

Overview of Mind of My Own

Mind of My Own is a web based application which can be accessed via a smartphone, tablet, laptop or desktop computer. The program helps children and young people express themselves and communicate with professionals in their lives making sure they are heard. Both One App and Express are effective direct work tools which can be used by a range of professionals from social workers and teachers to support workers.

The **MOMO One App** is a great way for young people to share their thoughts and send them to those who need to hear from them. The app has a number of options called statements which the young person can choose to use, for example preparing for a meeting, share good news or sort a problem. This version of the app provides prompts in terms of what the young person might want to share, for example: preparing for a meeting there are a number of questions, like who do you want to be there, sit next to or talk about, but there is also room for the young person to expand and provide more of a narrative of their views. The app is available to young people to have their own account or they can access it via their workers account when they have a one to one session. The app is able to assist in guiding or structuring a conversation with a young person. The young person can choose who they want to send their statement to.

The **MOMO Express App** is aimed at younger children or those with additional needs and uses expressive pictures, minimal text and affirming sounds. It has some accessibility features that can be tailored to the needs of the child and it can be used to support education, health or social care planning or review process, including EHC plans. The Express App is designed to be used with a worker.

Number of YP accounts – 117			
Number of worker accounts – 384			
	July 2019	August 2019	Sept 2019
Number of statements per month from YP	7	2	7
Number of statements per month via worker	5	13	24
MOMO Express Statements per month	49	13	14
Top 3 subject matters each month MOMO ONE (older children)	Foster Carer Review - 33% Worker Visit – 25% Preparation/Problem - 17%	Foster Carer Review – 50% Preparation – 27% Worker Visit – 9% Child Protection Conference – 9%	My Wellbeing – 32% Foster Carer Review – 29% Worker Visit and Preparation– 16%
Top 3 subject matters each month MOMO EXPRESS	About Me – 27% My Life – 25% My Education – 19%	About Me – 27% My Education – 20% My Health – 20%	My Life – 32% My Education and About Me – 21%

Mind of My Own Summary

The apprentice for the APP continues to offer team training and one to one support. As a team we have targeted safeguarding teams to promote the use of the APP as part of the preparation in capturing the voice of the child/young person for a review child protection conference.

Below is a summary of feedback received from children and young people through the one APP.

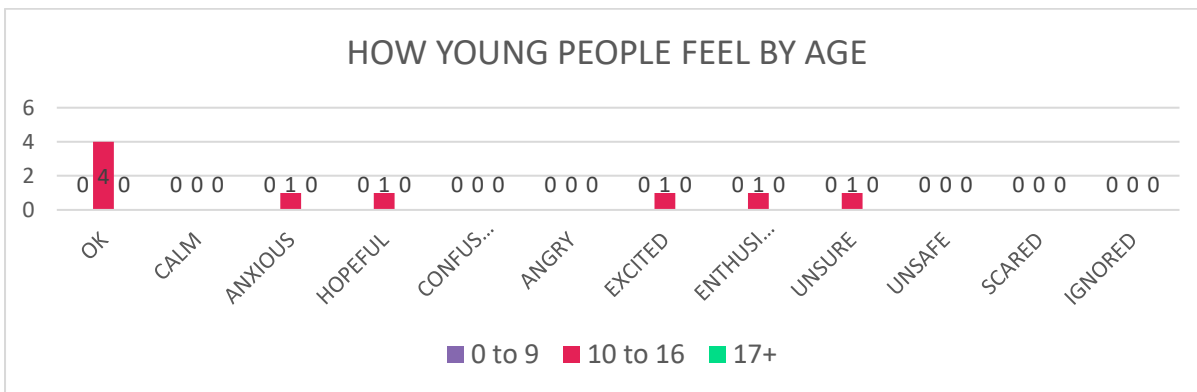
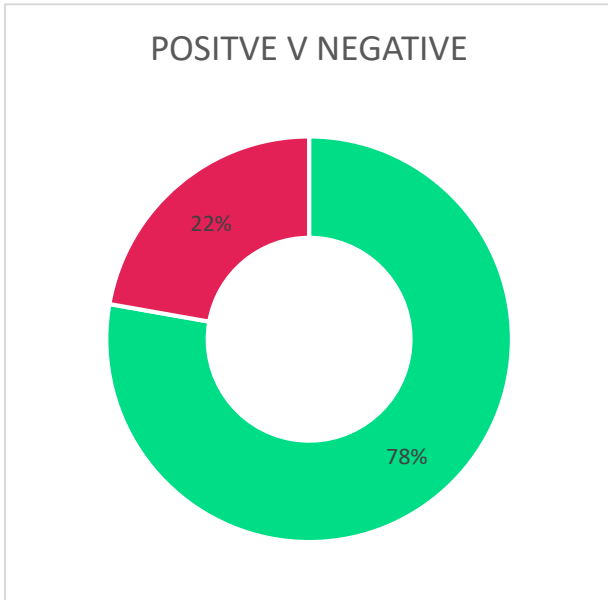
Mind of My Own Statistics

