

## Innovate and Cultivate Fund Appendix

Cultivate Fund applications recommended by the Recommendation Panel to the Communities, Social Mobility and Inclusion Committee for final decision.

<b>Applicant and Project Name</b>	<b>Project Description</b>	<b>Amount of funding requested</b>
Abbeyfield Cambs Vietnamese Society Ltd	<p>To increase the use of the An Lac House (a 10-bed sheltered setting) community space to the wider Vietnamese community in Cambridge and beyond.</p> <p>The project aims to provide support to Vietnamese elders to prevent crisis, promote the use of technology, support healthy living, participation, and emotional and mental well-being. This will be achieved through weekly drop-in sessions offering a lunch club, exercise sessions, advice on technology enabled care (TEC) and healthy living, as well as recruiting volunteers to offer good neighbour help and enabling virtual participation so more remote beneficiaries can access support and activities. They will also arrange transport to the on-site sessions.</p> <p>This project has the potential to help prevent, reduce, or delay individuals from needing care and support with the specific focus on avoidance to the CCC Older People's Team.</p>	£12,884.00
Concrete Rose Collective CIC	<p>To recruit, train and support host families/individuals to offer supported lodgings to 10 young people aged 16-21 who are leaving home or care or young offenders institutions and are vulnerable.</p> <p>Concrete Rose will assess and vet each host (including references, enhanced DBS checks, home visits and interviews) and provide intensive wrap-around support to both the host family and young people:</p> <p>Hosts will be supported by: a) Extensive training and induction including external training in trauma-informed care (KCA training: <a href="https://www.kca.training/">https://www.kca.training/</a>), character development (PTA associates) and safeguarding (NSPCC), and internal training in mediation and de-escalation techniques, establishing boundaries and an introduction to our policies and procedures; b) On-call, support, 24/7, from the Concrete Rose core team; c) A weekly financial remittance (£50-£80); d) Access to a network of other host families e) 6-weekly clinical supervision.</p>	£14,980.00

	<p>Young people will be supported by: a) Weekly, one-to-one, professional youth work support focussing on identifying and building upon existing interest and skills, accessing education and employment and strengthening relational networks; b) Long term advice and guidance from an adult mentor c) Budgeting and money management guidance including, where appropriate, help to apply for their benefit entitlement(s); d) Therapeutic input from a trauma-informed youth specialist.</p> <p>The initial focus will be Cambridge City although the project intends to become county wide after the first year.</p>	
<p>Grantchester Parish Council</p>	<p>To introduce a mobile warden scheme to Grantchester. The village will join the existing mobile warden scheme operated by Harston &amp; District Village Warden Scheme which currently covers 5 villages in South Cambridgeshire. This pilot scheme aims to test out demand for a mobile warden in the village.</p> <p>Mobile Warden Scheme activities are mainly focussed on the older residents of a community (aged 65+), offering a key point of contact for older residents, a person who they get to know and trust and are able to turn to for additional support when required.</p> <p>Mobile Warden Schemes have a prevention and early intervention impact, helping to achieve positive health and wellbeing outcomes related to:</p> <ul style="list-style-type: none"> <li>• Reducing loneliness and isolation.</li> <li>• Helping to reduce deterioration of health and wellbeing through early intervention.</li> <li>• Providing a link to support from other voluntary and community services or from council teams such as Technology Enabled Care.</li> </ul> <p>Mobile Warden Schemes have the potential to prevent, reduce or delay the need for a range of council-funded care and support services such as the need for domiciliary (home) care, support the reduction of reablement packages for individuals (following a stay in hospital or an illness) and provide additional support for carers (thus reducing the risk of carer breakdown).</p> <p>Mobile Warden Schemes are one of the Cultivate Ideas project models identified by the council as successful schemes that can help people to remain independent and active within their community, encourage volunteering and complement more costly council services.</p>	<p>£6,008.00</p> <p><b>Panel recommends a reduced grant offer of £2628</b></p>

