

Monitoring improvement

The Health and Wellbeing Board plans to monitor the actions proposed in the Strategy every six months, and to review changes in health outcomes for residents every year.

11. Do you have any other ideas on how the Health and Wellbeing Strategy should be monitored?

About you

The following questions will help us understand the spread of responses from across Cambridgeshire and Peterborough

12. How would you describe your gender?

- Female Male Prefer not to say Prefer to self-describe: (please specify)

13. Which age group do you fall in?

- Under 18 18-24 25-34 35-44 45-54 55-64 65-84 Prefer not to say

14. Do you have a disability or long-term health condition?

- Yes No Prefer not to say

15. What is your ethnic group?

- White Mixed/multiple ethnic group Asian/Asian British Black/African/Caribbean/Black British
 Other ethnic group (please specify)..... Prefer not to say

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16. Would you say you are?

- Bi Gay Man Gay woman/Lesbian Heterosexual/Straight
 Prefer to self-describe: (please specify)..... Prefer not to say

17. What is the first half of your postcode? (This is optional but it will help us to check that we've received responses from all parts of Cambridgeshire and Peterborough)



CAMBRIDGESHIRE and PETERBOROUGH

Joint Health and Wellbeing Strategy 2020-24

QUESTIONNAIRE

What do you think about our priorities?

The Health and Wellbeing Board brings together the organisations responsible for making decisions about health, wellbeing and care services in Cambridgeshire and Peterborough.

This includes local NHS organisations, elected Councillors, local authority public health, adult social care and children's services, and local Healthwatch.

The Board works together to plan how best to meet the needs of the local population and tackle inequalities in health. We have developed a draft Health and Wellbeing Strategy to help us do this.

We have chosen four priorities for the Strategy, in order to help the people in our communities live healthy lives. These are the things that it is most important for us to do.

PRIORITY ONE: places that support health and wellbeing

The places where we live, work, learn and socialise have a big impact on our health. For this priority, we want to focus on:

- Build new homes and provide transport links that help people stay healthy and active, and support actions to reduce climate change.
- Work together to prevent homelessness, and provide support to vulnerable homeless people to move into stable housing.
- Help people with fewer qualifications access education and skills training to improve their employment chances. Help more people with long-term conditions into work.

1. Do you feel these are the right things to support the people in your community to be healthier?

- Strongly disagree Disagree Neither agree nor disagree Agree Strongly Agree

1b If you answered 'strongly disagree' or 'disagree', why do you feel these aren't the right things to support the people in your community to be healthier?

2. Are there any other things which should be done to make the place where you live healthier?

PRIORITY TWO: Helping children achieve the best start in life

Having a healthy and safe environment in early childhood and being ready to start school helps people have better health throughout their lives. For this priority we want to focus on:

- Support the families of children from pre-birth to five-years' old to give them the best start in life.
- Work together to improve mental health services and support for older children and adolescents.

3. Do you feel these are the right things to help children achieve a healthy start in life?

Strongly disagree Disagree Neither agree nor disagree Agree Strongly Agree

3b If you answered 'strongly disagree' or 'disagree', why do you feel these aren't the right things to help children achieve a healthy start in life?

4. Is there anything else that could help children achieve the best start in life?

PRIORITY THREE: **INSIDE FRONT** Staying healthy throughout life

This means people having the opportunity to live a healthy lifestyle as well as having access to health services. For this priority we want to focus on:

- Work together to help people achieve a healthy weight.
- Support people to manage long-term conditions like diabetes and heart disease.
- Reduce smoking.
- Improve mental health and access to services
- Ensure services work together to meet the needs of people as they grow older.

5. Do you feel these are the right things to help people stay healthy throughout life?

Strongly disagree Disagree Neither agree nor disagree Agree Strongly Agree

5b. If you answered 'strongly disagree' or 'disagree', why do you feel these aren't the right things to help people stay healthy?

6. Is there anything else that would help people stay healthy throughout life?

PRIORITY FOUR: good quality health and social care

Good quality health and social care when you need it matters to everyone. For this priority we want to focus on:

- Develop a local community approach to make sure that services and communities work together to help people when they need it. This is called 'Think Communities'.
- Work together to meet the needs for health and care services of a growing local population.
- Address financial challenges together
- Act as a system to reduce inequalities in health between communities.

7. Do you feel these are the right things to help improve the health and social care services?

Strongly disagree Disagree Neither agree nor disagree Agree Strongly Agree

7b. If you answered 'strongly disagree' or 'disagree', why do you feel this plan won't help improve the quality of health and social care?

8. Is there anything else that would help improve health and social care services?

INSIDE BACK

Our draft Health and Wellbeing Strategy

Our draft Health and Wellbeing Strategy is available online. (If you don't have time to look at this, you can move straight to question 12.)

9. How far do you support our joint Health and Wellbeing Strategy to improve health and wellbeing for people in Cambridgeshire and Peterborough?

Strongly disagree Disagree Neither agree nor disagree Agree Strongly Agree

10. Do you have any comments on the draft Strategy?
