

Our Promise to Children and Young People in Care

No	Theme	Promise
1	Keeping you safe	We will work to keep you safe and help you to keep yourself safe.
2	Respecting you	We will do everything we can to make you feel cared about, valued and respected as an individual.
3	Being honest	We will be honest with you and explain if we are unable to do something we said we would do. We will not make unrealistic promises to you.
4	Making decisions together	We will involve you in decision making so your views are listened to, and will explain when we make a decision you may not like or agree with.
5	Where you live	We will work to keep you in a supportive and caring environment where you feel safe and happy.
6	Your health	We will support you to maintain a healthy lifestyle and help look after your physical and mental health.
7	Your relationships	We will help you see your family, friends and other people who are important to you. If there are people we can't support you to see, we will explain why.
8	Achievements	We will support you to achieve your goals and reach your potential, in your education, hobbies and interests.
9	Life skills	We will work with you to give you the help and support you need to make a success of moving on from care to adult life.
10	Keeping you informed	We will make sure you have the up-to-date information you need, including who is working with you and how to give us your views or ask us for help.