	The Recommendation Panel recommends a reduced grant offer in line with the Cultivate Ideas requirement to provide match funds; to encourage greater sustainability of the scheme; and to correct a project costings error.	
Mepal Makers	<p>To create a Community Workshop/Men's Shed in Mepal for making, repairing, recycling and upcycling as a means to increasing the mental health welfare of older men, increasing resilience, and fostering inter-generational community links.</p> <p>The project aims to work with 50 older isolated men. For men who may not feel comfortable participating in community activities, Men's sheds provide a place with purpose. Men's sheds are shown to:</p> <ul style="list-style-type: none"> <li>• Increase independence and offer a sense of purpose for men who are lonely or isolated.</li> <li>• Improve health and wellbeing</li> <li>• Increase community involvement and social networks promote residents' health and well-being</li> <li>• Reduce feelings of isolation and loneliness</li> <li>• Offer informal learning opportunities</li> <li>• Prevent carer breakdown by providing a network of support and companionship</li> <li>• Improve cognition and dexterity</li> <li>• Strengthen connections between younger and older members of the community</li> </ul> <p>Men's sheds are one of the approved Cultivate Project Ideas linked to the Adult Social Care priority of connecting to the local community and staying well.</p>	£2,000.00
Safe Soulmates	<p>To employ a part-time online event coordinator to organise virtual social events for adults with additional needs who wish to find friends and relationships and feel less lonely and isolated.</p> <p>The general consensus from young adults across Cambridgeshire who have a Learning Disability and/or Autism is that they want to meet new people, explore the world of relationships and get married. There is an identified need for a friendship and dating platform such as Safe Soulmates to facilitate safe relationships free from abuse and without any prejudice or judgement.</p> <p>An Online Events Co-ordinator will also enable Safe Soulmates to expand its virtual social events into Huntingdonshire and Fenland and amongst ethnic minority groups. Their work will complement its face-to-face services.</p>	£12,500.00

	<p>Accessing the service offer from Safe Soulmates may produce a range of benefits (such as an increase in confidence, improved self-esteem, independent living skills and greater social inclusion) that could impact on the amount of care and support that those members may need funded by the council in future.</p> <p>This project falls within the key theme areas of the Cambridgeshire and Peterborough Learning Disability and Autism Commissioning vision and will provide valuable evidence and data to inform the county council's long-term commissioning intentions with health partners.</p>	
Thera East Anglia of Thera Trust	<p>To enable 48 people with a learning disability to access online and app-based health, social and lifestyle support: increasing independence; growing social networks and reducing reliance on crisis intervention services.</p> <p>The project will support beneficiaries to make use of technology to increase their independence and wellbeing, via the approach outlined below:</p> <ol style="list-style-type: none"> <li>1. Training 20 team leaders and support staff to be 'Digital Champions' using the Cambridge Online Training package and create a bespoke training focusing on using technology to support people with a learning disability, so staff can develop specialist knowledge about technology in their field. Using the skills they have developed through this training, each staff member will support 2-3 adults with a learning disability to get online and be able to: <ol style="list-style-type: none"> <li>a) Use online meeting programmes to contact staff, family, social care teams or to attend medical appointments - and to support them with communication challenges or additional context.</li> <li>b) Complete day to day activities online such as banking or shopping and use disability-accessible apps to help them have increased independence.</li> <li>c) Identify online groups and activities that interest them and attend them with support.</li> <li>d) Understand how to stay safe online and share any safety concerns that they might have.</li> <li>e) Set up 3 clients with no digital access with the IT equipment and internet access they need to benefit from this project.</li> </ol> </li> </ol> <p>The project will also train 5 staff as 'Digital Champion Trainers' so Digital Inclusion is built into the internal induction programme and ongoing professional development opportunities. Three project beneficiaries will become</p>	£4,256.00

	<p>volunteer 'Peer Digital Champions' alongside staff, using their lived experience to support others with a learning disability.</p> <p>Digital Inclusion Projects are one of the approved Cultivate Project Ideas linked to the Adult Social Care priority of connecting to the local community and staying well.</p>	
<p><b>Total grant offer:</b></p>	<p><b>£49,248</b> (considering the reduced offer to Grantchester Parish Council)</p>	