

**COMMISSIONING INTEGRATED LIFESTYLE SERVICES**

**To: HEALTH COMMITTEE**

**Meeting Date: October 17 2019**

**From: Director of Public Health**

**Electoral division(s): All**

**Forward Plan ref: 2019/67**                      **Key decision: Yes**

**Purpose:**                      **The Integrated Lifestyle Service is currently being re-commissioned for Cambridgeshire County Council and Peterborough City Council as one contract, with Cambridgeshire County Council acting as the lead commissioner. This paper is to secure the appropriate delegated authorities to award the contract following the competitive tender.**

**Recommendation:**                      **The Health Committee is asked to support and approve the following.**

- a) The establishment of a legal agreement between Cambridgeshire County Council (CCC) and Peterborough City Council (PCC) that assigns Cambridgeshire County Council as the lead commissioner.**
- b) Delegate sign off for the agreement to the Director of Public Health in consultation with the Chair and Vice Chair of the Committee.**
- c) Authorise the Director of Public Health, in consultation with the Chairman and Vice Chair of the Health Committee, to formally award the new shared contract, effective from April 2020, subject to compliance with all the required legal processes.**
- d) Authorise the Consultant in Public Health, Health Improvement, in consultation with the Executive Director of LGSS Law to approve and complete the necessary contract documentation.**

<b><i>Officer contact:</i></b>		<b><i>Member contacts:</i></b>	
Name:	Val Thomas	Names:	Peter Hudson
Post:	Consultant in Public Health	Post:	Chair
Email:	<a href="mailto:Val.Thomas@cambridgeshire.gov.uk">Val.Thomas@cambridgeshire.gov.uk</a>	Email:	<a href="mailto:Peter.Hudson@cambridgeshire.gov.uk">Peter.Hudson@cambridgeshire.gov.uk</a>
Tel:	01223 703264	Tel:	01223 706398

## 1. BACKGROUND

1.1 In May 2019 the Health Committee approved the re-commission of the integrated Lifestyle Service as one service working across the CCC and PCC areas under one contract with CCC acting as the lead commissioner. The CCC contract with SLM Ltd. /Everyone Health ends on the 31st May 2020, any extension is not an available option.

1.2 Currently PCC commissions a comparable Integrated Lifestyle Service from the company Solutions 4 Health that will also end on the 31 May 2020. It provides a similar range of services but it does not include specialist mental health or substance misuse health trainers.

1.3 The Integrated Lifestyle Service supports improvements in the following Public Health Outcomes Framework indicators.

Smoking prevalence  
Excess weight in adults  
Excess weight in children  
Physical inactivity in adults and children  
Diabetes  
NHS Health Checks

1.4 Both the CCC and PCC services bring together a number of services that focus upon promoting the adoption of healthy lifestyle behaviours and the prevention of associated poor health outcomes at universal and individual levels. It is provided across the county but in areas in health inequalities there is a higher level of service delivery. The Integrated Lifestyle Services includes delivery of the following:

- Health Trainers – provide support for up to year for individuals to make changes to their health behaviours. It includes specialist health trainers who focus upon falls prevention, mental health and substance misuse
- Specialist Stop Smoking Services
- The three tiers of Adult Weight Management Services.
- Children’s Weight Management Services.
- Community based physical activity and healthy eating interventions
- Outreach Health Checks
- Motivational behaviour change interventions training
- National Child Measurement Programme

- 1.5 During the course of the contract services have been developed and “specialist” health trainers have been introduced in the Service. These focus on providing falls prevention, substance misuse and mental health promotion and training.
- 1.6 The rationale for integrating the different services is that it has enabled the development of pathways between the different types of provision. Consequently service users are able to move easily to different services as very often they have multiple needs or may require over time a less intensive service.

