

**ADULTS COMMITTEE: MINUTES**

**Date:** Thursday 10 January 2019

**Time:** 2.00 pm to 4.00 pm

**Present:** Councillors A Bailey (Chairwoman) A Costello, S Crawford, J French, N Harrison, D Giles, M Goldsack, M Howell (Vice-Chairman), D Wells and G Wilson

**Apologies:** None

**152. APOLOGIES FOR ABSENCE AND DECLARATIONS OF INTEREST**

No apologies received. No declarations of interest received.

**153. MINUTES – 13 DECEMBER 2018 AND ACTION LOG**

The minutes of the meeting held on 13 December 2018 were agreed as a correct record and signed by the Chairwoman.

A number of points were raised following up actions, on the action log which included:

- Minute 147 – A copy of the updated slides was requested to be circulated to Committee and confirmation was sought that the updated slides were published on the Councils website. **ACTION.** It was confirmed that a report updating the Committee on the ADASS regional self assessment would be brought to the next Committee meeting in March. **ACTION**
- Minute 148 – A full briefing was requested by Councillors in relation to the the Business Case A/R.6.126 - Learning Disability - Converting Residential Provision to Supported Living, including information on where the individuals had gone and the savings to date. **ACTION**

**154. PETITIONS AND PUBLIC QUESTIONS**

The Committee considered a petition with 750 signatures collected from local residents, churches and businesses, in objection to the proposed closure of The Haven Mental Health Supported Accommodation Service, 112 Wulfstan Way, Cambridge.

The petition was presented by Pastor David Stearn of Queen Edith's Chapel, Cambridge, who raised a number of concerns in relation to the distress the potential move had caused the residents and the perceived lack of transparency in relation to the decision.

A public question was also presented by Ms Marisha Ray in relation to

the proposed closure - "How did the council propose, in detail, to ensure that it rigorously carried out its statutory duties to the residents of the Haven?"

Members raised a number of questions of clarification with both speakers.

The Chairwoman gave a formal response to both the petition and public Question (see appendix 1 of the minutes). Ms Ray had also raised further written questions on the matter which the Chairwoman clarified she would receive a formal response on within 10 working days. **ACTION**

Councillor Amanda Taylor, the Councillor for Queen Edith's also addressed the Committee in relation to the proposed closure. She requested a full report on the options and costs involved.

Members questioned whether adaptations that had been carried out in other supported accommodation in Cambridge, could be carried out at the Haven.

The Chairwoman clarified that she would look into the matter further and update the Committee.

#### **155. CARE HOMES DEVELOPMENT WORK STREAM 2 TO COMMISSION NEW BLOCK CONTRACTS**

The Committee considered a report that sought approval for a recommended approach to increase care home capacity under work stream 2 of the Care Homes Development Programme. The report also provided an update on the Competitive Dialogue process under work stream 3 of the Care Homes Development Programme including Commercial and Investment Committee approval for the first development site.

The Council had recently secured 39 additional residential units in Cambridge City and South Cambridgeshire by extending existing contracts. There was however an immediate shortfall of 111 units across East Cambridgeshire, Huntingdonshire and to a lesser extent, South Cambridgeshire. The aim was to award contracts to start on 1 July 2019.

In discussing the report Members:

- Requested that Officers reviewed contract lengths as part of the review.  
**ACTION**

- Noted that at this time council loans would not be considered as the disadvantages stated in the report outweighed the advantages.

One member requested that Officers go back and look at shortages in Fenland as this did not feature in the report. Local intelligence showed that relatives were having to go out to Norfolk and beyond. **ACTION**

Members noted that a lot of work had gone into understanding the demand data

and this had gone into planning for the future. Members requested a workshop on Future Need and Demography so that they could understand this further.

**ACTION**

It was resolved unanimously to:

approve the recommended commissioning approach to secure new care home capacity via block contract arrangements.

delegate authority to award contracts to successful providers to the Joint Commissioning Board.

**156. DISCHARGE AND TRANSITION CARS REPORT**

The Committee received a report on a proposed extension of the current Discharge and Transition Car block contract for 7 months and 3 days to allow for a re-procurement exercise to take place. This ensured the continued alleviation of the lack of homecare capacity and supported Delayed Transfers of Care (DTOC).

In discussing the report Members:

- Sought further information on the function of the cars. Officers clarified that the cars carried home workers supporting people to help with their care and support needs and was a mobile service.
- Queried if there would be any cost implications on extending the contracts. Officers confirmed that there would be not cost implications for the Council.
- Queried how the location of cars would be monitored to ensure the service could be utilised efficiently. Officers explained that it was possible to view the locations of the cars and this would be tightened up through the re-procurement exercise, with the use of up to date technology.