The developers have updated the dashboard which means we can extract information from the statements we receive from children and young people and the following charts are an example of the information we have gathered for the months of July, August and September 2019.

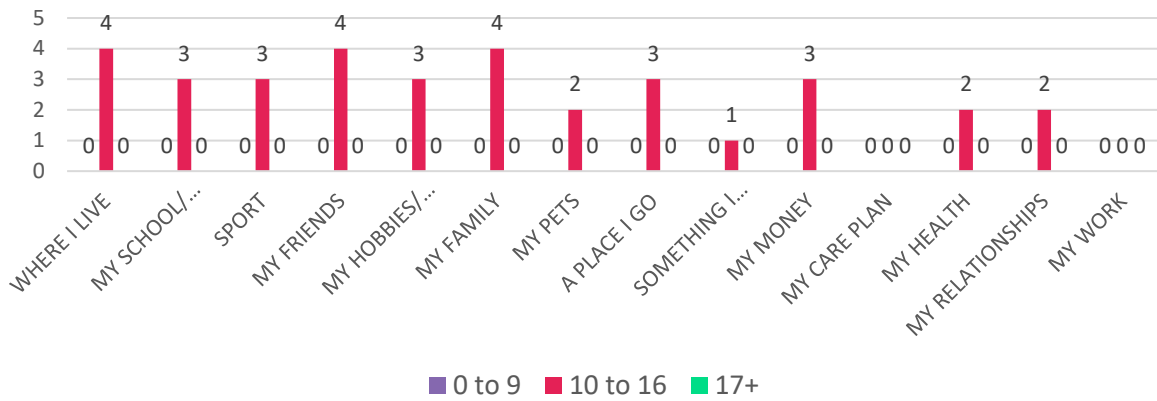
Any feedback we have received from young people which is negative has been followed up and addressed appropriately.

