

Appendix 1 – Item 4

Overview of Mind of My Own

Mind of My Own is a web based application which can be accessed via a smartphone, tablet, laptop or desktop computer. The program helps children and young people express themselves and communicate with professionals in their lives making sure they are heard. Both One App and Express are effective direct work tools which can be used by a range of professionals from social workers and teachers to support workers.

The **MOMO One App** is a great way for young people to share their thoughts and send them to those who need to hear from them. The app has a number of options called statements which the young person can choose to use, for example preparing for a meeting, share good news or sort a problem. This version of the app provides prompts in terms of what the young person might want to share, for example: preparing for a meeting there are a number of questions, like who do you want to be there, sit next to or talk about, but there is also room for the young person to expand and provide more of a narrative of their views. The app is available to young people to have their own account or they can access it via their workers account when they have a one to one session. The app is able to assist in guiding or structuring a conversation with a young person. The young person can choose who they want to send their statement to.

The **MOMO Express App** is aimed at younger children or those with additional needs and uses expressive pictures, minimal text and affirming sounds. It has some accessibility features that can be tailored to the needs of the child and it can be used to support education, health or social care planning or review process, including EHC plans. The Express App is designed to be used with a worker. The Mind of My Own developers have added some additional reporting functions which we have used for the first time for the purposes of this report.

Number of YP accounts – 110			
Number of worker accounts – 376			
	July 2019	August 2019	Sept 2019
Number of statements per month from YP	7	2	
Number of statements per month via worker	5	13	
MOMO Express (younger children) Statements per month	49	13	
Top 3 subject matters each month MOMO ONE (older children)	Foster Carer Review - 33% Worker Visit – 25% Preparation/Problem - 17%	Foster Carer Review – 50% Preparation – 27% Worker Visit – 9% Conference – 9%	
Top 3 subject matters each month MOMO EXPRESS (younger children)	About Me – 27% My Life – 25% My Education – 19%	About Me – 27% My Education – 20% My Health – 20%	

Mind of My Own Summary

The apprentice for the APP continues to offer team training and one to one support. As a team we have targeted safeguarding teams to promote the use of the APP as part of the preparation in capturing the voice of the child/young person for a review child protection conference.

The use of the one APP was low for July 2019 with only 12 statements in total received for the month. The use of the express APP reached a total of 49 statements. The One APP Statements in August 2019 have increased to a total of 21 and there has been a real decrease in the number of statements received via the Express APP.

The one APP statements received continue to be consistently used for foster carer reviews.

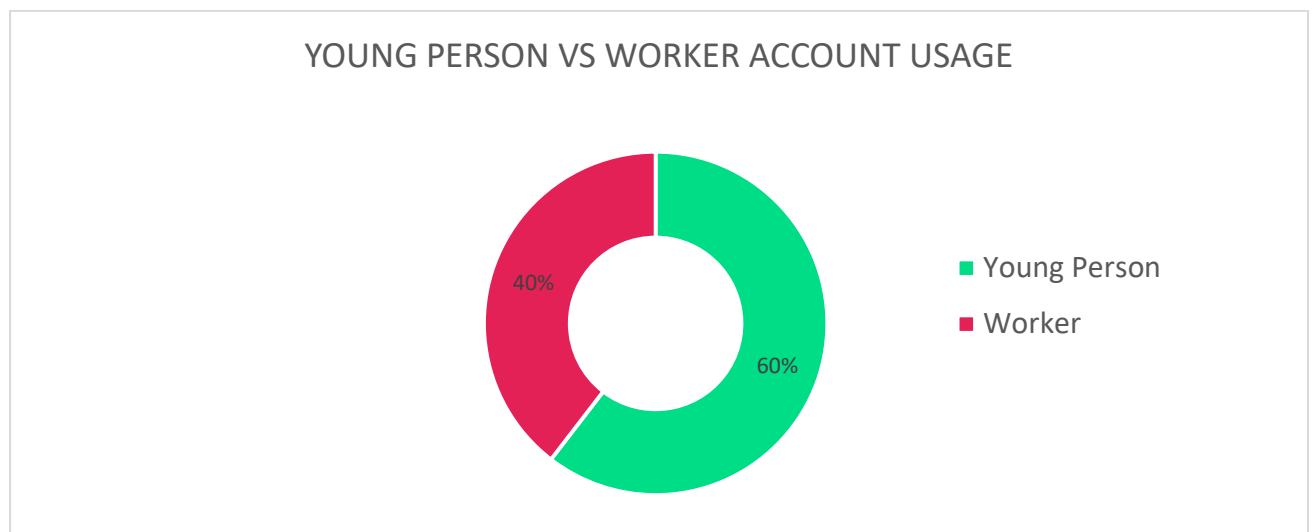
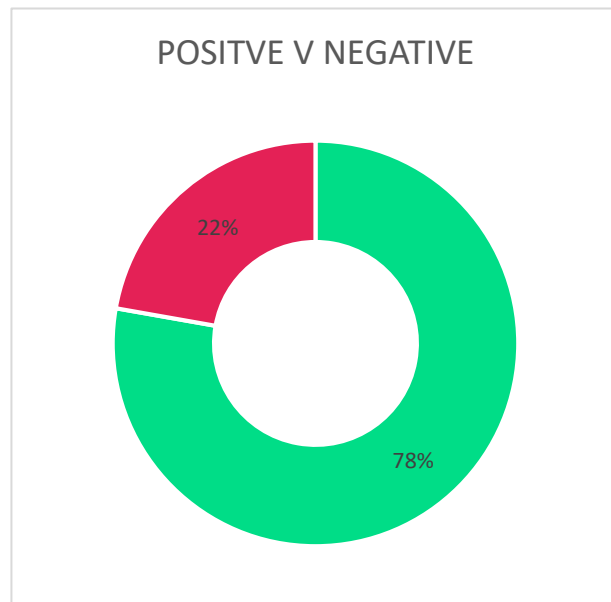
Below is a summary of feedback received from children and young people through the one APP.