It was resolved by majority to approve:

the exemption that would allow extension of the existing Discharge and Transitions Cars contract for a further 7 months and 3 days – this would mean the new contract could start on a Tuesday rather than a weekend.

the commencement of a new procurement exercise for the Discharge and Transition cars to ensure the council remained compliant with procurement Regulations.

delegated authority to the Executive Director for People and Communities to approve the award of the new contract once the tendered exercise was completed.

## **157. REVIEW AND REDESIGN OF OLDER PEOPLE'S DAY OPPORTUNITIES**

The Committee considered a report that outlined a recommended approach to reviewing and redesigning older people's in – house and externally commissioned day opportunities in Cambridgeshire and Peterborough. Cambridgeshire County Council funded a total of 30 older people's day services across the county offering a service to approximately 392 older people. This amounted to an annual spend of £761,307. The day services were attended by older people, older people with learning disabilities and older people at various stages on their journey with dementia.

A key theme of the Adults Positive Challenge Programme was to review funded services that would prevent the need for ongoing social care in order to clearly define the outcomes expected from these services and rationalise ongoing funding. Alongside this programme the Communities and Safety Directorate were leading a system-wide approach to prevention called the 'Think Communities' approach. There was a need to offer more individual choice and control in the future which would involve a robust review and re-design of these services in collaboration with service users and carers

In discussing the report Members:

- Noted that in recent years referrals to these services had dropped substantially. Officers explained that there were a number of reasons for this which included the perception that the services were institutionalised and old fashioned. There was also a lack of male clients using these services and more targeted opportunities such as "man sheds" were proving to be popular in other areas.
- Requested that a more detailed look at the voluntary/non funded aspects of this service would be required and would need to be built in to the review. The Council supported a small proportion of the population financially so understanding the extent of the voluntary services was crucial to the success of the review. **ACTION**
- Queried the Day Service Overview table at appendix 1 of the report and requested that CCC employees be added to the list in relation to in - house services. A breakdown of costings was also requested. **ACTION**
- Expressed enthusiasm for the review and requested that the review be community focussed and not overly bureaucratic and that more interaction between older people and those with learning disabilities would be of great benefit.
- Requested that all County Councillors should be asked for information on opportunities available in their Divisions. **ACTION**

It was resolved unanimously to:

approve the approach towards reviewing and redesigning in-house and externally commissioned older people's day opportunities in Cambridgeshire and Peterborough.

## **158. DELAYED TRANSFERS OF CARE (DTC) PROGRESS REPORT**

The Committee received a progress report on Delayed Transfers of Care (DTC). The latest published UNIFY data showed that in September 2018 there was a total of 3,127 delayed days, of which 2,734 were in acute care. 75.6% of all delayed days were attributed to the NHS, 23.2% to Social Care and the remaining 1.2% to both NHS and Social Care. For September 2018 Cambridgeshire, compared to all single tier and county councils in England, was ranked 147 on the overall rate of delayed days per 100,000 population aged 18+.

The report outlined actions and mitigations including; Significant Improved Better Care Fund investment, streamlining the discharge process, the expansion of reablement, brokerage enhancements, additional care home capacity and domiciliary care capacity.

In discussing the report Members:

- Queried the frequency of the reports the Committee received on DTC numbers. Officers to review and clarify frequency. **ACTION.**
- Noted that there is now a whole systems approach to DTC. Officers explained that there was a realisation from all agencies that the current model was not working and that the preventative agenda was key. There was a need to ask people what would make a difference to them. There was a focus on the Adults Positive Challenge Programme and building on primary care. There had been a positive shift in the relationship with NHS partners.
- Queried what support was available for those needing very marginal help. Officers explained that a new organisation had just been commissioned called 'My Care Selection' to support in this area. Training was also being provided to NHS staff on having conversations about finances.
- Requested further information on where investments had been made and what difference they had made overall in the next DTC report to Committee. **ACTION**
- Queried recruitment issues and discharge planning nurse capacity in relation to Brexit. Members noted that a paper was due to come to Committee in July on this subject and that a lot more work had been planned in relation to growing our own staff as there were no quick fixes to the issues faced.
- Queried what could be done to get the NHS figures down. Officers explained that a Brokerage service had been developed to tackle this.

It was resolved unanimously to note and comment on the report.

#### **159. ADULTS POSITIVE CHALLENGE PROGRAMME**

The Committee considered a report on the progress of the Adults Positive Challenge Programme. The report followed on from an update at the September 2018 meeting.

In discussing the report Members:

- Queried the Learning Disability project outcome measure set out in 2.3.9 of the Report. Members questioned what types of packages and measures were being taken. Officers explained that it had been difficult to balance the qualitative and the quantitative measures but that they would relook at them as a whole. **ACTION**
- Noted the need to measure the duration of reablement intervention decreases.
- Requested that Officers look at how reduced hospital admissions could be reflected further in the outcome measures. This could include statistics from the Enhanced Response Service. **ACTION**

It was resolved unanimously to:

note and comment upon the information contained in the report.