July 2019

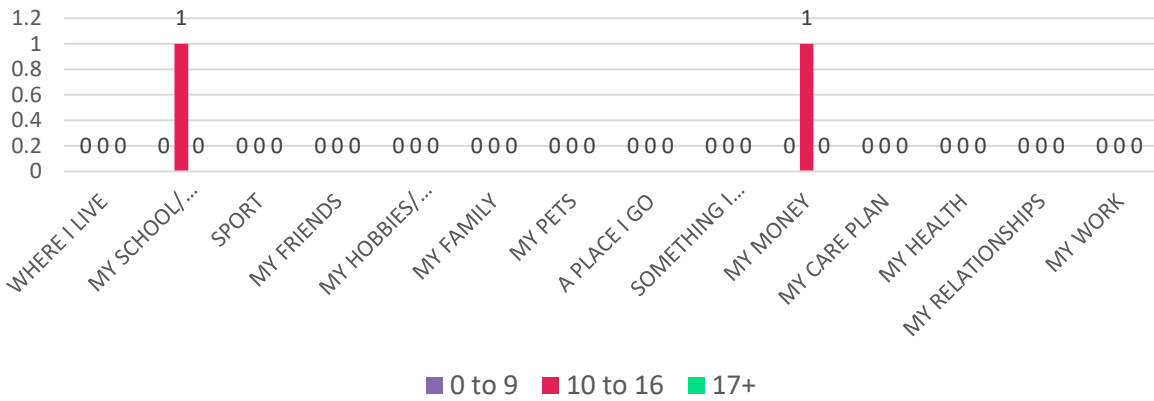
How young people are feeling in general



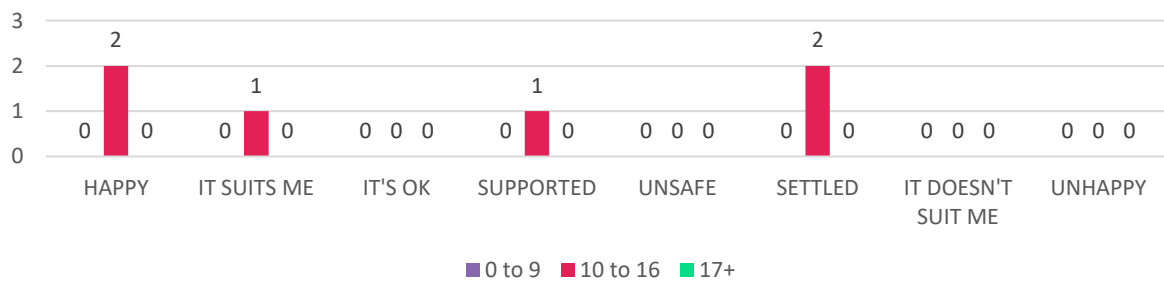
WHATS GOOD IN LIFE BY AGE