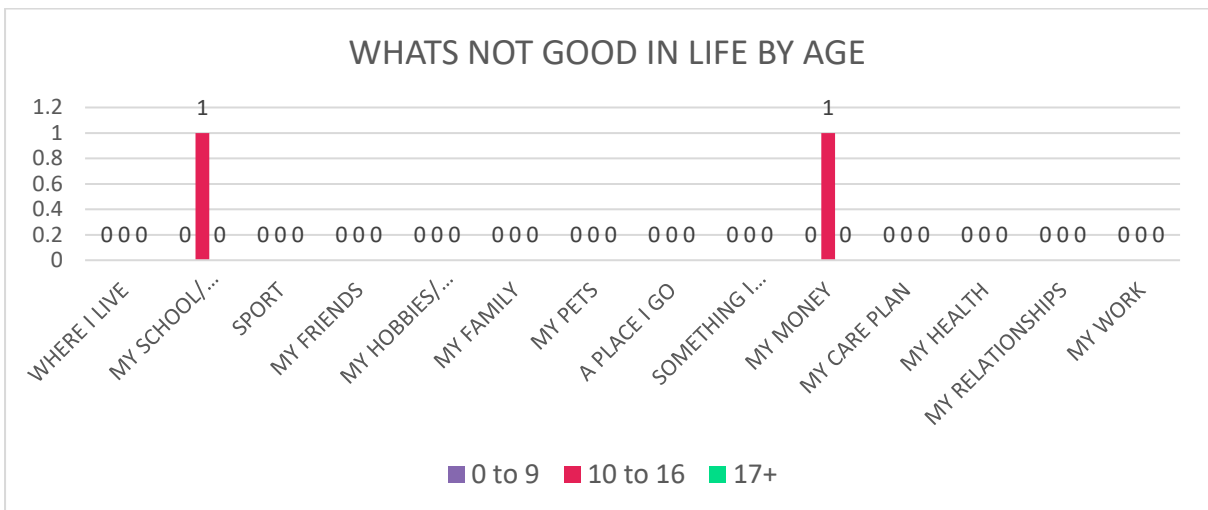
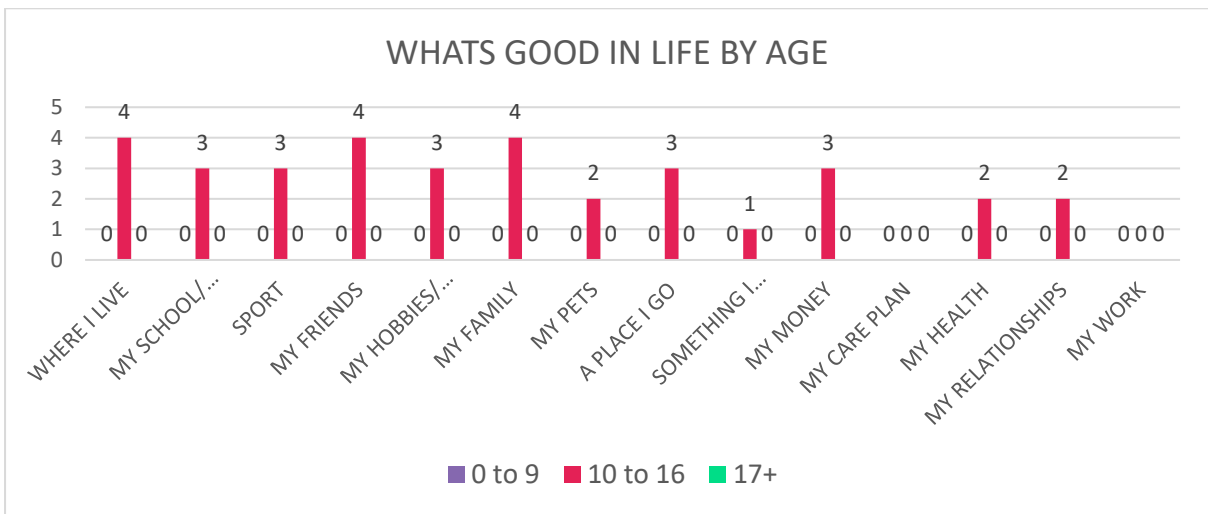
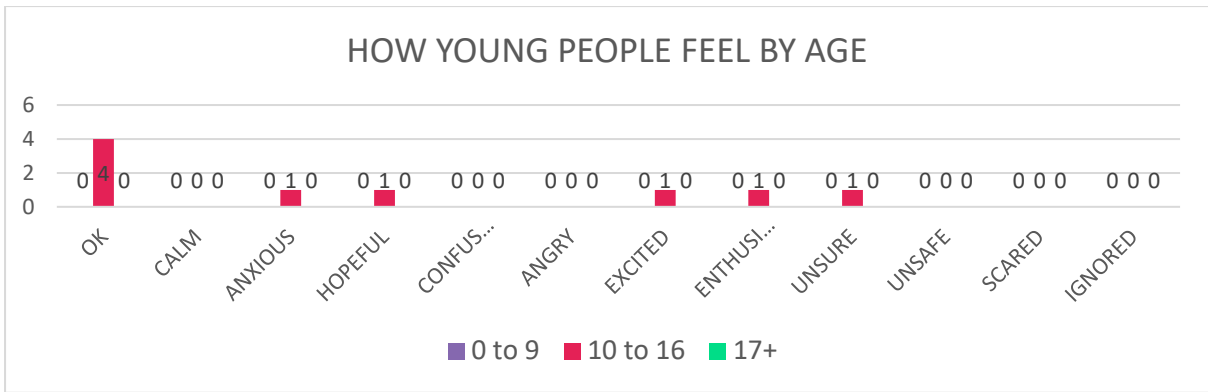
Mind of My Own Statistics