## **2. MAIN ISSUES**

- 2.1 The joint procurement between CCC and PCC for a shared service to be delivered across Cambridgeshire and Peterborough with CCC as the lead commissioner will require a legal agreement between the two local authorities and provide the appropriate assurances.
- 2.2 The rationale for establishing a shared contract with a lead commissioning organisation is that it affords the potential of a more cost-effective service model.
- 2.3 The procurement has commenced and includes consideration of number of factors in the development of the service model.
- Integrated Lifestyle Services support a number of key strategic drivers in the system, these include STP priorities and the focus upon integrated place based approaches.
  - Public Health has been commissioning integrated lifestyle services for ten years which has led to a range of service developments and learning that will need to be reflected in any new service specification
  - The CCC and PCC areas are very different in terms of needs and patient profiles, which demands a wider range of consultation events to ensure that the new service can address these needs and manage demand effectively.
  - The provider landscape for lifestyle service delivery is changing and robust market testing will be required.
- 2.4 The current funding allocated to CCC and PCC is as follows.
- CCC annual value: £2,223,839  
PCC annual value: £832,336 (this will be confirmed on publication of the PCC business plan at the end of October. Any change will not affect the Cambridgeshire service as each local authority only funds services in their areas.)
- 2.5 The CCC value includes £142,866 funding for the tier 3 weight management services from the Clinical Commissioning Group (CCG) through a Section 256, which is just under 50% of the funding required for the Service.  
Similarly the CCG funds 100% of the PCC tier 3 weight management service, at a value of £85,000. However this funding is currently being reviewed.  
Any additional external funding will need to be agreed before the Invitation to Tender is issued.

- 2.6 It is proposed that the new contract will have a maximum length of 5 years with potential breaks at the third and fourth years. The scheduled date for the contract award is February 2020 with the new contract commencing on June 1 2020.
- 2.7 The contract value exceeds £500,000 and therefore this proposal is a key decision and the Health Committee is required to authorise the appropriate delegated authorities to award the contract. In addition delegated authority is required for the legal agreement with PCC that will delegate authority to CCC to award the contract.

### **3. ALIGNMENT WITH CORPORATE PRIORITIES**

#### **3.1 A good quality of life for everyone**

The report above sets out the implications for this priority in **1.3, 1.4, 1.5, and 1.6**

#### **3.2 Thriving places for people to live**

The report above sets out the implications for this priority in **1.3, 1.4, 1.5, and 1.6**

#### **3.3 The best start for Cambridgeshire's children**

The following bullet points set out details of significant implications identified by officers:

The Integrated Lifestyle Service provides child weight management services and also many of its other interventions adopt an approach that involves all members of the family.

### **4. SIGNIFICANT IMPLICATIONS**

#### **4.1 Resource Implications**

The report above sets out details of significant implications in **2.4 and 2.5**

#### **4.2 Procurement/Contractual/Council Contract Procedure Rules Implications**

The following bullet points set out details of significant implications identified by officers:

- Any implications for procurement/contractual/Council contract procedure rules will be considered with the appropriate officers from these Departments and presented to the Health Committee before proceeding.

#### **4.3 Statutory, Legal and Risk Implications**

The following bullet points set out details of significant implications identified by officers:

- Any legal or risk implications will be considered with the appropriate officers from these Departments and presented to the Health Committee before proceeding.

#### **4.4 Equality and Diversity Implications**

The following bullet points set out details of significant implications identified by officers:

- Any equality and diversity implications are being included in the consultation for the new Service.

#### **4.5 Engagement and Communications Implications**

The following bullet points set out details of significant implications identified by officers:

- The new procurement will include consultation with service providers and users.

#### **4.6 Localism and Local Member Involvement**

The following bullet points set out details of significant implications identified by officers:

- The commissioning of Integrated Lifestyle Services will involve working with individuals and communities to identify how they can best protect and improve their health and wellbeing.

#### **4.7 Public Health Implications**

The following bullet points set out details of significant implications identified by officers:

- The re-commission will improve the health of the population through providing support for individuals and communities to adopt healthier lifestyle behaviours to improve their health outcomes.
- The new service will be universal but will need to include targeted actions to address any inequalities and improve the outcomes for the most vulnerable and at risk populations.

<b>Implications</b>	<b>Officer Clearance</b>
<b>Have the resource implications been cleared by Finance?</b>	Yes Name of Financial Officer: Stephen Howarth
<b>Have the procurement/contractual/ Council Contract Procedure Rules implications been cleared by the LGSS Head of Procurement?</b>	Yes Name of Officer: Gus De Silva
<b>Has the impact on statutory, legal and risk implications been cleared by LGSS Law?</b>	Yes Name of Legal Officer: Fiona McMillan
<b>Have the equality and diversity implications been cleared by your Service Contact?</b>	Yes Name of Officer: Liz Robin
<b>Have any engagement and communication implications been cleared by Communications?</b>	Yes Name of Officer: Matthew Hall
<b>Have any localism and Local Member involvement issues been cleared by your Service Contact?</b>	Yes Name of Officer: Liz Robin
<b>Have any Public Health implications been cleared by Public Health</b>	Yes Name of Officer: Liz Robin

<b>Source Documents</b>	<b>Location</b>
<i>None</i>	.