WHATS NOT GOOD IN LIFE BY AGE

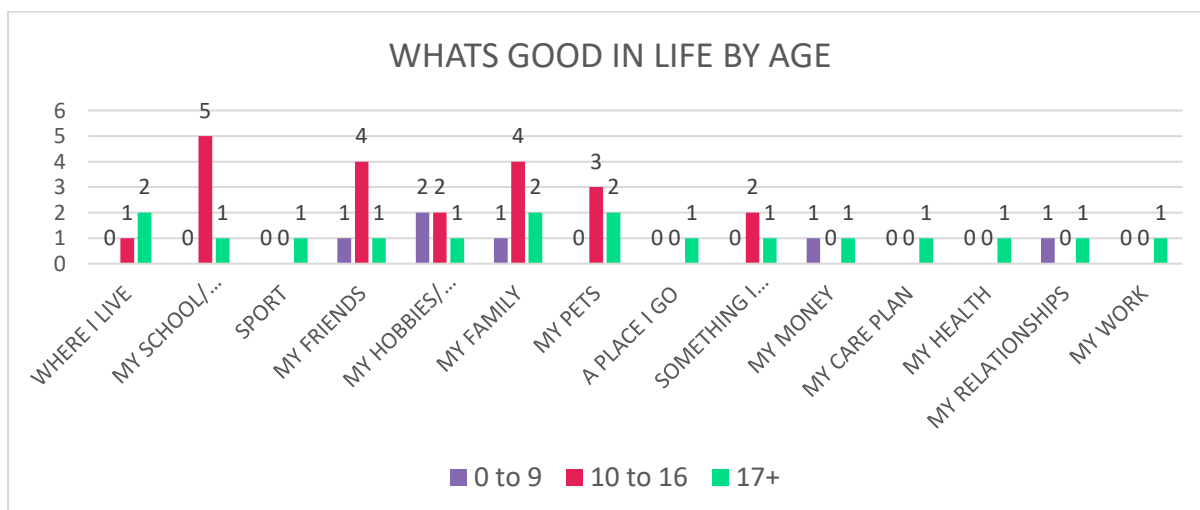
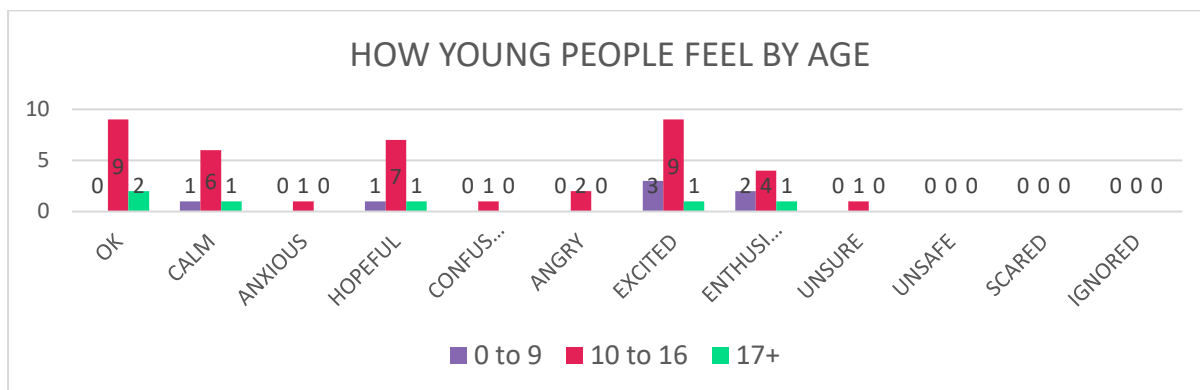
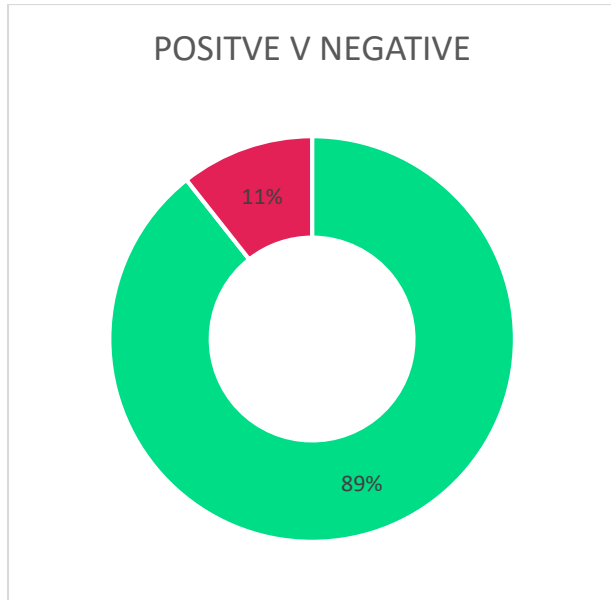