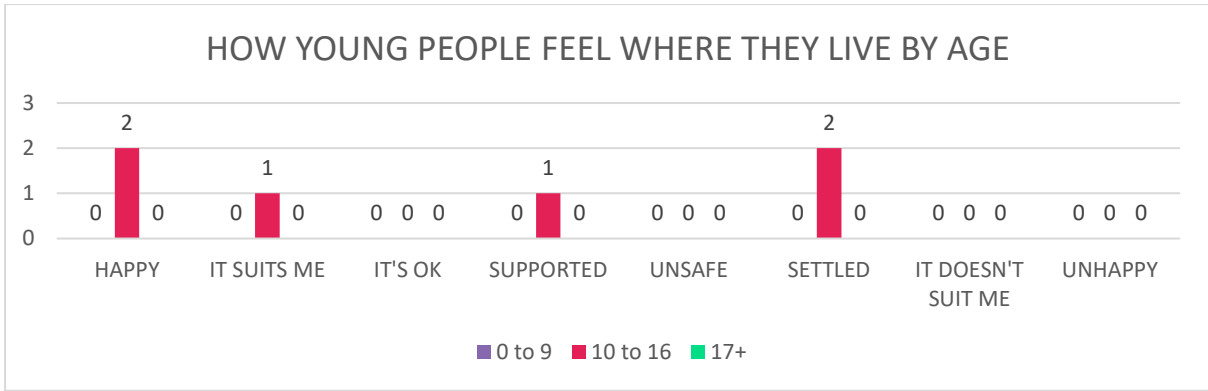
The developers have updated the dashboard which means we can extract information from the statements we receive from children and young people and the following charts are an example of the information we have gathered for the months of July and August 2019.

