 and 2. |
| 4. | Joint commissioning and Section 75 arrangements | <p>Sexual Health: A Section 75 has been established between NHS England and Cambridgeshire County Council to enable the new Integrated Sexual health Service to continue to provide HIV services, which includes lifestyle advice (HIV is a Long Term Condition) to the more vulnerable groups living with HIV.</p> <p>Children and Older People's Services include Section 75 agreement which will be picked up in Priority 1 and 2 updates</p> |
| 5. | Alignment of NHS Cambridgeshire and Peterborough Clinical Commissioning Group's (CCG) commissioning plans with this priority | <p>CCG Prevention Strategy</p> <p>The Health System Prevention Strategy and its priorities provides a new opportunity for the CCG to build preventive initiatives into commissioning plans. The CCG is planning further work on obesity services, in particular tier 4 obesity services for which responsibility is due to transfer from NHS England to CCGs. The CCG Mental Health Commissioning Strategy has a lifestyle focus amongst its objectives.</p> <p>The CCG has recently introduced a 'Stop before your Op' policy to promote smoking cessation before elective surgery.</p> |