HOW YOUNG PEOPLE FEEL WHERE THEY LIVE BY AGE

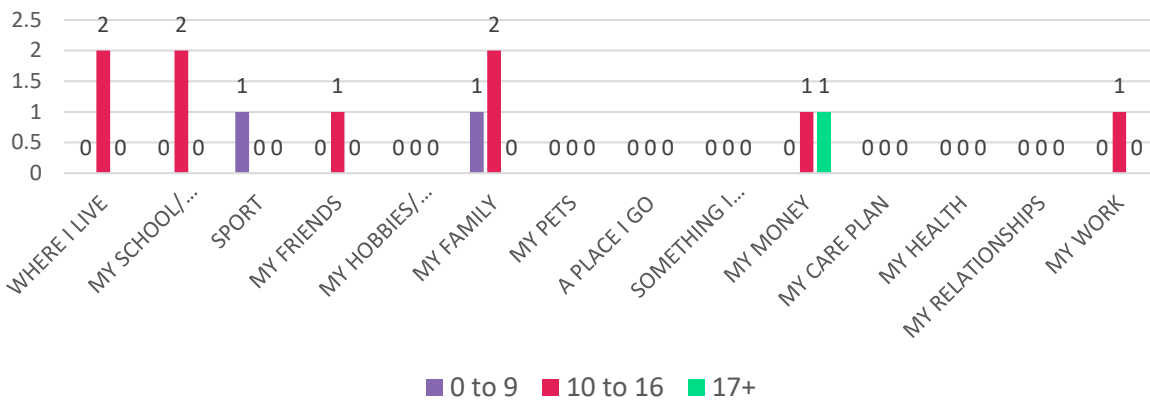


August 2019

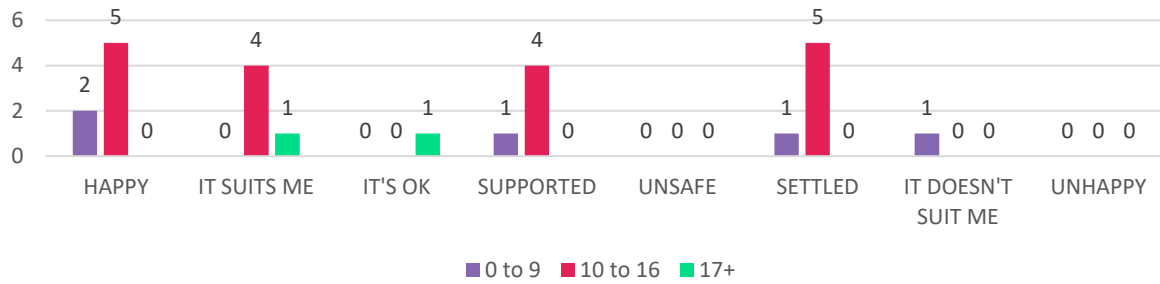
How young people are feeling in general



WHATS NOT GOOD IN LIFE BY AGE



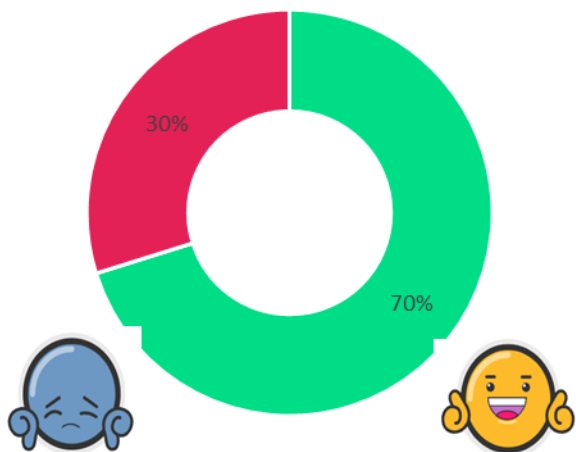
HOW YOUNG PEOPLE FEEL WHERE THEY LIVE BY AGE