July 2019

How young people are feeling in general

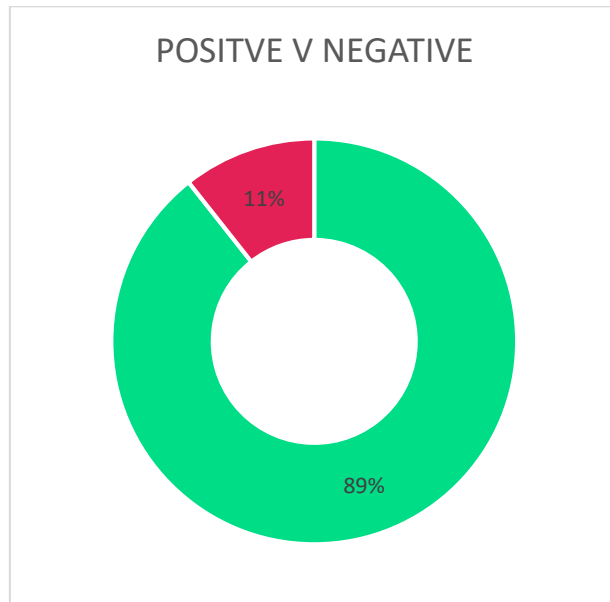




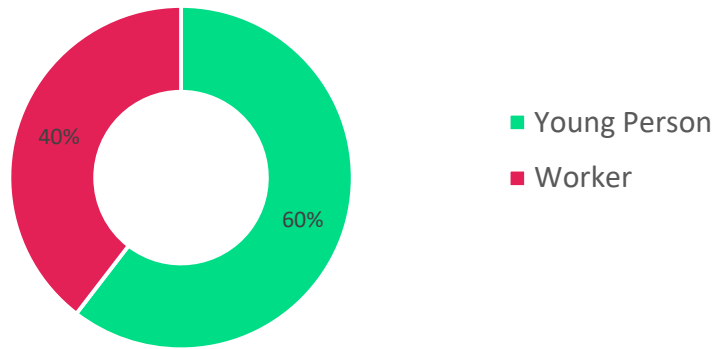


August 2019

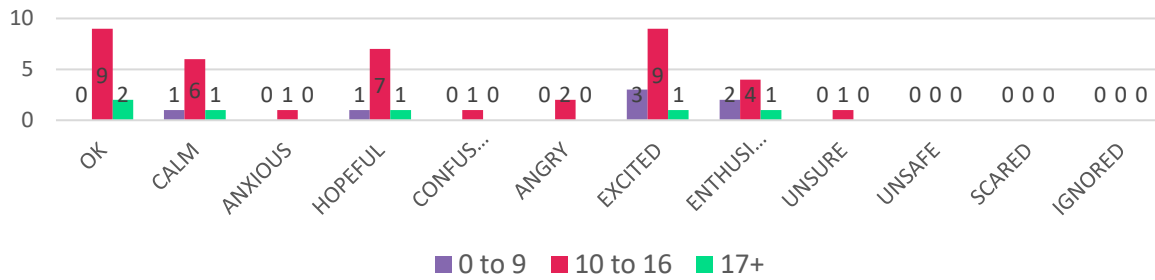
How young people are feeling in general



YOUNG PERSON VS WORKER ACCOUNT USAGE

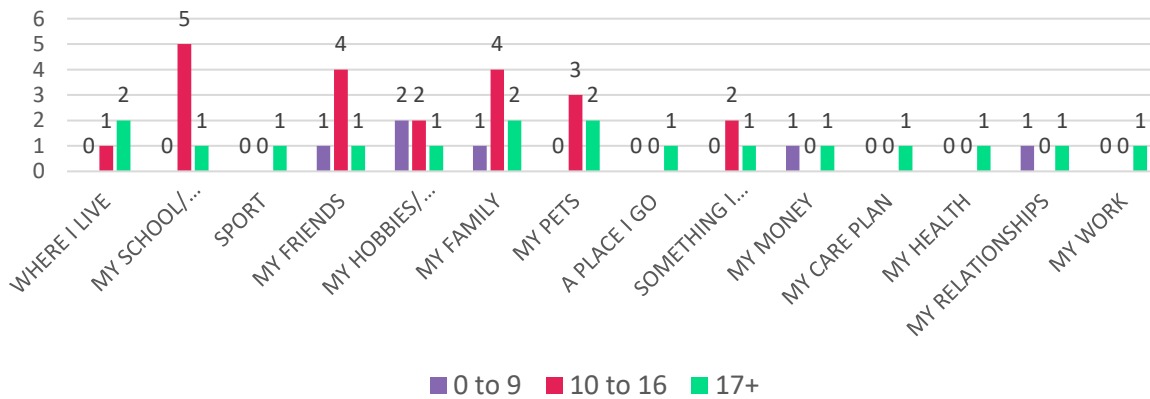


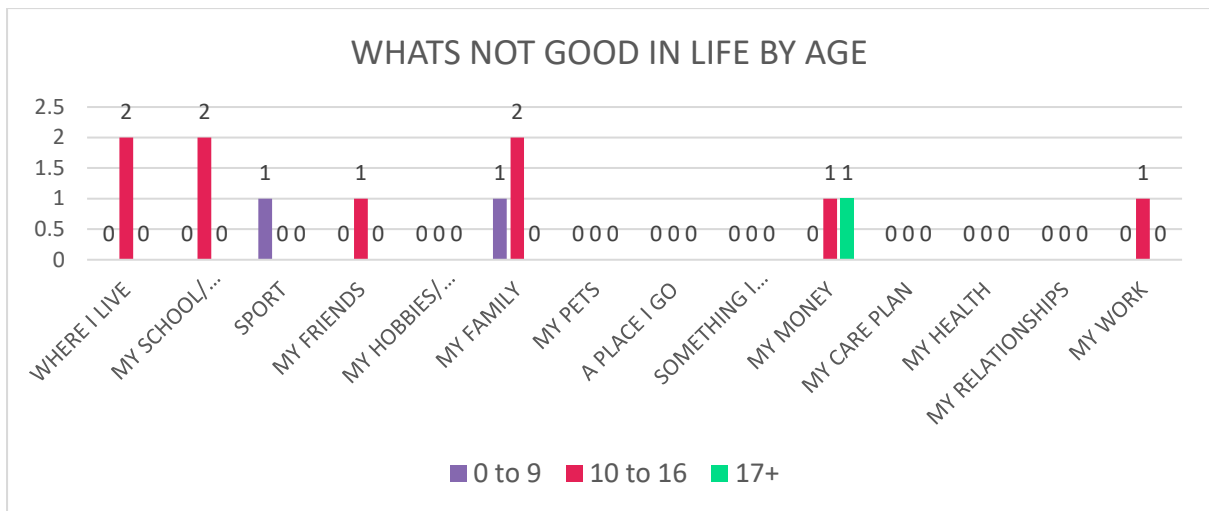
HOW YOUNG PEOPLE FEEL BY AGE



The young person who reported that they felt anxious, also said that they felt OK, Calm, Hopeful, Confused, Angry, Excited, Enthusiastic, Unsure. This seems to be related to their care plan and whether they will be returning home and this is what they shared for their foster carers review.

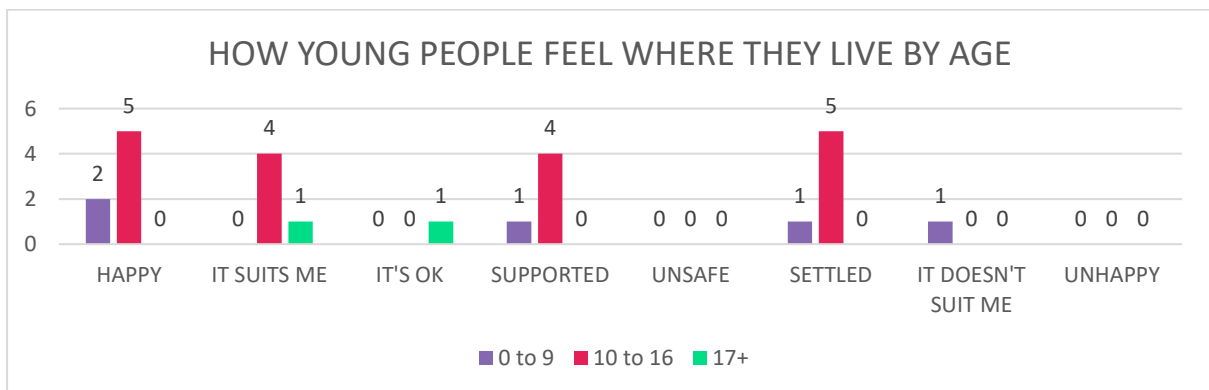
WHATS GOOD IN LIFE BY AGE





One young person aged between 10 and 16 reported that where they lived wasn't good but the statement shared positive feedback about their placement for the foster carers review. They have since moved placements.

The other young person who reported that where they live wasn't good in their life was the same young person who shared it didn't suit them and they have subsequently returned home as part of their care plan.



The one young person who reported that where they lived didn't suit them has recently been rehabilitated back home to their family at the conclusion of care proceedings. However they did say they felt safe and supported in their placement.