#### **160. FINANCE AND PERFORMANCE REPORT – NOVEMBER 2018**

The Committee received the November 2018 iteration of the Finance and Performance report. In presenting the report it was noted that People and Communities at the end of November forecasted an overall overspend of £4.4 million which was an increase from the forecast of £4 million in the October report.

The increase in forecast was mainly within lines relating to Adults Committee, which had forecast an overspend of £464k – this was an increase of £292k since the October report.

In discussing the report members:

- Noted that the overspend had been taken into account in the business planning process for the next financial year.
- Noted that the negative Revenue Support Grant (RSG) had not been taken forward by government.

It was agreed unanimously to review and comment on the report.

**161. AGENDA PLAN, APPOINTMENTS AND TRAINING PLAN**

Members requested an update on Care Homes and Supported Living in Cambridgeshire that were currently being affected by any changes, including the Haven and Hinton Grange. **ACTION**

Members requested that the Adults Positive Challenge should go to a future Members Seminar. **ACTION**

Members noted the agenda plan and training plan.

**162. DATE OF NEXT MEETING**

Members noted the date of the next meeting as 21 March 2019

**Chairwoman**

## **Appendix 1**

### **Response for Adults Committee**

**How does the council propose, in detail, to ensure that it rigorously carries out its statutory duties to the residents of the Haven?**

The Haven Mental Health Supported Accommodation Service is commissioned by Cambridgeshire County Council and support is delivered by Metropolitan Housing Association. The service provides supported housing for up to 8 older people with mental health issues at 112 Wulfstan Way. The specification and nomination criteria for the service details that the service is for people who are 65 years of age or older with a mental health need and are generally able bodied and able to live an independent life in the community.

Each resident of the service holds a tenancy for their accommodation with Aldwyck Housing (formerly King Street Housing) and this tenancy ensures the rights of each tenant under housing legislation.

Work has been carried out to assess the viability of the support service provision at The Haven to ensure that it meets the needs of the current residents, that the environment is appropriate to their needs and that, as part of the Council's duties to ensure that resources are allocated appropriately the service meets needs in the most effective way.

The Council's statutory duties to the residents of The Haven apply under both the Mental Health Act 1983 and the Care Act 2014. The Council has after-care responsibilities for any of the current residents who have previously been detained under relevant sections of the Mental Health Act. This includes providing suitable accommodation where this is a necessary component in meeting the patient's aftercare needs.

In addition the Council is undertaking its duties under the Care Act 2014 by completing Care Act Reviews carried out by Mental Health Social Workers. The outcomes of the reviews and any subsequent statutory responsibilities that are identified for each individual will be adhered to and the appropriate support provided as part of the wider consideration of how each resident's wishes are being considered in response to any planned changes.

As part of this process, a number of actions have been taken to ensure that the Council is carrying out its duties to the individuals currently residing at The Haven.

- All residents have been allocated a Mental Health Social Worker to carry out a review of their needs under the Care Act. This involves the individual and their families/circle of support and looks at each resident's current and emerging needs in a holistic way including mental health, physical needs, emotional needs and any aspirations for the future. This may include where people want to live as well as what support they may need now and in the future. This work is being overseen by a Senior Mental Health Social Worker. The allocated Mental Health Social Workers have extensive knowledge of the



residents currently residing at The Haven and are monitoring their wellbeing as the discussions about any potential changes are taking place.

- All residents have been offered support to access an Independent Advocate if they wish. This is in addition to the collaborative approach to each individual's assessment of needs and provides support for the individual to have their voice heard through an Advocate acting on their behalf.
- The Housing Provider (Aldwyck/King Street Housing) has also been involved in providing support to current tenants around their rights under individual tenancy arrangements. This is an agreement between the Landlord and the individual tenant and, dependent on the terms of the tenancy, there are no legal options for the Council to compel people to move out of The Haven. Each individual's rights under their tenancy agreement are protected and would not be revoked through any changes to the support arrangements at The Haven. The option to remain at The Haven, albeit with potential changes in the way support is delivered, is a further option that forms part of the overall discussion with the current residents.

The Council is continuing to explore all opportunities to meet the needs of the individual residents at The Haven and will continue this alongside the on-going review of needs. This includes the possibility of investment in the building and facilities to enable the current cohort to continue to reside at the accommodation in line with their current and emerging individual needs. We require co-operation for this from the Landlord and have been able to re-open this conversation following the merger between Aldwyck and King Street Housing as previous indications had been that further investment was not possible. Council officers are in the process of exploring this further to make an assessment of the Landlord's ability to invest alongside any adaptations that may be required following the Care Act reviews currently being undertaken. Many of the other accommodation options within Cambridgeshire for older people have been significantly modernised and adapted over the last 15 years and may provide a more appropriate alternative.