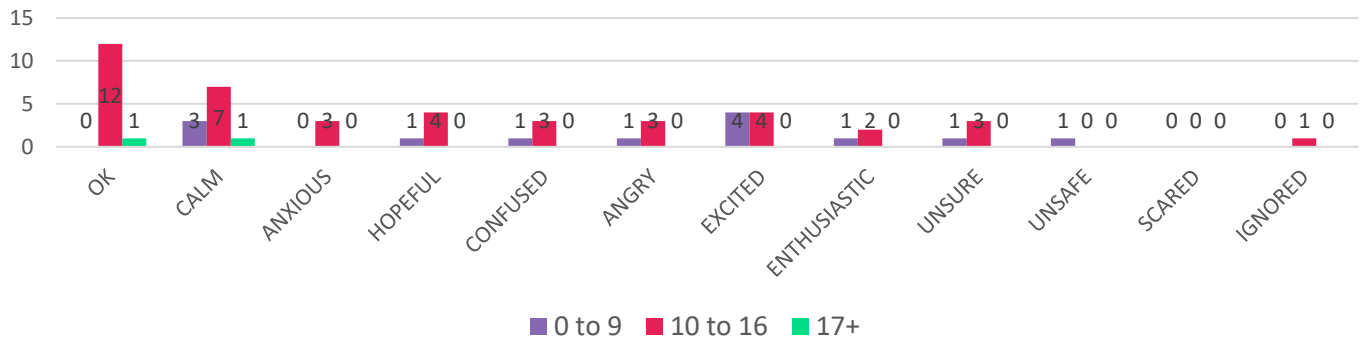
September 2019

How young people are feeling in general

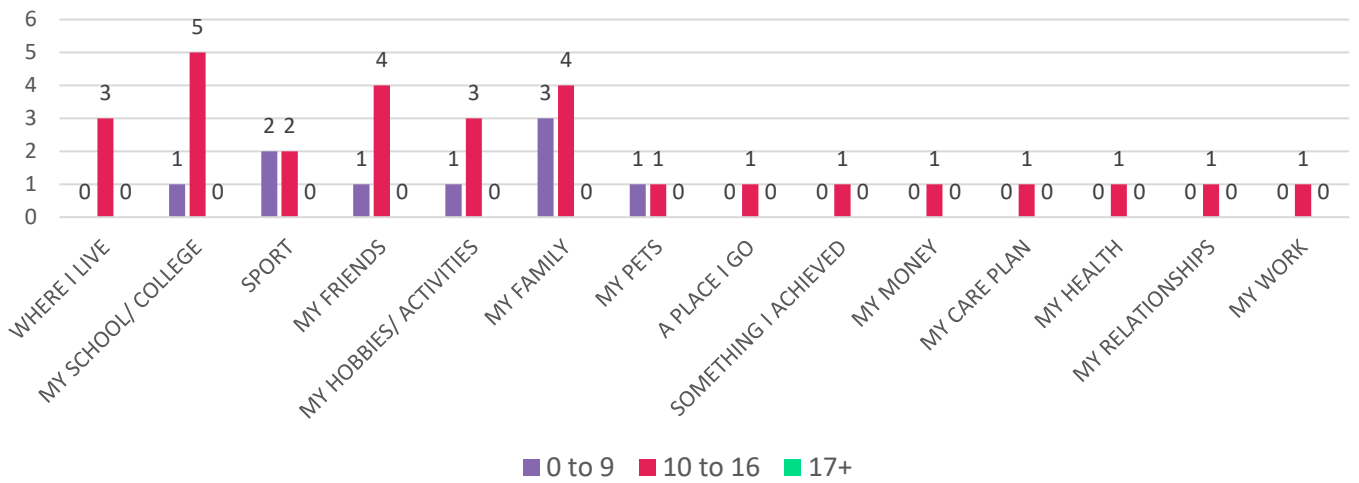
POSITIVE V NEGATIVE



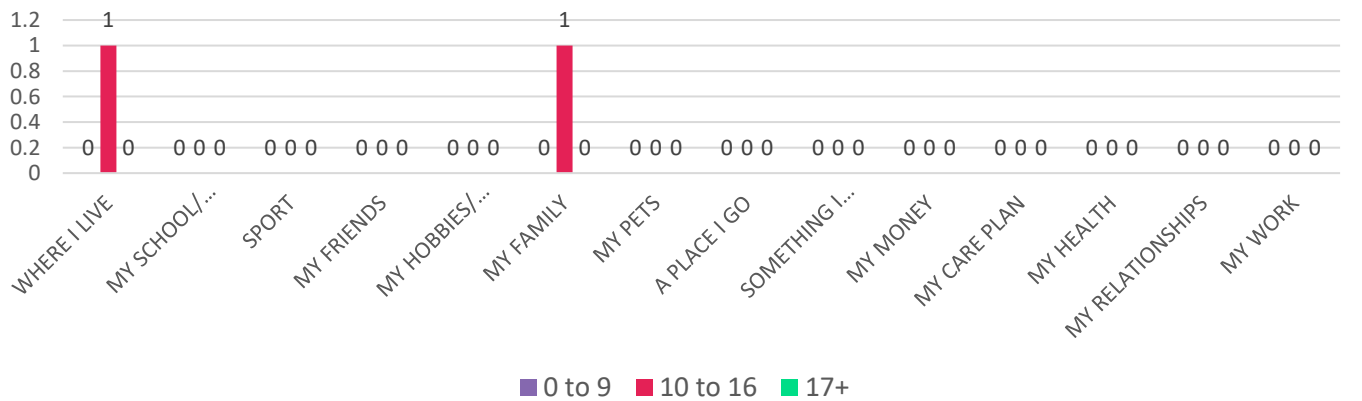
HOW YOUNG PEOPLE FEEL BY AGE



WHATS GOOD IN LIFE BY AGE



WHATS NOT GOOD IN LIFE BY AGE



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